



Durham Region Health Department FAX about...

For Health Care Professionals



Supporting Children and Families at the Enhanced 18-Month Well-Baby Visit

Health Care Providers (HCPs) play a key role in screening for developmental vulnerabilities and concerns at the Enhanced 18-month Well-Baby Visit.

The Durham Region Health Department offers information and tools to support HCPs during the Enhanced 18-month Well Baby Visit, including the **Durham Region Enhanced 18-Month Well-Baby Visit Pathway**. This is a practical tool to support health care providers in completing the Enhanced 18-Month Well-Baby Visit and connecting families with appropriate community services. The pathway includes a one-page flow chart to guide next steps based on developmental concerns identified through the Rourke Baby Record (RBR-ON). It is followed by a community resource guide with local programs, services, referral information, and contact details. The pathway is intended to make it easier for clinicians to move from assessment to action, providing a single resource to help determine appropriate follow-up and connect children and families with services available in Durham Region.

Tools and Resources – Pregnancy, Babies, and Toddlers

To access tools, resources and referral information that support early child development, visit the [Health Care Professionals webpage](https://durham.ca/health) (or durham.ca/hcp, click on Tools and Guidance→ Pregnancy, Babies and Toddlers). This webpage contains:

- The [Enhanced 18-Month Well-Baby Visit Pathway](#) (or scan the QR code).
- The [Ontario Early Adversity and Resilience Framework](#), a resource that supports HCPs in promoting healthy child development by recognizing the impact of early experiences, strengthening protective factors, and building resilience. It can be used alongside the Enhanced 18-Month Well-Baby Visit Pathway resource to support early identification of concerns, explore family strengths and needs, promote nurturing caregiver-child relationships, and connect families with community supports.



October 6, 2026

905-668-2020 or 1-800-841-2729 | durham.ca/health

If you require this information in an accessible format, contact 1-800-841-2729.

