

APPENDIX 3

EMERGENCY PROTOCOL FOR ANAPHYLAXIS

In the event of an anaphylactic or suspected anaphylactic reaction, employees are to proceed as follows:

- STEP 1:** Help the student to remain calm, stationary and try to breathe normally while locating the students' epinephrine auto-injector(s). Remain with the student at all times.
- STEP 2:** Administer epinephrine auto-injector e.g. EpiPen ® or Allerject ™ at the first sign of a reaction occurring in conjunction with a known or suspected contact with an allergen. Recognize that a student experiencing anaphylaxis may NOT be physically able to self-administer epinephrine. Note the time of the administration. Help the student to remain calm, stationary and try to breathe normally.
- Option A: Using an EpiPen ®/EpiPen Jr. ®**
- (a) Administer the auto-injector as per the manufacturer's instructions
 - (b) Using one hand, carefully place the used auto-injector (without bending the needle), needle-end first, into the storage tube that provides built-in needle protection after use. Then screw the cap of the storage tube back on completely, and provide it to the Emergency Medical Services (EMS) paramedics.
- Option B: Using a Allerject ™**
- (a) Administer the auto-injector as per the manufacturer's instructions
 - (b) Using one hand, carefully place the used auto-injector or syringe (without bending the needle), needle-end first, into the storage tube after use. Close the storage container, and provide it to the EMS paramedics.
- STEP 3:** Tell the office (or other adult/employee if outside the school) to call 911. State student's name and location and that the student is having a "serious allergic reaction/anaphylactic reaction". Office staff to Call 911 immediately (see Appendix 5: 911 Protocol – Anaphylaxis).
- STEP 4:** Observe and monitor student until EMS paramedics arrive. Administer a second dose of epinephrine in 10 to 15 minutes or sooner, IF the reaction continues or worsens. Note the time of the administration.
- STEP 5:** A school staff member will accompany the student to the hospital and stay with them until the parent(s)/guardian(s) arrives. **Even if symptoms subside entirely, the student should immediately, accompany EMS paramedics to the hospital.**
- STEP 6:** Notify parent(s)/guardian(s)/emergency contact, if not done so already, informing them of their child's medical situation and the hospital where their child was taken. Preferably, notification of the parent(s)/guardian(s)/emergency contact should occur concurrently or immediately following the telephone call to 911.
- STEP 7:** Complete Anaphylaxis Event Record of Intervention (Appendix 8).