Family Council Meeting Thursday October 8th at 1:30 pm in the GSDL Library

Friends and Family welcome to attend.

Programs subject to change without notice.

OCTOBER 2026

3rd Floor Programming

Thursday 1	Friday 2	Saturday 3
09:00 Care Conferences (2/3) 09:15 Autumn Wheel of Fortune (3) 10:30 Church Service – Anglican (Chapel) 11:30 Diners Club (Glengarry - TR) 02:15 Bingo (Tea Room) 02:30 Hot Cocoa & Cider Trolley (3)	09:30 Forever Fit with Physio (3) 10:30 Trivia (3) 02:00 Darts/Happy Hour (TR) 03:45 Bowling (3) 	09:15 Getting to Know Me's (3) 10:30 Shuffleboard (3) 01:30 Mint Chocolate Chip Ice Cream Trolley (3) 02:45 Colouring Corner (3)

Sunday 4	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9	Saturday 10
09:00 Video Chats/Visits (4/3/2) 09:15 Chicken Soup Stories (3) 10:30 Elvis Song Quiz (3) 01:00 Video Chats/Visits (4/3/2) 02:45 What's the Verdict? (3)	09:15 Guess What Chicken Cluck 10:30 Human Battleship (3) 02:00 Circle of Friends (3/4 -Ch) 02:00 Country Drive (3) ***02:00 Harvest Corsage Crafting- 2/3 (TR)*** 03:45 Tower Toss (3)	09:15 Fluff and Fold (3) 09:30 Forever Fit with Physio (3) 10:30 5 Second Rule – Fall Edition (3) ***02:00 Vibin' with Virginia (TR)*** 03:45 Wheel of Fortune (3) 06:00 Pumpkin Inferno Outing	***09:00 RS Staff Meeting*** 02:00 Songs and Smiles (3) 03:45 Spot and Seek! (3) 	09:00 Care Conferences (3&4) 10:30 Hymn Sing (Chapel) 02:15 Bingo (Tea Room) 02:30 Roam and Reminisce (3)	09:15 Walk & Roll (3) 09:30 Forever Fit with Physio (3) 10:00 Mani Magic (4/3/2) 10:30 Franco Fun – Tous les Étages (4) 10:30 Crossword Mania (3) 02:00 Darts & Happy Hour (TR) 03:45 Thanksgiving Game (3)	09:15 Balloon Tennis (3) 10:00 Catholic Celebration (Chapel) 01:30 Fall Wreath Making (3) 02:45 Sandbags (3)

Sunday 11	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16	Saturday 17
09:00 Video Chats/Visits (4/3/2) 10:00 Sunday Devotions (Chapel) 01:00 Video Chats/Visits (4/3/2) ***02:00 – 03:00PM Giving Thanks Craft (TR)***	 10:30 NFL Recap (3) 02:45 Pass the Pig (3)	09:30 Forever Fit with Physio (3) 10:00 Annual Fall Bake Off Prep (3) ***10:30 Meditation with Shelby (Ch)*** ***02:00 - Birthday Bash with Walter & Company (TR)*** 03:45 Shuffleboard (3) 06:00 Evening Stretches (3)	09:15 I've Got It! (Stormont) 10:30 Beanbag Twister (3) 02:00 Tim Horton's Outing (3) 02:00 Visits with Kandice (3) 03:45 Shut the Box (3) 06:00 Pumpkin Inferno Outing	09:00 Care Conferences (2,3,4) ***10:15 Pumpkin Bake-Off Competition (TR)*** 02:15 Bingo (Tea Room) 03:45 Who Wants to be a Millionaire Fall Edition (3)	09:15 Friendly Visits (3) 09:30 Forever Fit with Physio (3) 10:00 Mani Magic (4/3/2) 10:30 Musical Memories - Remembering the Greats (3) 02:00 Darts & Happy Hour (TR) 03:45 Shut the Box Dice Game (3)	09:15 Pass the Pigs (3) 10:30 Country Drive (3) ***02:00 – 03:30 Movie Matinee: Abbott and Costello Meet Frankenstein (Chapel)***

Sunday 18	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23	Saturday 24
09:00 Video Chats/Visits (4/3/2) 10:00 Bilingual Rosary Session: The Glorious Mysteries (Chapel) 01:00 Video Chats/Visits (4/3/2) ***01:45 – 03:15 Armchair Travel: Salem, Massachusetts***	09:15 Card Club (3) 10:30 Balloon Tennis (3) 11:30 Diner's Club (Glengarry –TR) 02:00 Yahtzee! (3) 02:00 Circle of Friends (3/4 - Ch) 03:45 Reading Club (3)	09:30 Forever Fit with Physio (3) ***10:30 Resident Council Meeting (C)*** 11:30 Diners Club (Stormont – TR) ***02:00 Meet the Keepers Wildlife Show (TR)*** 03:45 Halloween Hot Seat (3) 06:00 Sing A Long (3)	09:15 Roll and Strolls (Stormont) 10:30 Bobbing for Apples (3) 02:00 Dog Visits with Georgia 02:15 Bingo (Tea Room) 03:45 Spooky Mystery Box (3) 06:00 Pumpkin Inferno Outing	09:00 Beautiful You – Prep for the Party (2&3) 10:30 Church Service – Fountaingate (Chapel) 11:30 Diner's Club (Glengarry – TR) ***02:00 Fall Harvest Dance (TR)*** 	09:15 Multisensory Experience (G) 09:30 Forever Fit with Physio (3) 10:00 Mani Magic (4,3,2) 10:30 Pumpkin Painting (3) 02:00 Darts & Happy Hour (TR) 02:15 Getting to Know Me (3) 03:45 Boo-gie Bingo! (3)	10:00 Catholic Celebration (Chapel) 10:30 Bowling (3) 01:30 Walk and Roll (3) 02:45 Shuffleboard (3)

Sunday 25	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30	Saturday 31
  09:00 Video Chats/Visits (4/3/2) 09:15 Halloween Trivia (3) 01:00 Video Chats/Visits (4/3/2) 02:45 Multi-Sensory Room (3)	**09:00AM-12:00PM Municipal Election Day – Resident Polling Station (Chapel)** 10:00 Tricks and Treats with Muffy (3/4) 10:30 Pumpkin Target Practice (3) 02:00 Friendly Visits (3) 02:00 Circle of Friends (3/4 - Ch) 03:45 It's the Great Pumpkin Scavenger Hunt Charlie Brown! (3)	09:30 Forever Fit with Physio (3) 10:30 Gimme 5 Halloween Edition (3) ***02:00 -Trick or Seat – Haunted Musical Chairs Competition (TR)*** 03:45 Poke – A – Pumpkin (3) **6:00PM - 7:00PM Trick or Treat Night**	10:30 Rockin' with Rec - Monster Mash Bash (3) 02:00 Halloween Jeopardy (3) 03:45 Witchy Brew: A Hot Chocolate Social (3) 	09:15 Pin the Spider On It's Web (3) 10:30 Hymn Sing (Chapel) 02:00 St. John's Ambulance Visits with Dash (Cornwall&3) 02:15 Bingo (Tea Room) 03:45 Halloween Candy Games! (Left Right and Dice Game) (3)	09:15 Truth or Scare (3) 10:00 Mani Magic (4,3,2) 10:30 Ghost Target (3) 10:30 Haunted Strolls (3) ***02:00 Halloween Happy Hour with Tim and Laurie (TR)*** 03:45 Through the Web Toss (3)	 09:15 Goosebumps (3) 10:30 Spooky Sandbags (3) 01:30 Spirit Trolley (3) 02:45 Roll a Frankenstein (3)