

ADULT VACCINATION

IMPORTANCE: The Public Health Agency of Canada and the National Advisory Committee on Immunization (NACI) recommends a regular immunization schedule as an integral part of the health assessment of any adult. "Prevention of infection by immunization is a lifelong process. There are a number of vaccines that all adults (≥ 18 years) require. There are also other vaccines that need to be tailored to meet individual variations in risk resulting from occupation, foreign travel, underlying illness, lifestyle and age." "All adults should be counselled concerning their personal immunization status." (Canadian Immunization Guide, 7th Edition - 2006. pp. 96, 97)

Recommended adult vaccination:

Vaccine	Indication	Further Doses
Adacel® (booster against tetanus, diphtheria & pertussis)	All adults	Once only
Diphtheria	All adults	Every 10 years usually given with Tetanus
Tetanus	All adults	Every 10 years usually given with Diphtheria
Influenza	All adults	Every autumn
Hepatitis A	All adults	Once only, as series of 2 injections. (sometimes combined with Hepatitis B vaccine)
Hepatitis B	All adults	Once only, as series of 3 injections. (sometimes combined with Hepatitis A vaccine)
Meningococcal (conjugate)	All adults	Once only
Pneumococcal (conjugate)	All adults ≥ 65 years Adults < 65 years, who have conditions putting them @ increased risk of pneumococcal disease.	Once, for healthy individuals