

JULY 2026

3rd Floor Programming
Programming subject to change without notice

JULY 2026				Wednesday1				Thursday2				Friday3				Saturday4											
3rd Floor Programming Programming subject to change without notice				 09:15 Fact or Fiction / Guess the Decade Canadian Editions (3) 01:30-03:30 Canada Day Spirit Trolley (All Floors)				 02:15 Bingo (Tea Room)				09:15 Yahtzee! (Stor) 09:30 Forever Fit with Physio (3) 10:00 Mani Magic (2/3/4) 10:30 Friendly Visits (Stormont) 10:30 Balloon Tennis (3) 02:00 Darts & Happy Hour (TR) 03:45 Music Hour (3)				 10:30 Montreal Canadiens Trivia (3) 01:30 Games O'Clock! (3) 02:45 Birdwatcher Sensory (3)											
Sunday5				Monday6				Tuesday7				Wednesday8				Thursday9				Friday10				Saturday11			
09:00 Video Chats/Visits (4/3/2) 10:00 Sunday Devotions (Chapel) 01:00 Video Chats/Visits (4/3/2) 01:30 Shuffleboard (3) 02:45 Finish the Phrase (3)				 10:30 Find the 50 States (3) 11:30 Diner's Club (Stormont – TR) 01:30 Patio Social (3/4) 02:15 Frozen Treat Trolley (3)				09:30 Forever Fit with Physio (3) 09:30 RS Staff Meeting 11:30 Diner's Club (Glengarry – TR) 01:30 Senior's on Wheels (3) 02:00 Table Games (3) 03:45 Frisbee Toss (3) 06:00 Movie Matinee (3)				 02:00 Entertainment with Len Goldfarb (TR) 03:45 Parachute Fun (3)				09:15 Reminiscing (3) 10:30 Hymn Sing (Chapel) 11:30 Diners Club (Glengarry - TR) 02:00 St John's Pet Visits with Dash & Barb (All Floors) 02:15 Bingo (Tea Room) 02:30 Outdoor Social (3)				09:15 Garden Strolls (3) 09:15 Friendly Visits (Stormont) 09:30 Forever Fit with Physio (3) 10:30 Too Many Kooks in The Kitchen (3) 10:30 Mani Magic (4/3/2) 02:00 Darts & Happy Hour (Pub) 02:15 Painting Project (3)				 10:00 Catholic Celebration (Chapel) 01:30 Name that Car Logo (3) 02:45 Shuffleboard (3)			
Sunday12				Monday13				Tuesday14				Wednesday15				Thursday16				Friday17				Saturday18			
09:00 Video Chats/Visits (4/3/2) 09:15 Sandbags (3) 10:30 Men's Club (4/3/2) (TR) 01:00 Video Chats/Visits (4/3/2) 02:45 Board Games (3)				 10:00 – 12:00 Ferme Dameya Farms Petting Zoo 01:30 Patio Social (3/4) 03:45 Name That Tune (3)				09:15 Beautiful You (Glengarry) 09:30 Forever Fit with Physio (3) 10:30 Stormont vs Glengarry Pong Tournament (3) 02:00 Mani Magic (4/3/2) 02:00 World Cup Tailgate Party (Front Patio) 03:45 Millionaire's Club (3) 06:00 Evening Stretches (3)				09:15 Crossword Mania (3) 09:15 Crusin' with Cosmo (2/3/4) 10:30 World Cup Soccer Shootout (3) 02:15 Bingo (Tea Room) 03:45 UNO/Card Club (3)				 02:00 Jammin' with George (TR) 03:45 Bocce Ball (3)				09:30 Forever Fit with Physio (3) 10:30 Bowling (3) 10:30 Mani Magic (4/3/2) 02:00 Darts & Happy Hour (Pub) 02:15 Patio Social (3) 03:45 Yahtzee! (3)				 10:00 am - 12:30 pm Cornwall Pride Parade 01:30 Multi-Sensory Experience (Stormont) 02:45 Soccer Bocce (3)			
Sunday19				Monday20				Tuesday21				Wednesday22				Thursday23				Friday24				Saturday25			
09:00 Video Chats/Visits (4/3/2) 10:00 Sunday Devotions (Chapel) 01:00 Video Chats/Visits (4/3/2) 01:30 Sundaes on Sunday (3) 02:45 Shark Week Photo Booth (3 & Dundas)				 09:15 Band Together (Stormont) 10:30 Jeopardy! (3) 01:30 Patio Social (3/4)				09:15 Shark Week Scavenger Hunt (Glengarry) 09:30 Forever Fit with Physio (3) 10:30 Meditation with Shelby (Chapel) 02:00 Music with Guy Brisson (TR) 03:45 Shark Dash (3) 06:00 Shark Trivia (3)				09:15 Conversation Corner (Stormont) 10:30 Friendly Visits (Stormont) 10:30 Feed the Shark (3) 02:00 Sharky's Mini Masters (Stormont) 03:45 Shark Strike Target Game (3)				09:15 Roll and Stroll (3) 10:30 Church Service: Fountaingate (Chapel) 02:15 Bingo (Tea Room) 03:45 Bowling (3) 				09:15 Card Club (Glengarry) 09:30 Forever Fit with Physio (3) 10:30 Name 10 – Under Water Edition (Glen) 10:30 Patio Visits (Stormont) 02:00 Darts & Happy Hour (TR)				 01:30 Movie Matinee (Chapel) – Father of the Bride			
Sunday26				Monday27				Tuesday28				Wednesday29				Thursday30				Friday31				There are no Family Council Meetings in July and August. Meetings will resume on Thursday September 10th at 1:30 pm in the GSDL Library. Family & Friends are welcome to attend.			
09:00 Video Chats/Visits (4/3/2) 09:15 Face-off with the Habs (3) 01:00 Video Chats/Visits (4/3/2) 01:30 Shuffle Ball (3)				 02:00 Booze and Tattoos (TR) 03:45 Price is Right: Summer (3)				10:00 St John's Pet Visits with Dash & Barb (3&Dundas) 09:30 Forever Fit with Physio (3) 10:30 Resident Council (Chapel) 10:30 Franco Fun – All Floors (4) 11:30 Diners Club (Glengarry – TR) 02:00 Memorial Service (Chapel) 06:00 Summer Trivia (3)				 02:15 Bingo (TR) 02:30 Friendly Visits (3) 03:45 The Envelope Game (3)				 02:00 Birthday Party with Brian Graham (TR)				09:15 Steps & Stories (3) 10:30 Church Service: Fountaingate (Chapel) 09:30 Forever Fit with Physio (3) 10:30 Sandbags (3) 10:30 Shopping at Giant Tiger (3) 02:00 Darts & Happy Hour (TR) 03:45 The Hot Seat (3)							

