JULY 2026

4th Floor Programming

Programs subject to change without notice

Wednesday 1	Thursday 2	Friday 3	Saturday 4
 10:30 Quirky Canadian Quiz (4) ***01:30-03:30 Canada Day Spirit Trolley (All Floors)***	09:30 Fitness with Physio (4) 10:30 Hymn Sing (Chapel) 02:15 Bingo (Tea Room) 03:45 Pin the Tail on the Beaver (4)	09:15 Wise Old Sayings (Seaway) 10:00 Mani Magic (2/3/4) 10:30 You Be the Judge (4) 02:00 Darts & Happy Hour (TR) 02:15 Patio Social (4)	09:15 Shuffleboard (4) 10:30 Garden Visits (4) 01:30 Word Games (4) 02:45 Cornhole (4)

Sunday 5	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10	Saturday 11
09:00 Video Chats/Visits (4/3/2) 10:00 Sunday Devotions (Chapel) 01:00 Video Chats/Visits (4/3/2) 01:30 Soccer Toss-In (4) 02:45 Sundaes on Sunday (4)	09:15 World Cup – Colouring Flags (Seaway) 09:30 Fitness with Physio (4) 10:30 Roll and Strolls (4) 10:30 Armchair Travel (4) 01:30 Patio Social (3/4) 03:45 You Be the Judge (4)	***09:30 RS Staff Meeting*** 02:00 Exploring SUN-ography (4) 03:45 World Chocolate Day: No-Bake Chocolate Mousse (4)	09:15 Puzzling People (Seaway) 10:30 Balloon Tennis (Seaway) ***02:00 Entertainment with Len Goldfarb (TR)*** 06:00 Cards (4)	09:15 Walk and Roll (St. Law) 09:30 Fitness with Physio (4) 10:00 Care Conferences (2&4) 10:30 Hymn Sing (Chapel) 02:00 St John's Pet Visits (4) 02:15 Bingo (Tea Room) 03:45 Summer True or False (4)	09:15 Music Hits (4) 10:30 Fruit Matching Game (4) 10:30 Mani Magic (4/3/2) 02:00 Darts & Happy Hour (Pub) 02:15 Canadian Trivia (4) 03:45 Sandbag (4)	10:00 Catholic Celebration (Chapel) 01:30 Patio Social / Trivia (4)

Sunday 12	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17	Saturday 18
09:00 Video Chats/Visits (4/3/2) 09:15 Shuffleboard (4) 10:30 Men's Club (4/3/2) (TR) 01:00 Video Chats/Visits (4/3/2) 01:30 Patio Trivia (4)	09:30 Fitness with Physio (4) ***10:00 – 12:00 Ferme Dameya Farms Petting Zoo*** 11:30 Diner's Club (Seaway – TR) 01:30 Patio Social (3/4)	09:15 Cards (St. Lawrence) 10:30 World Cup Soccer Shootout (St. Lawrence) 10:30 World Cup Soccer Shootout (Seaway) 11:30 Diners Club (St. Law – TR) 02:00 Mani Magic (4/3/2) ***02:00 World Cup Tailgate Party (Front Patio)*** 03:45 July Horoscopes (4)	09:15 Colouring Corner (4) 09:15 Crusin' with Cosmo (2/3/4) 10:30 Millionaires Club (4) 02:15 Bingo (Tea Room) 06:00 Dominos (4)	09:15 Walk and Roll (Seaway) 09:30 Fitness with Physio (4) 10:00 Care Conferences (3&4) 10:30 Hymn Sing (Chapel) 11:30 Diners Club (St. Law – TR) ***02:00 Jammin' with George (TR)*** 02:15 Ice Cream Trolley (4)	09:15 Board Games (St. Lawrence) 10:30 All Request Music Hour (4) 10:30 Mani Magic (4/3/2) 02:00 Darts & Happy Hour (Pub)	09:15 Patio Strolls (4) ***10:00 am - 12:30 pm Cornwall Pride Parade*** 10:30 Ladder Golf (4) 01:30 Sit & Stretch (4) 02:45 Hangman (4)

Sunday 19	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24	Saturday 25
09:00 Video Chats/Visits (4/3/2) 10:00 Sunday Devotions (Chapel) 01:00 Video Chats/Visits (4/3/2) 02:45 Name 10 Trivia (4)	 09:15 Walk & Rolls (Seaway) 09:30 Fitness with Physio (4) 10:30 Feed the Sharks (Sandbags) (4) 01:30 Patio Social (3/4) 02:00 Shark Week Photo Booth (4)	09:15 Popular Puzzles (4) ***10:30 Meditation with Shelby (Chapel)*** 10:30 Shark Week Scavenger Hunt (4) ***02:00 Music with Guy Brisson (TR)***	10:00 Crossword Mania (4) ***11:30 Seaway BBQ (TR)*** 02:00 Shuffleboard (St. Lawrence) 06:00 Cards (4)	09:15 Friendly Visits (4) 09:30 Fitness with Physio (4) 10:30 Church Service: Fountaingate (Chapel) 02:15 Bingo (TR) 02:30 Patio Strolls (4)	09:15 Pin the Fin on the Shark (4) 10:30 All You Think You Know About Sharks + Ocean Trivia (4) 02:00 Darts & Happy Hour (TR)	10:00 Catholic Celebration (Chapel) 10:30 Patio Strolls (4) ***01:30 Movie Matinee (Chapel) Father of the Bride***

Sunday 26	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31	
09:00 Video Chats/Visits (4/3/2) 10:30 Famous Faces / You Be the Judge (4) 01:00 Video Chats/Visits (4/3/2) 02:45 House and Home (4)	09:30 Fitness with Physio (4) 10:00 Ink on Wheels (All Floors) 10:00 Giant Tiger Shopping Trip (4) ***02:00 Booze and Tattoos (TR)*** 02:15 Ladderball (4)	09:15 Cards (Seaway) ***10:30 Resident Council (Chapel)*** 10:30 Franco Fun (All Floors) ***02:00 Memorial Service (Chapel)*** 02:15 Ice Cream Treat Trolley (4) 03:45 LRC on the Patio (4)	09:15 Colouring Corner (Seaway) 10:30 July Jeopardy (4) ***11:30 St. Lawrence BBQ (TR)*** 02:15 Bingo (Tea Room) 06:00 UNO/Card Club (4)	09:15 Friendly Visits (4) 09:30 Fitness with Physio (4) 10:30 Church Service: Fountaingate (Chapel) ***02:00 Birthday Party with Brian Graham (Tea Room)***	09:15 Cribbage (Seaway) 10:30 All Request Music Hour (4) 02:00 Darts & Happy Hour (TR) 02:15 Outdoor Strolls (4)	*There are no Family Council Meetings in July and August.* *Meetings will resume on Thursday September 10th at 1:30 pm in the GSDL Library* *Family & Friends are welcome to attend.*