

PIKWAKANAGAN

Tibadjimowin

CHÌBAYÀTIGO-KÌJAGAD, KAKONE KIZIS 11, 2026
FRIDAY, SEPTEMBER 11, 2026

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LEVEL ONE FIRE BAN IN EFFECT
ONLY 2X2 FIRE PITS
OR PROPANE PITS ONLY!

ATTENTION RESIDENTS:
FOR EMERGENCIES REQUIRING IMMEDIATE
ASSISTANCE PLEASE CALL 911.
FOR COMMUNITY SAFETY PERSONNEL
ASSISTANCE PLEASE CALL 613-401-7446.
FOR GENERAL INQUIRIES PLEASE CONTACT
EMERGENCY MANAGEMENT LEAD, STEVE BENOIT

TEL: 613-625-2800

EXT. 251 CELL: 613-401-0689 OR

EMAIL: EMS.LEAD@PIKWAKANAGAN.CA.

Volunteers Make a Lasting Impact at Algonquins of Pikwàkanagàn First Nation

On June 2, the Algonquins of Pikwàkanagàn First Nation Education Department proudly welcomed volunteers from **Algonquin College**, **PCL Construction**, and **Nokia** for a Community Volunteer Day that showcased the power of partnership, teamwork, and giving back.

Throughout the day, dozens of volunteers worked alongside Education Department staff to complete a variety of projects that will benefit the broader community for years to come.

From improving outdoor spaces to tackling maintenance and beautification projects, every volunteer played an important role in creating welcoming, functional, and inspiring environments for learners and community members alike. The incredible amount of work accomplished in a single day is a testament to what can be achieved when organizations come together with a shared purpose.

The Algonquins of Pikwakanagan First Nation Education Department extends its sincere gratitude to our partners at **Algonquin College**, **PCL Construction**, and **Nokia** for investing their time, energy, and expertise in our community. Your commitment to service and community engagement demonstrates the positive impact that meaningful partnerships can have.



Volunteer Day also highlighted the importance of building lasting relationships between First Nation communities, educational institutions, and industry partners. These collaborations strengthen opportunities for learning, cultural understanding, and community development while creating positive experiences for everyone involved.

Events like this remind us that volunteering is about more than completing projects—it's about building connections, sharing experiences, and

working together toward a common goal.

Mígwech to every volunteer who dedicated their time and talents on June 2. Your contributions have made a lasting difference, and your generosity is deeply appreciated.

We look forward to continuing these valuable partnerships and welcoming everyone back for future community initiatives.



A.K.L.U.S

ALGONQUIN KNOWLEDGE AND LAND USE STUDY

The AOPFN Consultation Department is looking for Algonquins of Pikwakanagan First Nation members to participate in our Studies!

What is an Algonquin Knowledge and Land Use Study (AKLUS)?

An AKLUS is used to map AOPFN knowledge, land use, and places that have been used by AOPFN members both historically and today.

Why are we doing an AKLUS?

AKLUS information will help us **determine the potential impacts** of projects on our rights and impacts on our unceded Traditional Territory.

What kind of projects?

This call to AOPFN Land Users and Knowledge Holders is to seek information for the **Eastern Bridge Project** around Kettle Island (Ottawa area) and for the **ALTO High Speed Rail Project** between Ottawa and Montreal.

How can I participate?

We will be interviewing AOPFN Land Users and Knowledge Holders and interviews will be conducted:

- In person in community
- Virtual
- Coordinate in Ottawa Area
- On the Land Mapping/Interview
- **Please note** that there will also be an **Honorarium of \$75/hr** for participating.

When is this happening?

NOW - Interviews will begin Sept 3, 2026 and will continue until target numbers of participants are reached.

Drop by the Consultation office anytime to speak to Grant, Andre or Sam.

To participate or for more information, please contact any of the following Consultation staff:

Grant Summers at 613-625-4010, ext: 309 projectco12@pikwakanagan.ca

Andre Carle at 613-625-4010, ext 304 projectco2@pikwakanagan.ca

Sam Whalen at 613-625-4010, ext: 313 projectco8@pikwakanagan.ca

PIKWAKANAGAN COMMUNITY NOTICE

Evening Infrastructure Work - New AOP Child and Family Well Being Centre, 1467 Mishomis Inamo, Pikwakanagan, ON.



Please be advised that required infrastructure construction activities will take place in the evenings from
4:30 PM to 11:00 PM, effective September 3rd, 2026.

This work will take place on weekdays (Thursday, Sept. 3rd–Friday Sept. 4th, 2026, and from Tuesday, Sept. 8th–Friday, Sept. 11th, 2026).

- **Why Evening Work?** As Nigig Garmik is a designated emergency service, we must schedule this work in the evening to remain fully operational and accessible to the community and membership of Pikwakanagan.
- **Background:** This work will require full access to the current Nigig Garmik site (modular office, main building and parking lot). The buildings will remain accessible throughout regular business hours (8:30AM–4:30PM, Mon–Fri) and to on–call staff/emergency supports, on evenings/weekends.
- **Our Goal:** We are aiming to limit disruptions as much as possible.

We sincerely appreciate your patience and understanding as we navigate this essential construction. If you have any questions, or concerns, please contact:

Michelle Hume, Director Assistant, Nigig Nibi Ki–win Garmik

613–401–1830



info@nigignibi.com

Chi–Migwech

Events:



RENFREW COUNTY
LEGAL CLINIC

NEW LOCATION!
101 KIWITA INAMO

WHAT THE RCLC CAN ASSIST WITH:

- ONTARIO WORKS (OW)
- ONTARIO DISABILITY SUPPORT PROGRAM (ODSP)
- HOUSING LAW (FOR TENANTS ONLY)
- CANADA PENSION PLAN
- WORKPLACE SAFETY AND INSURANCE BOARD (WSIB)
- HUMAN RIGHTS
- EMPLOYMENT LAW (NON-UNION MATTERS)
- DEBT AND COLLECTION AGENCIES
- SERVICES FOR VICTIMS OF CRIME
- SENIORS LAW
- SEXUAL HARASSMENT IN THE WORKPLACE

THINGS TO KNOW:

- RENFREW COUNTY LEGAL CLINIC ATTENDS ONCE A MONTH TO OFFER FREE LEGAL ADVICE AND SUPPORT.
- NO APPOINTMENT NEEDED.
- FIRST COME FIRST SERVE.

THE RENFREW COUNTY
LEGAL CLINIC WILL BE
HERE:

SEPTEMBER 15, 2026 2:30- 4:30PM

OCTOBER 13, 2026 2:30- 4:30PM

FOR MORE INFORMATION CALL
EMMA; THE RESTORATIVE JUSTICE
WORKER AT HEALTH SERVICES

1643 Mishomis Inamo,
Pikwakanagan, ON

(613) 625-2259 EXT 245 ☎

NIGIG GAMIK BOARD OF DIRECTORS

COMMUNITY ENGAGEMENT SESSION

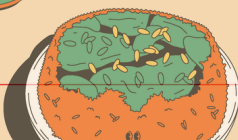
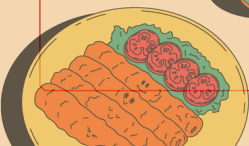
WE WILL BE HOSTING THIS SESSION TO
PRESENT THE GOVERNANCE STRUCTURE
AND CURRENT BOARD VACANCIES

A PRESENTATION ON THE GOVERNANCE
STRUCTURE WILL BE PROVIDED
A CATERED MEAL AND ADDITIONAL INFORMATION FOR
COMMUNITY/MEMBERSHIP

**15
SEPT**

THURSDAY SEPTEMBER 15
5PM TO 7PM AT THE MAKWA COMMUNITY CENTRE

TO RSVP, PLEASE CALL
613-625-2173 OR EMAIL
[INFO@NIGIGNIBI.COM](mailto:info@nigignibi.com)



YOUTH Softball

Saturday
SEPTEMBER 12TH

FRONTLINE WORKERS

10+ **YOUTH** &

COMMUNITY BASEBALL DIAMOND

FROM 10:00AM – 2:00 PM

BBQ AND REFRESHMENTS INCLUDED

CONTACT ALEXIS TO SIGN UP/INFO:
613-625-2259 navigator.mhs@pikwakanagan.ca

Stroll n' Roll

Come Stroll With Us!

17 Mondays
 Starting September 14
 10:00 AM – 12:00 PM
 Meet at Nigig Nibi Ki-win
1467 Mishomis Inamo

A welcoming walking group ♡
for caregivers and their little ones.

Get outside, get moving,
and connect with other
caregivers in the community!

Fresh Air
Stronger Together
Healthy Families

All are welcome! ♡

To register, please email:
preventionprograms@nigignibi.com ♡



CALLING ALL FIRE-KEEPERS

SEPTEMBER 14, 2026

5:30PM TO 7:30PM

@ The Cultural Grounds

PLEASE JOIN US FOR FIRE KEEPER TEACHINGS DOWN AT THE CULTURAL GROUNDS, WITH THIS PROGRAM WE INTEND TO PROVIDE ACCESS TO TEACHINGS AND KNOWLEDGE SUCH AS;

- LEARNING HOW TO PREP THE GROUNDS, START, TEND TOO, AND CLOSE A SACRED FIRE.
- LEARN TEACHINGS FROM THE DIFFERENT TYPES OF SACRED FIRES.
- MEDICINE TEACHINGS AND HOW THEY WORK WITH THE SACRED FIRES.
- BUNDLES AND WHAT ARE THEY USED FOR.

For More Info Email srobbins@nigignibi.com

Join us for
RECOVERY DAY
Ottawa Valley

THIS YEAR'S THEME:
Wholistic Healing
HOPE IN SUBSTANCE USE RECOVERY

THURSDAY, SEPTEMBER 17, 2026
11:00 AM - 3:00 PM

HEALING SESSIONS | ALTERNATIVE THERAPIES | WELLNESS ACTIVITIES | COMMUNITY CONNECTION | RESOURCES & SUPPORT | LIVE MUSIC & MORE!

Join us at:
My FM Centre
1 Ma-Te-Way Drive
Renfrew, Ontario

A day of connection,
inspiration and support
for mind, body and spirit.

Recovery is for Everyone.

FLASH SALE!!!

10\$ OFF
ALL PIK
WEAR



4:30PM
TO
6:00PM

THURSDAY
SEPTEMBER 17, 2026

LOCATION
1467 MISHOMIS
INAMO

11-14
YEARS OLD

THIS SESSION IS
FACILITATED BY:
TANISHA
BARBERSTOCK

**YOUNG
MATRIARCHS**

HONORABLE ALGONQUIN GIRLS HAS BEEN REFORMED INTO THE YOUNG MATRIARCHS PROGRAM.

MORE INFORMATION TO COME

REGISTRATION REQUIRED EMAIL
FAMILYWELLNESS@NIGIGNIBI.COM



Algonquins of Pikwakanagan
First Nation
COMMUNICATIONS

Community Engagement Session

Thursday September 17, 2026

5:30-8:00pm at the Makwa Center

Topic:

Alexandra Bridge Replacement Project

Discussion on Ecological & Archaeological Work



Agenda:

5:30pm - **Opening Prayer** and **Feast**

6:00-8:00pm - Presentation by Public Services and Procurement Canada (PSPC), questions from membership and a **Prize Draw** at the end.

Join Online



SCAN HERE

For more information please contact:

Michelle Galoni at coordinator.projects@pikwakanagan.ca

or Andre Carle at projectco2@pikwakanagan.ca



MAKWA MINIS

SEPTEMBER 2026

FRIDAY, SEPTEMBER 4
10:00–11:30 AM
Makwa Community Centre
Caregiver and child play circle

FRIDAY, SEPTEMBER 18
CHILD-FOCUSED CPR & MAKWA MINIS
Mamidosewin Gathering Place (Bingo Hall)
10:00–10:15 AM — Infant CPR & choking demonstration
10:15–11:30 AM — Caregiver and child play circle
With Jessica Schwan, Community Health Nurse
Educational demonstration only — no certification provided.

FRIDAY, SEPTEMBER 25
10:00–11:30 AM
Mamidosewin Gathering Place (Bingo Hall)
Caregiver and child play circle

Caregivers and littles ages 0–4
Children attend with their caregivers.
Refreshments provided

REGISTER: preventionprograms@nigignibi.com

COMMUNITY CLOTHING EXCHANGE

Please consider donating your gently used clothing and household items to our Community Clothing Exchange!

We welcome items for all ages and stages, including:

- Baby & children's clothing
- Youth & adult clothing
- Maternity clothing
 - Formal wear
 - Winter clothing
 - Shoes & boots
- Hats & accessories
- Bags & purses
 - Toys
- And more!



DONATIONS WELCOME ANYTIME!

Gently used donations can be dropped off at:

Nigig Nibi Ki-win Gamik Society:

1467 Mishomis Inamo

Kilby Farms:

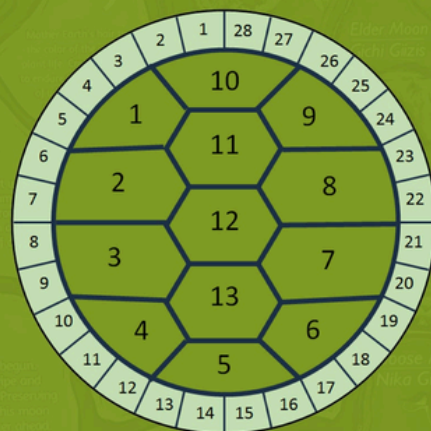
12127 Highway 60

Questions?

preventionprograms@nigignibi.com

613-625-2173

13 MOONS



WEDNESDAY, SEPTEMBER 23RD

**MAKWA CENTER
PIKWAKANAGAN
FIRST NATION**

DINNER: 5PM TO 6PM

WORKSHOP: 6PM TO 8PM

CONTACT/REGISTRATION INFORMATION:

EMAIL: [PREVENTIONPROGRAMS@NIGIGNIBI.COM](mailto:preventionprograms@nigignibi.com)

PHONE NUMBER: 613-625-2173



Community Engagement Session
Monday September 21, 2026
5:30-8:00pm at the Makwa Center

Topic:

Alexandra Bridge Replacement Project
Incorporated Artwork Engagement with the PSPC



Agenda:

5:30pm - **Opening Prayer and Feast**
6:00-8:00pm - Presentation by Public Services and Procurement Canada (PSPC), questions from membership and a **Prize Draw** at the end.



For more information please contact:
Michelle Galoni at coordinator.projects@pikwakanagan.ca
or Andre Carle at projectco2@pikwakanagan.ca

 **YOUTH EXCURSION**

SEPTEMBER 24 2026

Autumn Peltier in Conversations with George Stroumboulopoulos

AGES 11-18
Guardians welcome to join

Departure / return: Pikwakanagan

Drop off: 4 pm
Pick up: 11 pm

Transportation provided (Limited spots)

Meal provided

Registration Required
Sign up form // 613-625-2173 // familywellness@nigignibi.com



Canadian Museum of History, Gatineau, Quebec

Open to Pikwakanagan Community & their Families

 **AOPFN Limited Partnership** |  **CNL**
Canadian Nuclear Laboratories

CNL, IN COLLABORATION WITH OCNI AND LOCAL ECONOMIC DEVELOPMENT GROUPS

YOU'RE INVITED!
REGISTERED AOPFN BUSINESSES
INFORMAL GATHERING & NETWORKING
AT THE GERMANIA CLUB

 **SEPTEMBER 23, 2026** |  **3:00 PM - 5:00 PM** |  **GERMANIA CLUB**
15 Bennett St,
Pembroke, ON
K8A 3Y6

CONNECT
Meet CNL representatives, industry partners, and fellow businesses.

COLLABORATE
Share ideas and explore opportunities.

GROW
Build relationships and strengthen our presence in the nuclear industry.

TOGETHER
Let's build a stronger future for Algonquin businesses.

 **YOUR OPPORTUNITY.**

 **AOPFN LP REGISTERED BUSINESSES ARE INVITED to attend and network!**

PLEASE REGISTER - SPACE IS LIMITED!

QUESTIONS?
Crystal Benoit
Business Development Officer
AOPFN Limited Partnership
613-625-1551
bdo@pikwakanagan.ca

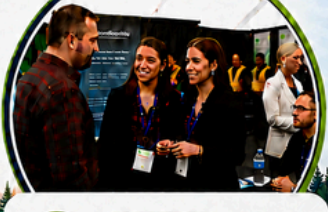
 **AOPFN Limited Partnership** |  **CNL**
Canadian Nuclear Laboratories

CNL, IN COLLABORATION WITH OCNI AND LOCAL ECONOMIC DEVELOPMENT GROUPS

CALLING ALL AOPFN REGISTERED BUSINESSES
INDUSTRY DAY AT CNL!

SEPTEMBER 24TH, 2026 | 8:00 A.M. - 2:30 P.M.

 **AOPFN Limited Partnership would like to showcase your business at our booth—or come check it out for yourself!**



WHAT TO PROVIDE:

- ✓ Brochures
- ✓ Flyers
- ✓ Product information
- ✓ Business cards

BY DATE:
SEPTEMBER 18TH, 2026

QUESTIONS?
Crystal Benoit
Business Development Officer
AOPFN Limited Partnership
613-625-1551
bdo@pikwakanagan.ca

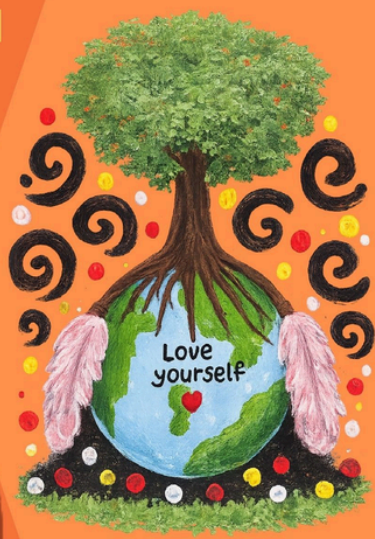
HELP SHOWCASE ALGONQUIN BUSINESSES AND BUILD STRONG RELATIONSHIPS.

TRUTH
AND
RECONCILIATION
DAY

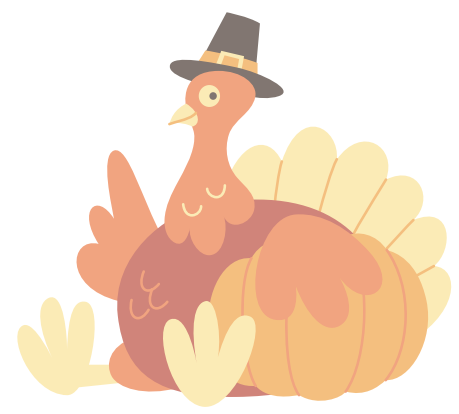
HEALING
&
CONNECTING

SEPTEMBER 30TH
1PM - 4PM
AT CULTURAL GROUNDS

For more info please contact us
familywellness@nigignibi.com



ART BY:
ROBIN ST. LOUIS AND
VERONICA SARAZIN-LASENBY
**EVERY CHILD
MATTERS**



MEAL PREP PROGRAM

Make the most of your Family FACTS groceries while building practical skills to:

- 🥕 Plan family meals
- 🍷 Prepare nutritious meals
- ♻️ Reduce food waste

July 17 Every Tuesday
in October-
December
🕒 5:00 PM – 7:00 PM
📍 Mamidosewin
Gathering Place
(Bingo Hall)



To register, please email:
preventionprograms@nigignibi.com





Assembly of First Nations (AFN)
4th National Climate Gathering
October 5-8, 2026
Hamilton, ON

“Strengthening
First Nations
Climate Leadership:
Braiding
Relationships,
Knowledge
Systems, and
Inherent
Responsibilities”



<https://afn.ca/events/the-assembly-of-first-nations-afn-4th-national-climate-gathering/>

Attention all AOPFN Youth

The 2026 Gathering is hosting a **Youth Day** on **Monday October 5**, from **9am to 5pm**.

Consultation is able to pay for 1-2 AOPFN Youth (under 30) to participate in this event, so if you are passionate about climate change and the environment, and want to learn more about the solutions that First Nations are advancing on, then please contact the **Consultation Department** at communications.consultation@pikwakanagan.ca by **Friday September 4, 2026**



Will Session 2026

Lands, Estate & Membership Department will be hosting
Will Sessions on **October 5th, 6th & 7th 2026**

To ensure your spot please contact
Curtis Jahn ☎ (613) 625-2800 Ext: 231 or
✉ coordinator.lem@pikwakanagan.ca

Location: Health Centre - Round Room
Time: 9am-4pm



TO Live



Fondation
Azrieli
Foundation

Thursday, October 15
Calling Indigenous Youth
Performance, Education, Networking
**A Community Research Project About
the Power of Traditional Songs**
National Arts Centre
1 Elgin Street

Community Hours and/or Gift Cards and Transportation Support Available,
Indigenous Foods for Participants



Fasting Camp

FOY PROVINCIAL PARK

OCTOBER 02 - OCTOBER 05

CAMP SET UP @ 9:00AM

Location

The fasting camp will be held at Foy Provincial Park. Fasters will be in a designated area (fasting camp) or will be put out in their own ceremony space (if that is what they choose).

Length of the fast

The fast will start at 12:00pm on October 02, 2026 with a short sweat lodge ceremony and will end at 12:00pm on October 05, 2026 with a closing sweat. Fasters can end their fast at any time during those 4 days if needed. No Food or water will be consumed during the fast. Each night fasters will be given some cedar tea medicine to help them through their fast.

Helpers/Supporters

Helpers will be permitted at the fasting grounds as needed (fire keepers, elders, ect.) Supporters will be invited each night at 7:00pm for singing, praying, and sharing. Supporters are permitted to camp near the fasting camp to stay close and support the fasters.

Special Considerations

Your health and safety are the most important things during the fasting camp. If you are taking medication that requires you to eat food with it, you will be able to leave the fasting area so you can take your medication safely. Please be mindful of your body throughout the fast. If you begin to feel unwell, weak, dizzy, or require any assistance, let the facilitator, fire keepers, Elders, or helpers know immediately. Listen to your body, and do not hesitate to ask for help if you need it.

Ages 12+

Under 18 - Adult Supervision Required

A COMMUNITY WELLNESS PARTNERSHIP

To Register Email: srobbins@nigignibi.com



Fasting Camp

How the fast will work

The fast will begin at 12:00pm on October 02, 2026, with a sweat lodge ceremony (2 Rounds). It is suggested that you arrive prior to this to set up your camp. After the sweat lodge ceremony, you will be given time to change into dry clothes and get your camp/tent situated. It is requested that while out of your tent in the fasting area or by the sacred fire that you have your head covered. You can use a towel draped over your head or a hooded sweatshirt works as well. The reason for this is to make you always look forward and not focus on what is behind you.

There will be firekeepers who will tend to the sacred fire 24 hours a day. Elders will be available throughout the fast to be there for the fasters to talk to and seek guidance as needed. Each night there will be a sharing circle where supporters and helpers will be permitted to attend. Everyone will be encouraged to share how their experience is going, share any difficulties they may be having, sing songs, and offer prayers. During this sharing circle, fasters will be given cedar tea medicine to help them along through their fast.

On the 4th day, October 05, 2026, the fast will end at 12:00pm with the closing sweat lodge ceremony (2 Rounds). After the sweat, participants will be given a bowl of cedar water with a cloth to bathe with, and a drink of strawberry drink to officially break their fast. Fasters will then be able to change into some dry clothes and begin to break down their camp, during this time, fasters will be given some light foods to start to reintroduce solid foods back into the body.

Once the camp is all broken down, the fasters, helpers, and supporters will gather together to share a meal. Before the meal, the fasters will hold their giveaway and give gifts to the facilitators, fasters, and helpers to thank them for all their help during the fast. A feast plate will be made to thank the spirits and then we will all share a meal before heading home to our families.

Its important to remember that everyone choses to fast for different reasons and we must respect each person in attendance and support each other. The idea of fasting is sacrificing ourselves to be in ceremony and seek guidance not just for us, but for our families, and our community.



A COMMUNITY WELLNESS PARTNERSHIP

To Register Email: srobbins@nigignibi.com





Fasting Camp



Items to Bring

It's important to make sure you have what is needed to stay comfortable over the course of the fast. This list below is just a small checklist, please feel free to bring anything you feel you will need to camp through the duration of the fast.

- Tent
- Sleeping Bag/Blankets (it can get chilly at night)
- Pillow
- Chair
- Weather appropriate clothing (Dress for COLD/WET weather. Hooded sweaters are beneficial to help with covering your head while fasting, and a warm jacket will help if it gets cold)
- Clothing for Sweat Lodge (Shorts, Tank Top, Long Skirts, whatever you are comfortable wearing into a sweat lodge)
- Towels (1 or 2 for the sweat, 1 to drape over your head while fasting)
- Ceremonial items/Bundles
- Pencil/pen and notebook (if wanted for keeping a journal)
- Giveaway Items (To give away to fasters and helpers at the end of the fast. These can be store bought or hand made)

What Not to Bring

It's also important to make sure that you do not bring anything that could lead your thoughts or guide your mind. The idea is to allow your mind to focus on the reason you are fasting without being distracted.

NO Cell Phones (You can leave it at the supporter camp or the facilitator so that you can use it when you complete your fast)

- NO Electronics of any kind
- NO Books
- NO Colouring Books
- NO Food
- NO Water
- NO Dugs/Alcohol
- No Trailers (Helpers and Supporters are ok to bring a trailer if staying on site)

You can't read a book, but you can write a journal. You can't use a colouring book, but you can draw a picture. Again, the idea is to allow your brain to process what is happening without leading your thoughts in anyway.

To Register Email: srobbins@nigignibi.com



Fastening Camp

Fasting is one of the many ceremonies that has been practiced in First Nations communities for thousands of years. In the past, the Elders of a community would take the young people out to fast in order to help them find their direction in life. Today, as our cultural traditions and ways of healing are being revived in our community, more of us are seeking answers through ceremony.

When you choose to go on a fast, it is with a purpose in mind. You may go out to seek direction in your life, seek healing, or you may go out to learn more about our ways and about Creation. You may fast for your spirit name and colours. Healers may fast in order to find and gain permission to use a certain plant medicine. You may fast for many other reasons. Whatever the reason for your fast, you prepare yourself beforehand through prayer and tobacco. It is said that when you fast you are sacrificing yourself for all, for your family and for your community, by denying yourself the basic comforts of food and water.



A COMMUNITY WELLNESS PARTNERSHIP

To Register Email: srobbins@nigignibi.com





Nigig Nibi Ki-win is

Seeking Youth Helpers

for Programming, Events & Ceremonies

School Volunteer
Hours
or
Honourarium



Please fill out
this form to
Register

If you have any additional questions please contact:
Raven Aird, Programming Assistant

(613) 401 - 5861
raird@nigignibi.com
Nigig Office
(613) 625 - 2173



MINDIWIN MANIDO DAYCARE

Nurturing Little Spirits
CULTURE • LANGUAGE • COMMUNITY

WE ARE LOOKING FOR SOMEONE TO

TEACH THE DANCES

TO OUR CHILDREN!

We are looking for a Knowledge Keeper, Dancer or Experienced Individual to come into our daycare **once a month** to teach traditional dances to the children in a fun, positive and culturally appropriate way.

- Help our children connect with our culture and traditions
- Support cultural identity and pride
- Create meaningful, fun and engaging learning experiences

ONCE A MONTH
AN HONORARIUM WILL BE PROVIDED.

We value and respect our culture and look forward to working with someone who shares this passion with our little ones.

INTERESTED?
Please contact Stacey Irwin, Manager

mgr.daycare@pikwakanagan.ca 613-504-1640 Mindiwin Manido Daycare Pikwakanagan First Nation

FRESH HARVEST

AVAILABLE!

TAKE WHAT YOU NEED!

Welcome to the Community Garden!

Located behind the Tennesco Manor, help us share our harvest with the community! Enjoy fresh, healthy vegetables for you and your family.

COME BY AND PICK SOME TODAY!

WHAT'S READY:

- ✓ BEANS
- ✓ ZUCCHINI
- ✓ PEPPERS
- ✓ CUCUMBERS
- ✓ JALAPENOS
- ✓ CARROTS
- ✓ ONIONS
- ✓ RADISHES
- ✓ PEAS
- ✓ HERBS

FRESH • LOCAL • FREE

THANK YOU FOR SUPPORTING OUR COMMUNITY GARDEN! ♥

FREE COMMUNITY TRAINING OPPORTUNITY

DIGITAL SEX TRAFFICKING & DIGITAL SAFETY for Parents

Digital safety expert teaches how predators are luring children online, current unsafe apps, tips to keep children safe and how to talk to children openly about online safety.

This training is offered as modules online that can be done at your own pace

Training closes on September 20th

Please email raird@nigignibi.com for registration info and coupon code

If you do not have access to a computer or internet, support can be provided to allow access

Open to Pikwakanagan Community & their Families

MEN AND WOMEN'S CIRCLES



We are seeking community input to ensure this programming reflects the real needs, interests, and voices of community members. These groups are meant to be safe, culturally grounded spaces

Please scan the QR code or go to <https://forms.office.com/r/FBAVEeRBuU> and fill out our questionnaire.



NIGIG NIBI KI-WIN GAMIK

COMMUNITY DRUM NIGHT

WEDNESDAYS
BI-WEEKLY
5:30PM TO 7:30PM

All ages and genders are welcome. Come and learn to sing with the Big Drum, Hand Drums, or bring a craft of your own to enjoy some time with community.

- Big Drum and Hand Drums available for use.
- Space for community members to craft.
- Dinner Provided

5:30PM to 7:30PM

@ THE MAKWA COMMUNITY CENTRE

EVERYONE
IS
WELCOME

Children under 11 must be accompanied by adult

FOR MORE INFORMATION EMAIL : FAMILYWELLNESS@NIGIGNIBI.COM



**BE A PART OF
COMMUNITY
KNOWLEDGE
SHARING!**

**We're looking for Algonquins of
Pikwakanagan community members, both
on and off reserve to share:**

Art -- Crafts -- Traditional Skills

- Participants will be featured in a video showcasing how they create their artform
- These videos will help preserve and share Algonquin knowledge, skills and creativity with our Algonquin Community.

If Interested, please email familywellness@nigignibi.com

Omâmiwinnin pimaᑃjwowin



ANNUAL GENERAL MEETING

November 7th 2026

10:00AM - 12:00PM

WE INVITE YOU TO JOIN US FOR OUR ANNUAL GENERAL MEETING.
OUR MISSION: TO REVITALIZE, REINTEGRATE, ENHANCE AND PROTECT THE CULTURAL TRADITIONS,
CUSTOMS, PRACTICES, HERITAGE, LANGUAGE, AND ARTS OF THE ALGONQUINS OF
PIKWAKANAGAN FIRST NATION.

WE DO THIS BY:

- COLLABORATION AND PROVIDING CULTURAL SUPPORT TO THE PROGRAMS AND ACTIVITIES OF AOPFN;
- PRESERVE AND TEACH THE ALGONQUIN LANGUAGE TO THE MEMBERS OF AOPFN;
- GATHER AND PRESERVE THE HISTORY OF THE AOPFN AND ITS MEMBERS;
- PROVIDE CREATIVE AND CULTURAL OPPORTUNITIES FOR MEMBERS TO GATHER IN A POSITIVE ENVIRONMENT;
- SUPPORT SCHOOLS AND EDUCATORS AND OTHER FIRST NATIONS WITH INDIGENOUS EDUCATION RESOURCES AND LAND-BASED LEARNING;
- PROVIDE CULTURAL GUIDANCE/CONSULTATION TO MAINSTREAM ORGANIZATIONS WORKING IN THE SPIRIT OF TRUTH AND RECONCILIATION;
- ACT AS STEWARDS IN MAINTAINING AN URBAN ALGONQUIN PRESENCE FOR EDUCATION AND CULTURAL PURPOSES ACROSS THE TRADITIONAL TERRITORY.

WE WILL BE LOOKING FOR YOUTH AND ELDER MEMBERS TO JOIN OUR BOARD, SO IF YOU'RE INTERESTED IN UPLIFTING AND SHARING OUR CULTURE COME BY TO LEARN MORE ABOUT US.

IF YOU DO NOT HAVE ACCESS TO A COMPUTER AND WOULD LIKE TO RECEIVE REMINDERS ABOUT THE AGM CALL OP @ 613-625-1958

Link to Join Virtually

<https://teams.microsoft.com/meet/268085454986362?p=cR8E1Hbw6vq4UTP2uA>
manager@thealgonquinway.ca



SEPTEMBER 2026

Healthy People. Strong Community. Brighter Together.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Strong and Steady 10am-11am Play Group 10am-11:30am	2	3 Foot Care Clinic	4 Office Closed at 12:00	5
6	7 Labor Day Office Closed	8	9	10	11 Strong and Steady 10am-11am	12
13	14	15 Strong and Steady 10am-11am Play Group 10am-11:30am	16	17 Foot Care Clinic	18	19
20	21	22 Play Group 10am-11:30am	23 Strong and Steady 10am-11am	24 Fall Harvest Workshop 1pm-3pm	25 Pizza Party 5-6pm	26
27	28	29 Play Group 10am-11:30am	30 Truth and Reconciliation Day Office Closed			

Please note that event dates and times may occasionally change. For the most up-to-date information, please follow our Facebook page, Pikwakanagan Health Services, where we will post any last-minute cancellations, date changes, or time changes. If you have registered for a specific program or event, you will also be contacted directly with any important updates.

Blastomycosis

What is it?

- A lung infection caused by a fungus that lives in moist soil & in decaying wood & leaves
- The fungus is often found in forested areas & along shorelines, such as near lakes & rivers
- People can become infected by breathing in the fungus when soil, wood or leaves are disturbed.
- Blastomycosis cannot be spread from person to person
- You may not be able to avoid exposure to the fungus that causes blastomycosis, but early diagnosis

& treatment can help prevent serious illness

What are the most common symptoms?

Not everyone exposed to the fungus develops symptoms. Those who do, usually develop symptoms within three weeks to three months after exposure. The most common symptoms of blastomycosis are:

- Fever or chills
- New or worsening cough
- Night sweats
- Muscle & joint aches
- Feeling very tired or generally unwell

People at higher risk of getting very sick

Elders & older adults, people with weakened immune systems, people who are pregnant & people with chronic lung disease may be at higher risk of becoming very sick from blastomycosis.

What do we still not know?

We don't know exactly where the fungus is present in the environment or why some people become very sick while others do not.

How can you be exposed?

You may be exposed to the fungus during outdoor activities that disturb soil, wood or leaves including:

- Fever or chills
- New or worsening cough
- Night sweats
- Muscle & joint aches
- Feeling very tired or generally unwell

The risk of exposure may be higher after heavy rain, flooding or strong winds, which can disturb soil & release the fungus into the air.

Some people may develop more serious symptoms, including:

- Trouble breathing
- Chest pain
- A cough that does not go away

In some cases, blastomycosis can spread beyond the lungs & affect other parts of the body, such as the skin, bones, or brain.

When should you seek medical care?

- See a health care provider if you have symptoms after taking part in outdoor activities in the last three weeks to three months that may disturb soil, wood, or leaves, especially if your symptoms do not go away or if you feel worse over time instead of better:
- If you seek medical care, tell your health care provider: "I may have been exposed to the fungus that causes blastomycosis."
- Your health care provider can determine whether you need testing for blastomycosis

How can you protect yourself?

- Try to reduce breathing in dust when taking part in outdoor activities that disturb soil, wood & leaves.
- If you are at higher risk of getting very sick, consider getting help with activities that disturb soil, wood, or leaves when possible.



September 21st is World Alzheimer's Day, a day to raise awareness, support those living with Alzheimer's and improve care for everyone affected.

Are you, or a loved one:

- forgetting things often or struggling to retain new information?
- forgetting how to do a typical routine or task, such as preparing a meal or getting dressed?
- forgetting words or substituting words that don't fit into a conversation?
- having problems knowing what day of the week it is or getting lost in a familiar place?
- not recognizing something that can put health and safety at risk?
- having problems understanding what numbers and symbols mean?
- putting things in places where they shouldn't be?
- exhibiting severe changes in mood, personality or behaviour?
- losing interest in friends, family and favourite activities?
- having problems seeing things correctly? Or coordinating visual and spatial information?

The Canadian Indigenous Cognitive Assessment (CICA) is a case finding tool, where a score of 34/39 and below may indicate possible dementia. If a person scores 34 or below, a referral will be made to a health care provider to rule out any other causes of cognitive impairment such as depression, delirium, urinary tract infections, or other treatable conditions.

Contact Shelley Dick or Peggy Dick at Tannisco Manor to learn more about CICA or to schedule an assessment

☎ 613-625-1230

✉ dementia.hc@pikwakanagan.ca



The sooner an individual gets a diagnosis, the sooner they can begin a treatment plan.

September Schedule

STRONG & STEADY EXERCISE PROGRAM

Location: Makwa Center

☀ Weather permitting: Walk on the ball field

☁ Rainy day: Walk indoors

Tuesday Sept 1st 10am-11am

Friday Sept 11th 10am-11am

Tuesday Sept 15th 10am-11am

Wednesday Sept 23rd 10am-11am

NO CLASS LAST WEEK OF SEPT



HEART WISE
EXERCISE
CERTIFIED CLASS

All are welcome, people using walkers, baby strollers, or other mobility aids. Come get some movement in, this one hour session is suitable for everyone.

MOVE AND HAVE FUN

What does the hour look like?

- Group warm up (5 mins)
- Walk or try Nordic Walking (20 mins)
- Group cool down (5 mins)
- Group exercise (standing or seated)
 - Strength (10 mins)
 - Balance (5 mins)
 - Stretch / Mobility (5 mins)
- Wrap up and discussion (5 mins)
- WATER & SNACKS PROVIDED

A safe, adaptable exercise class based on Western University's Seniors Exercise Program guidelines. Exercises can be modified to suit all fitness levels and abilities. Led by Taylor, a Certified Seniors Fitness Instructor and Heart Wise Exercise Certified through the Ottawa Heart Institute. Questions? Call 613-625-2259 ext. 232. Drop-in welcome! Participants receive an exercise swag bag with their own equipment and a registration form.

Arthritis Awareness Month shines a spotlight on the millions of Canadians living with arthritis and the critical role healthcare professionals play in their care.



September is Arthritis Awareness Month

Visit Arthritis.ca for great online resources about risk factors, management, exercises, nutrition etc! Contact our Chronic Disease Management Nurse Taylor Murphy for other available resources relating to arthritis and chronic pain!

613-625-2259 ext 232

JOIN THE

ADULT GRIEF

SUPPORT GROUP

JOURNEY WITH ONE ANOTHER.

JULY 27

MEMORY COLLAGE

Create a collage representing our grief and ways we are reminded of loved ones we have lost.

AUGUST 10

EMOTIONS & CLAY

Explore clay and how it can hold the shape of our grief.

AUGUST 24

SYMBOL ART

Create artwork using found natural materials to express loss.

AUGUST 31

HELP FROM TREES

Create a tree of support to help with grief and loss.

SEPTEMBER 21

DIY HOPE PROJECT

Decorate stones of hope or gratitude journal.

SEPTEMBER 28

MEMORY STONES

This final session we will complete our stones and add them to the Kiwita Community Garden.

EMAIL TO REGISTER

INTERN.MHS@PIKWAKANAGAN.CA

WELLNESS SUPPORT GROUP

WELLNESS HUB 101 KIWITA

Email to register: intern.mhs@pikwakanagan.ca

SUNDAYS 1:30-4:30 PM

JULY 26

Nature Portraits

Connect with nature by creating a self-portrait using natural materials as colors and textures.

AUGUST 9

Forest Walk

Take a guided walk in a natural setting, focus on the sounds around you.

AUGUST 16

Plant Medicine Care

Take a brief and gentle walk to identify and gather medicinal plants and learn about protocols and safe use.

AUGUST 30

Gratitude Journal

Customize your own gratitude journal and find out about the different ways they can be used for wellness.

SEPTEMBER 20

Story Scrolls

Join us in using assorted materials and mediums, such as paper, cloth or video to illustrate and express key moments from your stories.

SEPTEMBER 27

Vision Boards

Create a vision board of personal wellness goals and intentions, incorporating teachings from throughout the program.

REFRESHMENTS PROVIDED. REGISTRATION REQUIRED



AOPFN Limited Partnership

CHAIRPERSON OPPORTUNITY

AOPFN General Partner Inc. Board of Directors

3-Year Term

Compensation Based on Board Activities

Deadline to Apply: September 18, 2026, 4:00 PM

**AOPFN LIMITED PARTNERSHIP IS AN ARMS-LENGTH ORGANIZATION,
SEPARATE FROM ALGONQUINS OF PIKWÀKANAGÀN
FIRST NATION ADMINISTRATION.**

The Algonquins of Pikwàkanagàn First Nation Limited Partnership (AOPFN LP) is seeking experienced, qualified, and motivated individuals to serve as Chairperson on the Board of Directors of the AOPFN General Partner Inc. (AOPFN GP).

The AOPFN LP is AOPFN's sole economic development entity. The AOPFN LP is responsible for:

- Identifying and developing revenue-generating business opportunities
- Delivering economic development programs and services for AOPFN Members
- Managing AOPFN's retail and industrial units
- Managing AOPFN's fee simple properties
- Managing other AOPFN LP Entities, including AOPFN's construction, solar, wind, battery energy storage, and not-for-profit projects

The AOPFN GP is a for-profit corporation registered in Ontario with a Board of Directors that is responsible for governing the activities of AOPFN LP. Each of the AOPFN LP Entities is also governed by a Board of Directors. Each board reports to AOPFN Chief & Council in their role as sole Shareholder and sole Limited Partner.

The activities of the Board of Directors are governed by a corporate bylaw and a policy manual. The policies cover:

- Codes of Conduct
- Conflicts of Interest
- Confidentiality
- Orientation
- Roles and Responsibilities
- Meetings
- Compensation
- Expenditures
- Performance

The AOPFN GP Chairperson is responsible for:

- Leading the AOPFN GP Board of Directors
- Presiding over meetings of the AOPFN GP Board of Directors
- Acting as the spokesperson for the AOPFN GP, AOPFN GP Board of Directors, and AOPFN LP with the Shareholder and Limited Partner
- Acting as the spokesperson for the AOPFN GP, AOPFN GP Board of Directors, and AOPFN LP with the public on matters approved by the AOPFN GP Board of Directors
- Recruiting and orienting new members of the AOPFN GP Board of Directors
- Leading an annual performance evaluation of members of the AOPFN GP Board of Directors
- Supervising the AOPFN LP Manager, including an annual performance appraisal
- Acting as the AOPFN LP Manager in their absence

Members of the Board of Directors are responsible for:

- Regularly attending and participating in monthly meetings
- Attending and participating in annual Shareholder and Partnership meetings
- Providing operational control and management of the AOPFN GP, AOPFN LP, and/or AOPFN LP Entities
- Establishing and maintaining internal controls
- Maintaining unified communication with AOPFN Chief & Council in their role as Shareholder and Limited Partner
- Overseeing management activities, including:
 - Reviewing and approving partnership opportunities, financial statements, policies and procedures in the areas of governance, human resources, and finance, annual work plans and budgets, and strategic and operational plans
 - Delegating authority to the AOPFN LP Manager
 - Recruiting an AOPFN LP Manager, when the position is vacant
- Ensuring compliance with applicable legislation and regulations, including the *Ontario Business Corporations Act*
- Developing and renewing the AOPFN GP, AOPFN LP, and AOPFN LP Entities' vision, mission, and values
- Complying with the AOPFN LP Board of Directors Policy Manual
- Conducting an annual performance evaluation of the members of the AOPFN GP Board of Directors

Requirements:

To be a Chairperson, an individual must:

- Be at least 18 years of age
- Be capable of managing property
- Not have an undischarged bankruptcy
- Not have a criminal record involving:

- Fraud or financial misappropriation
- Theft
- Corruption or breach of trust
- Securities or market misconduct
- Operational or statutory offences
- Other criminal offences in the past ten (10) years
- Not have a known or perceived personal, familial, business, or professional conflict of interest that would impact their ability to act as a Director
- Not have a current claim against AOPFN, AOPFN GP, AOPFN LP, any of the AOPFN LP Entities, or any other AOPFN entity

Interested individuals must submit an application package, including an expression of interest, resume/CV, and professional references, that demonstrates they have:

- An interest in supporting the vision, well-being, and prosperity of AOPFN, AOPFN Members, AOPFN GP, AOPFN LP, and AOPFN LP Entities
- Sufficient education or experience that relate to the activities, operations, and projects of the AOPFN LP (e.g., governance, legal, human resources, strategy, business development)
- A capacity to act ethically
- A capacity to develop and implement strategy
- An interest to work collaboratively with other members of the Board of Directors and AOPFN Chief & Council in their role as Shareholder and Limited Partner
- Strong governance experience, including in the areas of leading Boards of Directors, administration, management, and key decision-making
- Experience in the development, management, or operation of for-profit and/or not-for-profit entities

How to Apply

- Expression of Interest
- Current Resume
- Three (3) professional references that include name, phone number, and email address.

Submit by email only:

lppres@pikwakanagan.ca

Subject Line: AOPFN GP Board of Directors

Please allow 24 hours to receive a 'Confirmed Receipt' of your application submission.

Application Procedure: Interested individuals must submit an application package demonstrating that they meet the requirements outlined and the names and daytime contact telephone numbers of three (3) professional references.

Priority shall be given to:

- Qualified individuals who are Registered AOPFN Members;
- Qualified individuals who are Algonquin;
- Qualified Indigenous persons; then to
- Qualified non-Indigenous persons.

We are committed to ensuring that at least 50% of the Board of Directors are AOPFN Members.

Interviews: Interviews will be conducted in person or virtually by a Teams Meeting. The AOPFN GP has the right to shortlist individuals for the purposes of interviews and assessment.

Screening Procedure: A screening committee shall:

- Review recommendations for candidates from AOPFN Chief & Council in their role as Shareholder and Limited Partner
- Perform structured interviews with shortlisted candidates based on a rigorous scoring mechanism
- Determine if applicants meet or exceed the requirements
- Make a recommendation for appointment to AOPFN Chief & Council in their role as Shareholder and Limited Partner

Chairperson Compensation:

- To be discussed at the interview.



AOPFN Limited Partnership

DIRECTOR OPPORTUNITY
AOPFN General Partner Inc. Board of Directors
3- Year Term
Compensation Based on Board Activities
Deadline to Apply: September 18, 2026, 4:00 PM

**AOPFN LIMITED PARTNERSHIP IS AN ARMS-LENGTH ORGANIZATION,
SEPARATE FROM ALGONQUINS OF PIKWÀKANAGÀN
FIRST NATION ADMINISTRATION.**

The Algonquins of Pikwàkanagàn First Nation Limited Partnership (AOPFN LP) is seeking experienced, qualified, and motivated individuals to serve on the Board of Directors of the AOPFN General Partner Inc. (AOPFN GP) and/or the Board of Directors of other AOPFN LP Entities.

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- Identifying and developing revenue-generating business opportunities
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- Managing other AOPFN LP Entities, including AOPFN's construction, solar, wind, battery energy storage, and not-for-profit projects

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- Roles and Responsibilities
- Meetings
- Compensation
- Expenditures

- Performance

Members of the Board of Directors are responsible for:

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- Providing operational control and management of the AOPFN GP, AOPFN LP, and/or AOPFN LP Entities
- Establishing and maintaining internal controls
- Maintaining unified communication with AOPFN Chief & Council in their role as Shareholder and Limited Partner
- Overseeing management activities, including:
 - Reviewing and approving partnership opportunities, financial statements, policies and procedures in the areas of governance, human resources, and finance, annual work plans and budgets, and strategic and operational plans
 - Delegating authority to the AOPFN LP Manager
 - Recruiting an AOPFN LP Manager, when the position is vacant
- Ensuring compliance with applicable legislation and regulations, including the *Ontario Business Corporations Act*
- Developing and renewing the AOPFN GP, AOPFN LP, and AOPFN LP Entities' vision, mission, and values
- Complying with the AOPFN LP Board of Directors Policy Manual
- Conducting an annual performance evaluation of the members of the AOPFN GP Board of Directors

The AOPFN GP Board of Directors is led by a Chairperson responsible for:

- Leading the AOPFN GP Board of Directors
- Presiding over meetings of the AOPFN GP Board of Directors
- Acting as the spokesperson for the AOPFN GP, AOPFN GP Board of Directors, and AOPFN LP with the Shareholder and Limited Partner
- Acting as the spokesperson for the AOPFN GP, AOPFN GP Board of Directors, and AOPFN LP with the public on matters approved by the AOPFN GP Board of Directors
- Recruiting and orienting new members of the AOPFN GP Board of Directors
- Leading an annual performance evaluation of members of the AOPFN GP Board of Directors
- Supervising the AOPFN LP Manager, including an annual performance appraisal
- Acting as the AOPFN LP Manager in their absence

Requirements:

To be a Director, an individual must:

- Be at least 18 years of age
- Be capable of managing property

- Not have an undischarged bankruptcy
- Not have a criminal record involving:
 - Fraud or financial misappropriation
 - Theft
 - Corruption or breach of trust
 - Securities or market misconduct
 - Operational or statutory offences
 - Other criminal offences in the past ten (10) years
- Not have a known or perceived personal, familial, business, or professional conflict of interest that would impact their ability to act as a Director
- Not have a current claim against AOPFN, AOPFN GP, AOPFN LP, any of the AOPFN LP Entities, or any other AOPFN entity

Interested individuals must submit an application package, including an expression of interest, resume/CV, and professional references, that demonstrates they have:

- An interest in supporting the vision, well-being, and prosperity of AOPFN, AOPFN Members, AOPFN GP, AOPFN LP, and AOPFN LP Entities
- Sufficient education or experience that relate to the activities, operations, and projects of the AOPFN LP (e.g., governance, legal, human resources, strategy, business development)
- A capacity to act ethically
- A capacity to develop and implement strategy
- An interest to work collaboratively with other members of the Board of Directors and AOPFN Chief & Council in their role as Shareholder and Limited Partner
- Governance experience, including in the areas of administration, management, and key decision-making
- Experience in the development, management, or operation of for-profit and/or not-for-profit entities

How to Apply

- Expression of Interest
- Current Resume
- Three (3) professional references that include name, phone number and email address.

Submit by email only:

lppres@pikwakanagan.ca

Subject Line: AOPFN GP Board of Directors

Please allow 24 hours to receive a 'Confirmed Receipt' of your application submission.

Application Procedure: Interested individuals must submit an application package demonstrating that they meet the requirements outlined and the names and daytime contact telephone numbers of three (3) professional references.

Priority shall be given to:

- Qualified individuals who are Registered AOPFN Members;
- Qualified individuals who are Algonquin;
- Qualified Indigenous persons; then to
- Qualified non-Indigenous persons.

We are committed to ensuring that at least 50% of the Board of Directors are AOPFN Members.

Interviews: Interviews will be conducted in person or virtually by a Teams Meeting. The AOPFN GP has the right to shortlist individuals for the purposes of interviews and assessment.

Screening Procedure: A screening committee shall:

- Review recommendations for candidates from AOPFN Chief & Council in their role as Shareholder and Limited Partner
- Perform structured interviews with shortlisted candidates based on a rigorous scoring mechanism
- Determine if applicants meet or exceed the requirements
- Make a recommendation for appointment to AOPFN Chief & Council in their role as Shareholder and Limited Partner

Director Compensation:

- To be discussed at the interview.



AOPFN EMPLOYMENT OPPORTUNITY

Personal Support Worker

Department: Health Services

Supervisor: Tennesco Manor Supervisor

\$22.63 hourly + wage enhancement as applicable

Casual with Possibility of Part-Time Permanency

Deadline to Apply: Posting will continue until roles are filled.

Appointed as Personal Support Worker - assisting the clients with their daily routines and specific activities including meals provision, housekeeping, laundry, and arrangement of medical services and other. Interacts with clients to promote and ensure the client's well-being and sense of belonging. The Personal Support Worker - shall perform all job-related functions in such a manner so as to maintain their complete confidentiality in recognition of the privacy entitlement of all members of the community. The Personal Support Worker - must be ready, willing and able to develop and maintain a good working relationship with all agencies, indigenous organization and business associates of the Algonquins of Pikwakanagan First Nation.

- Assists with meal planning.
- Scrubbing, sweeping & dusting of client's rooms.
- Participates in various activities throughout shift with the clients, such as friendly visiting, card playing, etc.
- Assists with personal care
- Contacts next of kin or families if required of client's condition or needs.
- Arranges client's health appointments when required.
- Completes client data sheets & other documents required for reports & performance indicators.
- Recognizes, reports & records safety, health risks & security needs for clients.
- Reports incidents & completes reports as required.

For full Job Description, please email hr@pikwakanagan.ca

REQUIREMENTS:

- Demonstrated good written communication skills.
- Possess certification as a Personal Support Worker (Considered an asset) OR;
- Willing to work towards PSW certification. OR;
- Health Care Aid with at least one year of experience in working with seniors or providing personal care.

CONDITIONS OF EMPLOYMENT:

- Acceptable Vulnerable Sector Check and CPIC must be provided as a condition of employment.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

Subject Line: Personal Support Worker

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
 - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
 - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
 - (Conditions Apply)

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.

Program Support Staff

Nigig Nibi-Ki-win Gamik is seeking a Program Support Staff to provide program assistance and support for day-to-day program-related matters at Nigig Nibi Ki-win Gamik Society. Must be ready, willing and able to develop and maintain a good working relationship with all Nigig staff, local and associated organizations and associations, as well as business associates of Nigig Nibi Ki-Win Gamik Society ("Nigig"), including community and community partners.

The Program Support Staff provides a complete range of professional support to the Programming team and assists in the facilitation of culturally and/or socially relevant programming to promote wholistic wellness for Algonquin children, youth and families.

The Program Support Staff will provide professional program support with integrity, professionalism, and sound judgement, as well as ensure complete confidentiality of information and respects and safeguards privacy entitlements of all members of the community.

Position Details:

- Post Secondary education related to social services, early childhood education, recreation or Grade 12 with relevant work experience
- A minimum of a "G" class licence
- Must enjoy and have experience working with children and youth
- Ability to work flexible hours, including evenings and weekends
- Maintain effective interpersonal relationships with clients, staff, management team and community

Scan here for more information:



Benefits

- Competitive Salary
- Benefits & Pension Plan
- Paid Sick, Vacation & Special Leave
- 14 Statutory Holidays



Catering Services

Call for Tender

Nigig Gamik Board of Directors
Community Engagement Session

14
SEPTEMBER

5:00pm
Makwa Community
Centre

CATERED DINNER FOR 50 PEOPLE - MAIN MEAL WITH SIDES, VEGETARIAN OPTION, DESSERT, DRINKS, COFFEE, TEA, TAKE OUT CONTAINERS, PLATES, CUTLERY, CUPS ETC.

TENDER CLOSING - THURSDAY, SEPTEMBER 10TH, 2026, AT 12:00PM

SUBMISSIONS CAN BE MADE IN PERSON TO 1467 MISHOMIS INAMO (NIGIG GAMIK MAIN OFFICE) OR VIA EMAIL TO INFO@NIGIGNIBI.COM



Call for Tenders: Caterer



When:
Truth and Reconciliation
Day September 30
Dinner

Where:
Pikwakanagan Cultural
Grounds

How Many:
200 People

In your tender, please indicate the meal that you propose to offer for a prepared “to-go” in containers dinner and dessert, with drinks & utensils, as well as the price.

Deadline to Apply September 14
Please contact Family Wellness
familywellness@nignibi.com
613 401 5861





Call For Tender



Looking to Caterer for 40 people

- Coffee, Tea, Juice, Pop, Water
- Warm Meal for Attendees and instructors - Vegetarian Option to be included.
- Dessert
- Disposable plates/cutlery, take out containers.

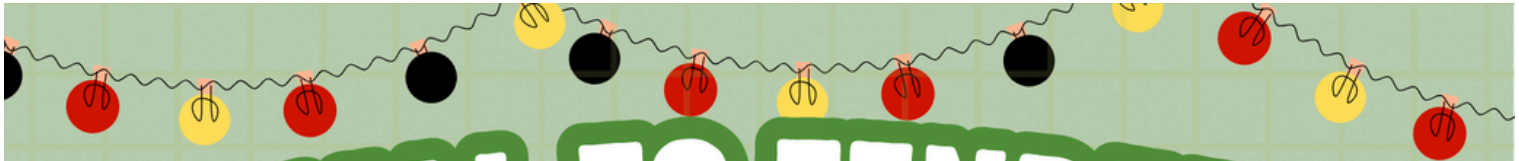
If Interested
Please Email or Drop Off
familywellness@nigignibi.com

Wednesday, September 16th
Community Drum Night

At Makwa Centre
5:30PM - 7:00PM

Deadline to Apply
Wednesday, September 11





CALL TO TENDER

September Community Dinner

Prevention Programs is seeking a community caterer to provide a hot meal for our monthly Community Dinner.

The successful caterer will:

- Prepare and serve a hot sit-down meal for approximately 150 people.
- Share a cultural teaching or knowledge during the meal.
- Provide all beverages, cutlery, plates, cups, and serving ware required.
- Complete set-up and take-down related to the meal service, including serving stations and clean-up of catering equipment.

Wednesday, September 23rd

5:00 PM – 6:00 PM

 **Makwa Community Centre**



INTERESTED? PLEASE CONTACT:
PREVENTIONPROGRAMS@NIGIGNIBI.COM



FACILITATOR TENDER MEAL PREP PROGRAM

We are seeking various facilitators to lead weekly Tuesday meal prep sessions starting in October.

The facilitator will guide community members in using their Family Facts groceries to prepare:

- Large, family-friendly freezer meals
- Easy meals that can be reheated throughout the week
- Simple snack prep for the week
- Practical recipes and meal-prep techniques

The facilitator will be responsible for planning and leading hands-on sessions while sharing knowledge around meal preparation, freezer storage, food safety, and reheating.

Interested in facilitating?

Please submit your tender, including your experience, proposed rate, and availability, to:

preventionprograms@nigignibi.com

Community Resources:

ADDICTION Resources

Addictions Counsellors:

Gilliam McKay
&
Courney Roach
613-625-2259

Renfrew County Community Withdrawal Management:

613-432-7620

After Hours: National Overdose Prevention Line:

1-888-688-6677

After Hours: Drug Alcohol, Gambling Hotline:

1-866-531-2600

Medical & Foodbank Resources

VTAC:

1-844-727-6404

TeleHealth:

1-866-727-0000

Poison Control:

1-800-268-9017

The Sharing Place Golden Lake (11185 Hwy 60)

613-625-2600

Pikwakanagan Drug Tip Line

OPP Community Street Crime Unit in Renfrew County have established a drug tip line for Pikwakanagan First Nation. The number is:
613-689-0805.

The tip line will be monitored by Detectives within the Community Street Crime Unit (CSCU). Messages will be checked regularly. If the caller wishes to be called back, an investigator will return the call.

This line is only intended for drug-related information.

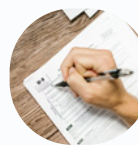
Any emergency requests for police assistance or other call for service should go through normal channels.

Renfrew County Crimestoppers is still available for drug and non-drug related tips.

- Pikwakanagan Drug Tip Line: 613-639-0805
- Renfrew County Crimestoppers: 1-800-222-8477
- Any Emergency call: 911
- OPP non-emergency line: 1-888-310-1122

Ensuring First Nations Children (0-17)

Have Access to Educational, Social
and Medical Supports



Examples of Supports Available

Mental Health Services
Speech Therapy
Dental and Vision Care
Assessments and Screenings
Medical Equipment +
Respite Care
Land Based Activities
Support with submitting new
requests Support with following
up on existing requests



CONTACT US

Pamela Scheel- Jordan's Principle
Navigator

613-401-2812
jpnnav1@pikwakanagan.ca



Regular Council Meetings

Every second and last Tuesday of the month
Beginning at 9 AM

Available to view online in the
members-only section of
www.algonquinsofpikwakanagan.com

Not Online?

Phone 613-625-2800 EXT 228
to request information on how to join.

Conways Pharmacy Remote Dispensing Location

BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

We are closed weekends and Holidays

Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you

Natalie Commanda, Pharmacy

Technician

Joseph Conway, Pharmacist



EMMENA-MADINAMAGE MIDJM
The Sharing Place
Food Bank

HOURS

OPEN the second Thursday of each month, unless indicated

10 AM TO 12 PM

JANUARY 9	FEBRUARY 13	MARCH 13 (EASTER)
APRIL 10	MAY 8	JUNE 12
JULY 11	AUGUST 14	SEPTEMBER 11
OCTOBER 9 (THANKSGIVING)	NOVEMBER 13	DECEMBER 18 (XMAS)

For information or emergency and after hour
needs phone and leave a message at:

613-625-2600

email for information or to e-transfer donations at
thesharingplacefb@gmail.com

Facebook: www.facebook.com/emmthesharingplace

ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact Rose Yankoo at

elderslodgepik@gmail.com

**Reminder - for sanitary purposes
individuals hosting meals & catering
are required to supply their own dish
cloths and towels**



Clear, Dig, Build ... Experience the Difference!

- > Licensed Septic System Installs
- > Lot Clearing & Prep
- > Trenching & Drainage
- > Sand, Gravel, Topsoil
- > Pads & Foundations
- > Driveways
- > Tree & Brush Removal

Large & Small Equipment for All Excavating Needs!

CHERYL KELLY, OWNER



ADMIN OFFICE HOURS

Monday - Friday

open **8:30am**
close **12:00pm**

open **1:00pm**
close **4:30pm**

ANIMAL CONTROL OFFICER

Available from 8:30-4:30 everyday

Laura Pelkey

613 401-9685

riverviewrescues@gmail.com

Available from 8:30-4:30 everyday



Pikwakanagan LIBRARY Opened...

Thursday: 1:00pm - 7:00pm

Friday: 9:00am - 4:00pm

(Closed for lunch Friday)



*Laptops Available

*Printer

*Wifi Access

*Indigenous Books

*Children's Books

*Quiet Study Space



Email: library@pikwakanagan.ca Call: 613-625-2800 ext:244

Waste Disposal:

Wednesday 12:00pm - 6:00 pm

Sundays 9:00 am - 3:00 pm

Curbside Pickup

Garbage: Wednesday

Cardboard: Thursday

Containers: Friday

For Your Information

Canadian Police Record Checks are required for anyone who is applying for:

- Membership (Applicants who are 18 years or older)
- Residency (Applicants who are 18 years or older)

Applications, Laws, and Codes are available on our website.

www.algonquinsopikwakanagan.com

Laws and By-Laws hard copies can be requested from the Lands, Estates &

Membership department.

Call 613-625-2800, Email mgr.lem@pikwakanagan.ca,

land.officer@pikwakanagan.ca,

assistant.lem@pikwakanagan.ca

Notice: Killaloe OPP Record Check applications are now online.



ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Hutchcroft, Sophia	Commanda	09 Apr 26	09 Oct 26
Mascitti, Christina	Amikons	09 Apr 26	09 Oct 26
Miscitti, Elizabeth	Amikons	09 Apr 26	09 Oct 26
Helka, Leah	Partridge	09 Apr 26	09 Oct 26
Gagnon, Barry	Meness	10 Apr 26	10 Oct 26
Thompson, Teddy	Commanda/Benoit	10 Apr 26	10 Oct 26
Thompson, Nora	Commanda/Benoit	10 Apr 26	10 Oct 26
Moore, Karen	Benoit	10 Apr 26	10 Oct 26
Nieman, Jennifer	Lavalley	10 Apr 26	10 Oct 26
Paige, Stephanie	Baptiste	10 Apr 26	10 Oct 26
Cort Junior, James	Meness/Ignace	15 Apr 26	15 Oct 26
Cort, Kylee	Meness/Ignace	15 Apr 26	15 Oct 26
Cort, Jace	Meness/Ignace	20 Apr 26	20 Apr 26
Jocko, Bruce	Jocko	20 Apr 26	20 Oct 26
Jocko, Haddon	Jocko	20 Apr 26	20 Oct 26
Bennett, Robert	Tennescoe	20 Apr 26	20 Oct 26
Payer, Phys	Commanda	23 Apr 26	23 Oct 26
Sarazin, Anthony	Sarrazin	23 Apr 26	23 Oct 26
Snippe, Connor	Lavallee	05 May 26	05 Nov 26
McLean, Mandy	TenESCO	05 May 26	05 Nov 26
McMunn, Christina	Commanda/Lamure	14 May 26	14 Nov 26
Olmstead, Chadwick	Lavalley	04 Jun 26	04 Dec 26
Allair, Alexandra	Tenisco	04 Jun 26	04 Dec 26
Canavan, Kirsta	Whiteduck	05 Jun 26	05 Dec 26
Canavan, Michael	Whiteduck	05 Jun 26	05 Dec 26
Shelley, Jailynn	Lavalley	05 Jun 26	05 Dec 26
Diver, Lorrie	Tenisco	06 Jun 26	06 Jan 27
Shelley, Melanie	Lavalley	06 Jun 26	06 Jan 27
Jones, Diana	Benoit/Baptiste	06 Jul 26	06 Jan 27
Jones, Georgia	Benoit/Baptiste	06 Jul 26	06 Jan 27

Jones, Leah	Benoit/Baptiste	06 Jul 26	06 Jan 27
Matt, Micayla	Tennisco	13 Jul 26	13 Jan 27
Cehade, Sherbert	Sharbot	14 Jul 26	14 Jan 27
Fawcett, Kaitlyn	Lavalley	23 Jul 26	23 Jan 27
Glassford, David	Meness	23 Jul 26	23 Jan 27
Carnahan, Kenneth	Meness	28 Jul 26	28 Jan 27
Carnahan, Cloe	Meness	28 Jul 26	28 Jan 27
Pilatzkie, Emily	Lavalley	06 Aug 26	06 Feb 27
Clee, Kimberly	Commanda/Lamure	06 Aug 26	06 Feb 27
Manderstorm, Abigail	Baptiste	06 Aug 26	06 Feb 27
Ozawanimke, Biwaaseyaabin	Sarazin/Meness	24 Aug 26	24 Feb 27
Wawaasgoneh, Anong	Sarazin/Meness	24 Aug 26	24 Feb 27
Fitzgerald, Krystin	Benoit	24 Aug 26	24 Feb 27
Fitzgerald, Connor	Benoit	24 Aug 26	24 Feb 27
Fitzgerald, Hailey	Benoit	24 Aug 26	24 Aug 27
Birrell, Tanya	Partridge	09 Sept 26	09 Mar 27
Neal, Tanya	Benoit	09 Sept 26	09 Mar 27
Clee, Kirsten	Commanda/Lamure	09 Sept 26	09 Mar 27

To appeal the addition of one of the persons above becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at mgr.lem@pikwakanagan.ca





Pikwakanagan Members: **How to Register & Re-Register!**

1

GO TO OUR WEBSITE

Visit algonquinsofpikwakanagan.com
in your browser.

2

CLICK Register

Click the red "Register" button in the top
right corner of the homepage.

3

ENTER YOUR INFORMATION

Fill out the Member Registration Form
and submit it.

4

WAIT FOR APPROVAL

Once your request is approved, you'll
receive an email with instructions to set
your password and access the login
page.

IMPORTANT:

These emails may land in your **Junk or Spam Folder**,
so please check there if you don't see anything in your
inbox. If you run into any issues at all, just reach out to
comms.itsupport@pikwakanagan.ca - we're here to
help every step of the way!

