

Subject	Grades 1–3	Grades 4–6	Grades 7–8
Language	600 mins.	450 mins.	450 mins.
Mathematics	300 mins. + 30 minutes (Fluency)	300 mins.	300 mins.
Science & Technology	150 mins.	150 mins. (integrated with literacy)	150 mins. (integrated with literacy)
Social Studies / History / Geography (integrated with literacy)	120 mins.	120 mins. (integrated with literacy)	120 mins. (integrated with literacy)
Music & Visual Arts	150 mins.	150 mins.	150 mins.
Dance & Drama	Embedded	Embedded	Embedded
Physical Education & Health	150	150 mins.	150 mins.
Core French (Grades 4– 8)	—	200 mins.	200 mins.
Daily Physical Activity (DPA)	Embedded	Embedded	Embedded
Total Instructional Time	~300 mins./day	~300 mins./day	~300 mins./day

***Minutes may exceed 300 instructional minutes daily as some will be integrated. This is indicated in the chart above.**

French Immersion: Weekly Instructional Minutes Guidelines