



# Durham Region Health Department FAX about...

For Health Care Professionals



## “What’s Up Doc?” Series

Volume 19, Number 3, October 2026

### Counts of Confirmed Cases of Selected Diseases of Public Health Significance

| Disease                                                    | 5 Year Average<br>Jul – Sep | 2026<br>Jul – Sep | 5 Year Average<br>Year to Date | 2026<br>Year to Date |
|------------------------------------------------------------|-----------------------------|-------------------|--------------------------------|----------------------|
| <b>Sexually Transmitted Infections</b>                     | --                          | --                | --                             | --                   |
| Human Immunodeficiency Virus (HIV)                         | 9.0                         | 11                | 26.8                           | 25                   |
| Acquired Immunodeficiency Syndrome (AIDS)                  | 0.2                         | 1                 | 1.0                            | 1                    |
| Chlamydia                                                  | 484.8                       | 451               | 1393.0                         | 1,372                |
| Gonorrhea                                                  | 132.2                       | 98                | 350.4                          | 288                  |
| Infectious Syphilis                                        | 23.4                        | 5                 | 67.6                           | 33                   |
| <b>Hepatitis B</b>                                         | 2.6                         | 3                 | 6.6                            | <b>11↑</b>           |
| Hepatitis C                                                | 24.2                        | 23                | 72.6                           | 71                   |
| <b>Neonatal Group B Strep</b>                              | 0.6                         | 0                 | 1.2                            | <b>3↑</b>            |
| <b>Enteric Diseases</b>                                    | --                          | --                | --                             | --                   |
| Amebiasis *                                                | 2.6                         | 3                 | 6.8                            | 8                    |
| <b>Campylobacter *</b>                                     | 46.2                        | 50                | 81.0                           | <b>104↑</b>          |
| <b>Cryptosporidiosis *</b>                                 | 9.2                         | <b>13↑</b>        | 14.2                           | <b>28↑</b>           |
| Cyclosporiasis *                                           | 8.8                         | 10                | 33.6                           | 35                   |
| Giardiasis *                                               | 14.2                        | 7                 | 30.0                           | 23                   |
| Hepatitis A *                                              | 0.2                         | 0                 | 1.6                            | 3                    |
| <b>Listeriosis</b>                                         | 0.8                         | 1                 | 1.0                            | <b>4↑</b>            |
| Paratyphoid Fever                                          | 0.6                         | 1                 | 2.0                            | 2                    |
| Salmonellosis *                                            | 34.4                        | 42                | 90.8                           | 111                  |
| Shigellosis *                                              | 4.0                         | 6                 | 7.4                            | 13                   |
| Typhoid Fever                                              | 1.0                         | 1                 | 4.2                            | 7                    |
| <b>Vero-toxin-producing <i>Escherichia coli</i> (VTEC)</b> | 2.6                         | 5                 | 4.6                            | <b>9↑</b>            |
| Yersiniosis *                                              | 1.8                         | 2                 | 5.4                            | 7                    |
| <b>Other Communicable Diseases</b>                         | --                          | --                | --                             | --                   |
| <b>Influenza - Total</b>                                   | 10.2                        | <b>77↑</b>        | 533.6                          | 562                  |
| <b>Influenza A</b>                                         | 9.4                         | <b>75↑</b>        | 414.8                          | 314                  |
| Influenza B                                                | 0.8                         | 2                 | 118.2                          | 247                  |
| Invasive Group A Streptococcal Disease                     | 10.0                        | 4                 | 42.2                           | 38                   |
| Invasive <i>Streptococcus pneumoniae</i>                   | 8.8                         | 8                 | 39.4                           | 39                   |
| Invasive Meningococcal Disease                             | 0.6                         | 1                 | 1.0                            | 3                    |
| Legionellosis *                                            | 10.2                        | 17                | 18.2                           | 22                   |
| Lyme Disease *                                             | 72.8                        | 87                | 115.2                          | 138                  |
| <b>Measles *</b>                                           | 0.0                         | 0                 | 0.2                            | <b>4↑</b>            |
| Mumps *                                                    | 0.2                         | 0                 | 0.8                            | 2                    |
| Pertussis *                                                | 4.2                         | 0                 | 8.0                            | 0                    |
| Tuberculosis                                               | 5.6                         | 8                 | 19.8                           | 26                   |
| West Nile virus *                                          | 2.6                         | 4                 | 2.8                            | 4                    |

\* Includes both confirmed and probable cases. All numbers are preliminary data only and are subject to change.

↑ Red arrow and bolded font indicate higher than expected compared to 5-year average (2021-2025) plus 2 standard deviations.

**INTEREST:** Updated chlamydia/gonorrhea and syphilis treatment posters are now available. Healthcare providers can access the latest versions [online](#) or order print copies through the [Health Care Professionals Resource Order Form](#) (at [durham.ca/HCP](http://durham.ca/HCP)).

If you prefer to receive this information in an electronic format, please submit your request to [healthresources@durham.ca](mailto:healthresources@durham.ca) October 26, 2026

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If you require this information in an accessible format, contact 1-800-841-2729.

