

Upcoming Programs, Workshops and Events

Remembrance Day: Poppies Workshop

Join Kailey Stewart of Ecothera to explore the history and symbolism of poppies while creating a pressed poppy art piece. Learn about different varieties, how to grow them, and enjoy a relaxing, accessible craft for all skill levels.

Date:	Time	Location	Fee	Activity
Monday, November 9	9:00am to 11:00am	Brant Sports Complex, Paris	\$12.00	9018

Walking Soccer

Walking soccer is a low-impact, modified version of regular soccer with no running and no contact. It's a fun way to stay active, enjoy team camaraderie, and is suitable for all fitness levels and abilities. Indoor flat-soled shoes are required, and shin pads are suggested.

Date:	Time	Location	Fee	Activity #
Friday, November 13	1:30pm to 3:00pm	Syl Apps Community Centre, Turf	\$6.50	9011

Trivia at Paris Beer Co

Mark your calendars and gather your friends for a delightful afternoon of brain teasing fun at Paris Beer Co! Indulge in a refreshing array of craft brews and delicious eats while exercising your mind with trivia questions. From history to pop culture, we've got it all covered! Let the games begin (participants are responsible for the purchase of alcohol and food).

Date:	Time	Location	Fee	Activity
Wednesday, November 18	1:00pm to 3:00pm	Paris Beer Co, at the Paris Wincey Mills	FREE	9028

Grand Fun Day

Looking for a fun way to spend the PA Day with your grandchildren? Join us for an afternoon of active games and crafts where grandparents and grandkids come together for a day of creativity and active play.

Date:	Time	Location	Fee	Activity #
Friday, November 20	1:30pm to 3:30pm	Sojourn Church	\$10.00	9027

Bocce Ball

Join us for a casual game of bocce ball! Whether you're a seasoned player or just looking to try something new, everyone is welcome. It is easy to learn and a perfect way to relax and enjoy good company.

Date:	Time	Location	Fee	Activity #
Friday, November 20	1:30pm to 2:30pm	Syl Apps Community Centre Turf	\$6.50	9014

Fill Your Cup Social

Come and join our 55+ community for a FREE drop in social, coffee/tea and light refreshments are provided by Queensview Retirement Residence. No registration is required, come alone or bring a friend!

Date:	Time	Location	Fee
Tuesday, November 24	9:30am to 11:00am	Sojourn Church, Paris	FREE

Winter Holiday Planter Workshop

Join Kailey Stewart of Ecothera to create a festive outdoor planter using winter greenery, branches, and seasonal accents. Learn design techniques to build a durable and eye-catching display that lasts through the winter months. Please bring a pair of garden pruners, wear clothing you're comfortable crafting in, and come with your holiday cheer!

Date:	Time	Location	Fee	Activity #
Monday, November 30	9:00 am to 11:00am	Brant Sports Complex, Paris	\$60.00	9030

How to Register?

Online: Register online by visiting www.brant.ca/COBConnect

In-person: Register in-person at the Brant Sports Complex (944 Powerline Road, Paris)
Monday - Friday from 8:30 am to 8:00 pm

Need assistance with registering? Call **519.442.1944**.

Customer service hours are Monday to Friday from 8:30 am to 4:30 pm

What else is happening in Brant?

County of Brant Library Programs and Events

Check out the great things happening with the County of Brant Public Library! To view the full calendar of events and to register for events, visit www.brantlibrary.ca or contact the library directly at 519.442.2433.

Crafts and Drafts

- **Wednesday, November 4, 7:00pm to 9:00pm, Paris Brewing Co.**

Grab a drink or snack and get creative at this relaxed evening of crafting and conversation hosted at the Paris Brewing Company. Whether you're a seasoned maker or simply looking to try something new, you'll enjoy a welcoming atmosphere, guided instruction, and plenty of opportunities to connect with others. Feel free to bring your friends!

Participants will complete a fun take-home craft project themed around wine/beer glasses, while supporting a local business and enjoying a social night out. No prior artistic experience is required—just bring your creativity and a willingness to have fun.

Please note: There is no expectation to purchase food or refreshments at this event, however all purchases are the responsibility of the individual.

Healthy over the Holidays

- **Wednesday, November 18, 6:30pm to 8:00pm, St. George Branch**

Join a nutrition expert for an inspiring evening focused on enjoying all the foods and traditions you love while finding simple ways to boost nutrition and support healthy eating habits throughout the season.

Participants will explore creative meal-planning and entertaining strategies, discover healthier versions of holiday favourites, and learn practical ways to incorporate more vegetables, fibre, and nutrient-rich ingredients into festive dishes without sacrificing flavour or family traditions. Leave with fresh ideas, recipes, and realistic approaches to creating memorable holiday meals that nourish both body and spirit.

Literary and Writing Cafe

- **Thursday, November 19, 7:00pm to 9:00pm, Burford Branch**

Settle in for an evening of stories, conversation, and literary inspiration at our Literary Café. This engaging event will feature special interviews, readings and question-and-answer sessions with various inspirational Canadian authors, offering attendees a chance to learn about their work, creative process, publishing journey, and the stories behind the stories.

Participants will have opportunities to ask questions, discover new authors, learn about the writing process, and connect with others who share a love of reading and storytelling. With refreshments provided and plenty of opportunity for discussion, our Literary Café promises to be a welcoming and thought-provoking celebration of literature and creativity.

The Grand River Council on Aging

The Grand River Council on Aging is a registered charitable nonprofit organization and is a backbone organization dedicated to encouraging the development of an "age-friendly City of Brantford, County of Brant, Six Nations of the Grand River and Mississaugas of the Credit First Nation.

Frauds and Scams

The Grand River Council on Aging invites Sandra Glover, Crime Prevention Officer with the Brantford Police Service to discuss Frauds and Scams. Sandra will share practical tips to help you recognize common frauds and scams, protect your personal information, and know what to do if you suspect a scam.

- **Wednesday, November 11, 1:00pm to 2:00pm**

NOTE: In recognition of Remembrance Day, this workshop will be held at **1:00 pm**, allowing participants time to observe the morning's commemorations and honour those who have served.

To register for this virtual workshop email admin@grcoa.ca or call 519 7540777 ext. 439.

Navigating Health Care: Where to Start, Who to Call and What to Ask

The Grand River Council on Aging invites you to join Sharlene Loudon, Registered Kinesiologist, and owner of Right at Home Canada, for an interactive presentation that helps older adults and families navigate Ontario's health care system with greater confidence. Topics include understanding common health care terms, accessing home and community support, preparing for appointments, and navigating hospital admission and discharge. Through practical examples, participants will explore how to plan, ask useful questions, and keep their preferences at the centre of care decisions.

- **Wednesday, November 25, 10:00am to 11:00 am**

To register for this virtual workshop email admin@grcoa.ca or call 519 7540777 ext. 439

County of Brant OPP

Preparing Your Car for Safe Winter Driving

As autumn turns cold and morning temperatures consistently dip below 7°C, it is time to prepare your vehicle for the winter road conditions ahead. Taking a few simple precautions early ensures your safety and peace of mind on the road.

Winter Tires: Standard tire rubber hardens in cold weather, losing traction. Aim to get winter tires installed around November 1st to stay safe on cold pavement, avoid long mechanic wait times, and keep auto insurance discount eligibility intact.

Windshield Wash Top-Up: Switch out summer washer fluid for a winter-rated wash (rated to -40°C). Summer formulas contain water that freezes in cold lines, which can block visibility unexpectedly.

Wiper Blades & Door Seals: Inspect wiper blades for cracks or streaks. Wiping rubber door seals with silicone spray prevents doors from freezing shut on icy mornings.

Tire Pressure & Battery Check: Cold weather reduces tire pressure naturally. Have your battery and tire pressure checked during your routine tire service appointment.

Trunk Essentials: Pack a small emergency box in your trunk containing an ice scraper, a warm blanket, sturdy gloves, a compact shovel, and a flashlight.

County of Brant Fire

Carbon Monoxide Awareness Week: November 1-7, 2026

As temperatures drop and heating systems are used more often, the County of Brant Fire Department encourages residents to protect themselves from carbon monoxide (CO), known as the "silent killer." CO is invisible, odourless, and can be deadly. This November, take a few

minutes to test your carbon monoxide alarms, install new batteries, replace expired units, and ensure fuel-burning appliances are inspected annually. NEW in 2026: CO alarms are required on all levels of your home if you have fuel-burning appliances, a fireplace, or a garage. If your CO alarm sounds, get outside to fresh air immediately and call 9-1-1 from a safe location. Working carbon monoxide alarms save lives. Learn more at brant.ca/fire.

Paris Museum & Historical Society

The Paris Museum & Historical Society is a volunteer run, registered charity founded in 1972 by a small group of heritage minded residents. Their mission is to collect, preserve and make accessible the rich cultural heritage of the Town of Paris. The Paris Museum and Historical Society are looking for volunteers for the following positions:

- Receptionist
- Data Entry
- Cataloguing artifacts/archives
- Photography/scanning
- Videographer

For more information call 519-442-9295 or email info@theparismuseum.com

A Hero's Home

A Hero's Home is a community project recognizing the military service of veterans from Paris, Ontario. We're inviting residents to help identify homes where veterans once lived—or still live—and to share memories, photos, or details about their service. These stories will help us complete personal records and ensure their contributions are remembered.



Leading up to **November 11**, we'll place *A Hero's Home* signs in front of these houses to honour veterans from all eras—World Wars, Korea, Afghanistan, peacekeeping missions, and those still serving today.

We hope you'll help **spread the word**. Talk to friends and neighbours, share the project on Facebook and community groups—let's get the whole town involved. Paris has always been a home for heroes. Every Remembrance Day, the community shows up to honour the fallen. Now, let's work together to recognize **all** our veterans—living and fallen, in war and peace—with the honour they truly deserve.

If you have any questions about the project, contact Neil Edwards at neiledwards51@gmail.com. To share a story or volunteer, please email info@homesofheroes.ca.

Looking to have something featured in this publication?

Do you have a group or upcoming event, and you would like to be featured in this publication? Please email heather.slot@brant.ca, and feel free to pass this information along to anyone who may be interested.

If you do not want to receive this monthly newsletter, please respond with UNSUBSCRIBE and your name will be removed from the mailing list.

County of Brant Recreation Services

Visit www.brant.ca/Recreation

Call us: 519-442-7268 (519.44BRANT) or 1-855-442-7268 (1.855.44BRANT)

Email us: parksandrec@brant.ca

We're social! Follow us on Facebook, X (formerly Twitter) and Instagram @BrantCommunity.

We want to hear from YOU! Reach out to our County of Brant Senior Services Program team with any questions, comments or ideas at seniors@brant.ca