

**BOARD OF HEALTH  
NORTH BAY PARRY SOUND DISTRICT HEALTH UNIT**

**Nipissing District:**

Central Appointees

Karen Cook  
Sara Inch (Vice-Chairperson)  
Jamie Lowery  
Alex Scott  
Dave Wolfe  
Rick Champagne (Chairperson)  
Jamie Restoule

Eastern Appointee

Western Appointee

**Parry Sound District:**

Northeastern Appointee

Southeastern Appointee

Western Appointee

Blair Flowers  
Marianne Stickland  
Jamie McGarvey

**Public Appointees:**

Tim Sheppard

**Medical Officer of Health/Executive Officer**

Dr. Carol Zimbalatti

**Also Attending by Invitation**

Executive Director, Organizational Effectiveness

Executive Director, Community Services

Public Health Dietitian, Community Health

Executive Director, Clinical Services/Chief Nursing Officer

John Mitchell, Quality, Research and Evaluation Analyst,

Foundational Services

Executive Assistant, Director's Office

Community Health Promoter, Community Health

Donna Tuulos, Manager, Indigenous Engagement and Development

Chris Bowes  
Louise Gagné  
Jessica Love  
Shannon Mantha  
John Mitchell

Christine Neily  
Melanie Simms  
Donna Tuulos

**Recorder**

Executive Assistant, Office of the Medical Officer of Health

Ashley Lecappelain

A regular meeting of the **Board of Health** for the **North Bay Parry Sound District Health Unit** will be held both in person and virtually for Board of Health members, and will be live streamed for the public from the Nipissing Room at 345 Oak Street West, North Bay, Ontario on:

**Date: Wednesday, September 23, 2026**

**Time: 5:00 p.m. to 7:00 p.m.**

**A G E N D A**

**1.0 CALL TO ORDER**

**2.0 LAND ACKNOWLEDGEMENT**

- Marianne Stickland, Board of Health Member

**3.0 APPROVAL OF THE AGENDA**

- *Notice of Motion*

**4.0 CONFLICT OF INTEREST DECLARATION**

**5.0 PRESENTATIONS: NORTH BAY PARRY SOUND DISTRICT HEALTH UNIT STRATEGIC PLAN UPDATES**

Priority 1: Organizational Well-Being

- *Shannon Mantha, Executive Director, Clinical Services/Chief Nursing Officer*

Priority 2, Strategy 2: Foster Mino-Bimaadiziwin (the good life) with indigenous partners, communities, and individuals.

- *Donna Tuulos, Manager, Indigenous Engagement and Development*
- *Jessica Love, Public Health Dietitian, Community Health*

Priority 3, Strategy 3: Develop relationships with community partners to collectively advance shared.

- *Melanie Simms, Community Health Promoter, Community Health*
- *John Mitchell, Quality, Research and Evaluation Analyst, Foundational Services*

**6.0 APPROVAL OF THE PREVIOUS MINUTES**

6.1 Board of Health Minutes – June 24, 2026

- *Notice of Motion*

**7.0 DATE OF NEXT MEETING**

**Date:** October 7, 2026

**Time:** to be determined

**Place:** Nipissing Room, North Bay Office

**8.0 BUSINESS ARISING**

**9.0 REPORT OF MEDICAL OFFICER OF HEALTH**

**10.0 BOARD COMMITTEE REPORTS**

**11.0 CORRESPONDENCE**

**12.0 NEW BUSINESS**

12.1 Second Quarter Financial Statements

12.2 Second Quarter Medical Officer of Health Expenses

12.3 Second Quarter Board of Health Expenses

**13.0 IN CAMERA**

**14.0 ADJOURNMENT**

If you are not able to attend the meeting, please notify Ashley Lecappelain at 705-474-1400, extension 5272.

Thank you.

*Approved by,*

Carol Zimbalatti, M.D., CCFP, MPH

Medical Officer of Health/Executive Officer