

Hand Sanitizing Steps



1

Use Loonie sized amount or 1–2 pumps onto palm.



2

Spread on fingertips, between fingers, back of hands, and base of thumb.



3

Rub hands 15–20 seconds until dry.

Protect yourself.
Protect your family.
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North Bay Parry Sound District
Health Unit

Bureau de santé
du district de North Bay-Parry Sound