

APPENDIX A: Resources

Ophea Asthma Education Resources

The following free resources are available from Ophea at www.ophea.net/order

Resources Packages:

Students with Asthma: What Educators Need to Know Resource Package
Managing Asthma in Our Schools DVD & Resource Package

Resources:

Asthma in Schools: What Educators Need to Know
Asthma and Physical Activity: What Physical Educators and Coaches Need to Know
The Basics of Asthma, Allergies, and Anaphylaxis Fact Sheet

Fact Sheets:

Metered Dose Inhalers – with spacer

<http://lung.healthdiary.ca/Guest/Product.aspx?IDS=VaXiP%2bUD6kWdLCfn%2fBc5Fg%3d%3d>

Metered Dose Inhalers – without spacer

<http://lung.healthdiary.ca/Guest/Product.aspx?IDS=J%2fCdWYpc4W7YzSLiiznr0g%3d%3d>

Videos:

<http://www.lung.ca/lung-health/get-help/how-use-your-inhaler>

Community Resources

Asthma in Schools

www.asthmainschools.com

Anaphylaxis Canada

www.anaphylaxis.org

Asthma Society of Canada

www.asthma.ca

www.asthmakids.ca

Canadian MedicAlert Foundation

www.medicalert.ca

Health Canada

www.hc-sc.gc.ca/index-eng.php

Ontario Lung Association

www.on.lung.ca

www.kidsasthma.ca

Ontario Ministry of Education

www.edu.gov.on.ca/eng/

Ontario Ministry of the Environment

www.airqualityOntario.com

The Weather Network

www.theweathernetwork.ca