

PIKWAKANAGAN

Tibadjimowin

CHÌBAYÀTIGO-KÌJADAD, KAKONE KIZIS 09, 2026

FRIDAY, OCTOBER 09, 2026

TABLE OF CONTENTS

Updates & Notices

- **First Nation Housing Market Fund**
- **Regular Council Meeting - cancelled**
- **Opeongo Attendance Reminder**

Events

- **Open House**
- **Stroll & Roll**
- **Food Handlers Safety Course**

Health Updates

- **Strong & Steady**
- **Ambulance bills notice**
- **Low Impact Chair Exercises & Games**

Employment Opportunities

- **Home Maintenance Worker**
- **Board of Director's Seats**
- **Various Tenders**

Community Resources

- **Various Community Resources and contact numbers**

MEMBERSHIP NOTICES:

**Level One Fire Ban
only 2x2 fire pits or
propane pits only!**

**For Emergencies requiring immediate
assistance please call 911**

**For Community Safety Personnel assistance please
call 613-401-7446.**

**For general inquiries please contact Emergency
Management Lead, Steve Benoit**

613-625-2800, ext. 251,

cell 613-401-0689 or

email at ems.lead@pikwakanagan.ca



FNMHF

FIRST NATIONS
MARKET HOUSING FUND



Info package available for pick up at the Admin office

We would like to introduce ourselves to you as Canada's largest and oldest First Nations privately owned federally regulated financial institution, established by the Samson Cree Nation in 1980. Our mandate is to provide financial and trust services to the First Nations, and their communities on a national basis. Our offerings include commercial and retail lending and deposit services, as well we are the country's only independent trust company.

I would also like to share with you that Peace Hills Trust is a participating lender and partnered with First Nations Market Housing Fund that has successfully financed homes on-reserve throughout Canada. Here is a quick read of the Fund and could provide options with your membership on homeownership. Please contact me directly to discuss how Peace Hill Trust can help your community and its members. I look forward to hearing from you.

Sincerely,

Warren Banks

Manager Financial Services

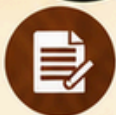
Peace Hills Trust Company | Winnipeg Regional Office | Unit 1, 1134 Taylor Avenue | Winnipeg MB R3M 3Z4

P: 204.943.8093 | F: 204.943.8251

warren.banks@peacehills.com | www.peacehills.com



HARVEST BEST PRACTICES



Know and follow all harvesting regulations, season dates, and area requirements.



Be aware of your surroundings and identify your target before you shoot.



Hunt with a partner and let someone know where you are going and when you plan to return.



Respect the land, wildlife and other land users.



Take only what you need and follow traditional teachings.



REPORT YOUR HARVESTS

Please report your harvests to help us gather important data for wildlife management and future planning.



Your reports provide valuable information to support healthy wildlife populations.



Reporting helps ensure sustainable harvests for future generations.



Harvest Monitors will be out in the field to collect harvest information, provide data, and have maps available.



HARVEST MONITORS

Our Harvest Monitors will be out in the community and on the land during the season.



Collecting harvest information



Providing data to support wildlife management



Have maps available



Able to answer questions and provide information



CARRY YOUR STATUS CARD

Please carry your status card when harvesting and connect with Harvest Monitors out in the field.

QUESTIONS? CONTACT OUR NATURAL RESOURCES DEPARTMENT



613-625-2800
ext. 249



field.admin@pikwakanagan.ca

Opeongo Attendance Reminder for Families

For families with students attending Opeongo High School, a reminder that all student absences should be reported to the school, including illness, appointments, family responsibilities, cultural activities and planned absences.

This is especially important this year. Beginning in the 2026–27 school year, Ontario's new attendance and participation requirements mean that attendance and participation account for 15% of the final grade in Grades 9 and 10 and 10% in Grades 11 and 12. Excused absences do not negatively affect this portion of a student's mark.

Hunting Season & Cultural Absences

With hunting season approaching, now is a good time for families to plan for students who will be away from school.

The Ministry of Education recognizes approved cultural days as excused absences. Indigenous students may need time away from school to participate in hunting, harvesting, ceremonies, community events, land-based learning and other cultural responsibilities.

If you know your student will be away for a cultural activity, please report the absence ahead of time whenever possible and identify it as a cultural absence. This helps make sure the absence is recorded properly and gives students time to connect with their teachers about work they may miss.

Reporting an Absence

Edsby: Report same-day or planned future absences, including partial-day and multi-day absences.

Phone: Opeongo High School
613-649-2041

Questions or concerns about attendance or cultural absences:

Christina Ruddy
Indigenous Education Liaison, Opeongo High School
liaison2.education@pikwakanagan.ca

Regular attendance matters, but so does ensuring our students can participate in the cultural, family and land-based learning that connects them to their community. Reporting absences helps us support both.

Public Service Announcement

Petawawa and Surrounding Region to Host Royal Canadian Air Force Basic Tactical Aviation Course

October 7, 2026 – Kingston, Ont. – National Defence/Canadian Armed Forces

From October 13 to November 10, 2026, the Basic Tactical Aviation Course (BTAC) 2602 will be conducted from Canadian Forces Base Petawawa, Ontario. Training activities will occur throughout Renfrew County, Ontario, and the Pontiac region of Quebec. During this period, residents may observe Royal Canadian Air Force (RCAF) CH-146 *Griffon* and CH-147F *Chinook* helicopters operating at low altitudes within authorized training areas.

Several landowners across the region have voluntarily granted access to their properties to support this training. Their cooperation enables more realistic operational environments for course candidates. Low-level flying operations are planned in the following areas: Killaloe, Hagarty and Richards; Madawaska Valley; Laurentian Hills; Pembroke; and Whitewater Region in Ontario; and Mansfield-et-Pontefract, Sheenboro, Lac-Nilgaut and L'Isle-aux-Allumettes in Quebec.

The course will employ armed infantry forces and simulated enemy forces to conduct realistic aviation-borne operations. Residents may notice the use of blank ammunition and pyrotechnics, including flares and smoke. These effects are part of a controlled simulation designed to replicate battlefield conditions and enhance realism for participating personnel.

Simulated enemy forces will be identifiable by orange hunting caps and orange or yellow reflective armbands worn on the left arm. All weapons used during training will be clearly identified, and those firing blank ammunition will be equipped with blank firing adapters. Blank ammunition will only be used within designated training areas and authorized Land User Agreement locations. Local authorities will be advised of all simulation activities. Residents may also observe military vehicles operating throughout the region. There is no cause for concern.

BTAC develops the leadership, decision-making, and tactical expertise required to plan and execute complex helicopter operations. Through rigorous training in realistic operational environments, the course prepares Tactical Aviation Flight Leads to effectively support domestic and expeditionary missions.

Helicopter operations may generate unfamiliar noise and attract public attention. Training activities will be conducted only during daylight hours, which will reduce noise impacts on surrounding communities. All flying operations conducted by the RCAF are carefully planned and closely supervised to ensure public safety. These operations are subject to weather and flying conditions.

-30-

Associated Links

[Royal Canadian Air Force](#)

[1 Wing Kingston](#)

[CH-146 *Griffon*](#)

[CH-147F *Chinook*](#)

Contacts

Lieutenant (Navy) Meagan Pye
Public Affairs Officer
1 Wing Headquarters
Tel: 613-403-6871
Email: Meagan.pye@forces.gc.ca





Landfill Closure and New Waste Transfer Station

Got questions about the landfill's new layout or upcoming closure?

Find out what's changing, what's coming next, and how it affects you.

Questions about what's happening next at the landfill? Whether you're curious about the new layout, looking for updates on site operations, or wondering what the upcoming closure means for your routine, we've got answers.



Wednesday, November 4

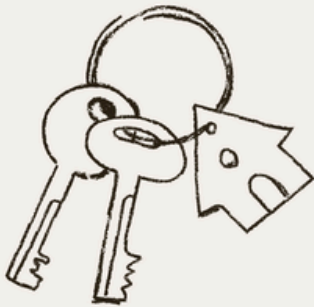
4:30-7:30 PM

Makwa Community Centre – 83A Kagagimin Inamo

Visit the Community Centre to see what's changing, what's coming next, and what this transition means for our community.

Questions? Contact Alana Vigna at avigna@dillon.ca or at 506-378-9784

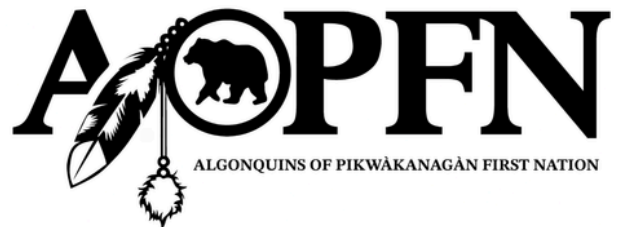
DILLON



Lost keys found at
the corner of
Kokomis &
Mishomis Inamo

IF YOU CAN DESCRIBE THEM, THEY'RE AT THE
ADMIN OFFICE, RECEPTION

THE Hunt IS ON



ALGONQUINS OF PIKWÀKANAGÀN FIRST NATION

NOTICE TO MEMBERS

Please be advised that the Council Meeting scheduled for next week on October 13, 2026 has been **CANCELLED**.

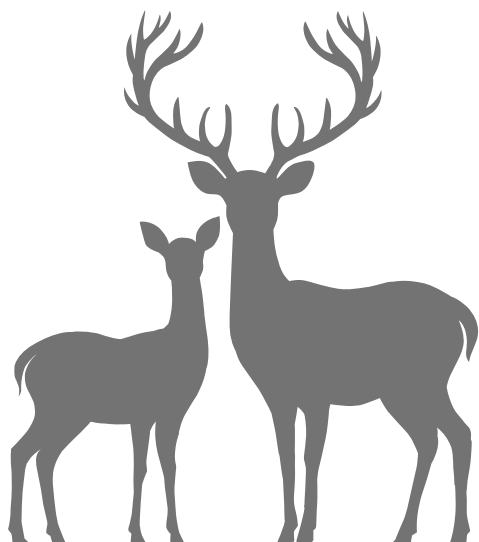
The next regular Council Meeting will be held as scheduled on October 27, 2026.

We appreciate your understanding. Migwech!

www.algonquinsofpikwakanagan.com



EVENTS:



THE AOPFN
CONSULTATION DEPARTMENT
INVITES YOU TO OUR

OPEN HOUSE & BBQ

OCTOBER 22, 2026
11 AM - 1 PM ☁☁☁☁

4-473 KOKOMIS INAMO
PIKWAKANAGAN, ON KOJ 1X0

- ✓ Come out and meet your Land Guardians and Consultation Department Staff
- ✓ Learn about the projects we are working on
- ✓ See our workspace
- ✓ Enjoy some good food, with good people



GUITAR & UKULELE LESSONS



FACILITATED BY
DAN DUBEAU

MONDAYS AT KILBY FARMS
(12127 HIGHWAY 60, KOJ 2A0)

10-WEEK COMMITMENT
BEGINNING OCTOBER 5 2026, ENDING
DECEMBER 14 2026

NIGIG NIBI KI-WIN



OPEN TO AOPFN
CHILDREN AND YOUTH

TO REGISTER OR FOR MORE INFORMATION CONTACT
PREVENTIONPROGRAMS@NIGIGNIBI.COM

Stroll n Roll

 Every Monday
 10:00 AM – 12:00 PM
 Meet at Nigig Nibi Ki-win
1467 Mishomis Inamo

Come Stroll With Us! 🌿

A welcoming walking group for caregivers and their little ones. Get outside, get moving, and connect with other caregivers in the community!

To register, please email:

preventionprograms@nigignibi.com



COMMUNITY CLOTHING EXCHANGE

Please consider donating your gently used clothing and household items to our Community Clothing Exchange! We welcome items for all ages and stages, including:

- Baby & children's clothing
- Youth & adult clothing
- Maternity clothing
- Formal wear
- Winter clothing
- Shoes & boots
- Hats & accessories
- Bags & purses
- Toys
- And more!



DONATIONS WELCOME ANYTIME!

Gently used donations can be dropped off at:
Nigig Nibi Ki-win Gamik Society:

1467 Mishomis Inamo

Kilby Farms:

12127 Highway 60

Questions?

 preventionprograms@nigignibi.com

 613-625-2173



MEAL PREP PROGRAM

Make the most of your Family FACTS groceries while building practical skills to:

-  Plan family meals
-  Prepare nutritious meals
-  Reduce food waste

 Every Tuesday
in October-
December
 5:00 PM – 7:00 PM
 Mamidosewin
Gathering Place
(Bingo Hall)



To register, please email:
preventionprograms@nigignibi.com



Nigig Nibi Ki-win is

Seeking Youth Helpers

for Programming, Events & Ceremonies

School Volunteer
Hours
or
Honourarium



Please fill out
this form to
Register

If you have any additional questions please contact:
Raven Aird, Programming Assistant

(613) 401 - 5861
raird@nigignibi.com
Nigig Office
(613) 625 - 2173





FRIDAY, OCTOBER 9

10:00–11:30 AM

Makwa Community Centre

Caregiver and child play circle



FRIDAY, OCTOBER 23

10:00–11:30 AM

FALL CAREGIVER & LITTLES PHOTOS

With Sonny Robbins

Makwa Community Centre

CRC Killaloe Toy Bus will be joining us



Limited photo spots — email to book



Caregivers and littles ages 0–4



Refreshments provided



REGISTER:

preventionprograms@nigignibi.com



TOT FACTS

KILBY FARMS
12127 HWY.60

AGES 4-7



Starting October 15
Ending December 10
5 week session

Every other Thursday
4:30 – 5:30 pm

Kilby Farms
12127 Hwy.60

OUR AFTER-SCHOOL PROGRAM PROVIDES:

Arts and Crafts

Outdoor Fun and Play

Social Time and Connection

Nutritious Dinner Provided

Registration is required.

For more information or to register, please email:

preventionprograms@nigignibi.com



YOUTH FACTS

KILBY FARMS
12127 HWY.60

AGES 8-11



Starting October 8
Ending December 3
5 week session

Every other Thursday
4:30 – 5:30 pm

Kilby Farms
12127 Hwy.60

OUR AFTER-SCHOOL PROGRAM PROVIDES:

Arts and Crafts

Outdoor Fun and Play

Social Time and Connection

Nutritious Dinner Provided

Registration is required.

For more information or to register, please email:

preventionprograms@nigignibi.com

MEN AND WOMEN'S CIRCLES



We are seeking community input to ensure this programming reflects the real needs, interests, and voices of community members. These groups are meant to be safe, culturally grounded spaces



**RENFREW COUNTY
LEGAL CLINIC**

NEW LOCATION!
101 KIWITA INAMO

WHAT THE RCLC CAN ASSIST WITH:

- RENFREW COUNTY LEGAL CLINIC ATTENDS ONCE A MONTH TO OFFER FREE LEGAL ADVICE AND SUPPORT.
- NO APPOINTMENT NEEDED.
- FIRST COME FIRST SERVE.

**THE RENFREW COUNTY
LEGAL CLINIC WILL BE
HERE:**

SEPTEMBER 15, 2026 2:30- 4:30PM

OCTOBER 13, 2026 2:30- 4:30PM

FOR MORE INFORMATION CALL
EMMA; THE RESTORATIVE JUSTICE
WORKER AT HEALTH SERVICES

1643 Mishomis Inamo,
Pikwakanagan, ON

(613) 625-2259 EXT 245 

NIGIG NIBI KI-WIN GAMIK

COMMUNITY DRUM NIGHT

WEDNESDAYS

BI-WEEKLY
5:30PM TO 7:30PM

All ages and genders are welcome.
Come and learn to sing with the Big
Drum, Hand Drums, or bring a craft of
your own to enjoy some time with
community.

- Big Drum and Hand Drums available for use.
- Space for community members to craft.
- Dinner Provided

5:30PM to 7:30PM

@ THE MAKWA COMMUNITY CENTRE

EVERYONE
IS
WELCOME

Children under 11 must be accompanied by adult

FOR MORE INFORMATION EMAIL : FAMILYWELLNESS@NIGIGNIBI.COM





BE A PART OF COMMUNITY KNOWLEDGE SHARING!

We're looking for Algonquins of
Pikwakanagan community members, both
on and off reserve to share:

Art -- Crafts -- Traditional Skills

- Participants will be featured in a video showcasing how they create their artform
- These videos will help preserve and share Algonquin knowledge, skills and creativity with our Algonquin Community.

If Interested, please email familywellness@nigignibi.com



TO Live



Thursday, October 15

Calling Indigenous Youth

Performance, Education, Networking

A Community Research Project About the Power of Traditional Songs

National Arts Centre
1 Elgin Street

Community Hours and/or Gift Cards and Transportation Support Available,
Indigenous Foods for Participants




Membership meeting

Join Chief and Council for an update on:

Treaty Negotiations

Saturday, November 7, 2026

Makwa Community Centre
83 Kagagimin Inamo, Pikwakanagan

Lunch beginning at 11:30 am

**Followed by
presentations / discussions**

zoom
ID: 613 625 2800
Pass: Niganizi



Omâmiwinning pimâdjowin



ANNUAL GENERAL MEETING

November 7th 2026
10:00AM - 12:00PM

WE INVITE YOU TO JOIN US FOR OUR ANNUAL GENERAL MEETING.

OUR MISSION: TO REVITALIZE, REINTEGRATE, ENHANCE AND PROTECT THE CULTURAL TRADITIONS, CUSTOMS, PRACTICES, HERITAGE, LANGUAGE, AND ARTS OF THE ALGONQUINS OF PIKWAKANAGAN FIRST NATION.

WE DO THIS BY:

- COLLABORATION AND PROVIDING CULTURAL SUPPORT TO THE PROGRAMS AND ACTIVITIES OF AOPFN;
- PRESERVE AND TEACH THE ALGONQUIN LANGUAGE TO THE MEMBERS OF AOPFN;
- GATHER AND PRESERVE THE HISTORY OF THE AOPFN AND ITS MEMBERS;
- PROVIDE CREATIVE AND CULTURAL OPPORTUNITIES FOR MEMBERS TO GATHER IN A POSITIVE ENVIRONMENT;
- SUPPORT SCHOOLS AND EDUCATORS AND OTHER FIRST NATIONS WITH INDIGENOUS EDUCATION RESOURCES AND LAND-BASED LEARNING;
- PROVIDE CULTURAL GUIDANCE/CONSULTATION TO MAINSTREAM ORGANIZATIONS WORKING IN THE SPIRIT OF TRUTH AND RECONCILIATION;
- ACT AS STEWARDS IN MAINTAINING AN URBAN ALGONQUIN PRESENCE FOR EDUCATION AND CULTURAL PURPOSES ACROSS THE TRADITIONAL TERRITORY.

WE WILL BE LOOKING FOR YOUTH AND ELDER MEMBERS TO JOIN OUR BOARD, SO IF YOU'RE INTERESTED IN UPLIFTING AND SHARING OUR CULTURE COME BY TO LEARN MORE ABOUT US.

RSVP ONLINE NOW!

IF YOU DO NOT HAVE ACCESS TO A COMPUTER AND WOULD LIKE TO RECEIVE REMINDERS ABOUT THE AGM CALL OP @ 613-625-1958

Link to Join Virtually
<https://teams.microsoft.com/join/268085454986362?p=cR8E1Hbw6vq4UTP2uAmanager@thealgonquinway.ca>



OCTOBER 2026

Healthy People. Strong Community. Brighter Together.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 National Senior's Day Foot Care Clinic	2	3
4	5	6 Strong and Steady 10am-11am Play Group 10am-11:30am	7 Chair Exercises & Games at Manor 1:30-2:30	8 Minimal staff in office	9 Office closed at 12:00	10
11	12 Happy Thanksgiving Office closed	13 Strong and Steady 10am-11am Play Group 10am-11:30am	14 Chair Exercises & Games at Manor 1:30-2:30	15 Foot Care Clinic	16	17
18	19	20 Strong and Steady 10am-11am Play Group 10am-11:30am	21 Chair Exercises & Games at Manor 1:30-2:30	22	23	24 Brain cancer awareness day
25	28 Strong and Steady 10am-11am	27 Play Group 10am-11:30am	28 Chair Exercises & Games at Manor 1:30-2:30	29 World Stroke day	30	31

Please note that event dates and times may occasionally change. For the most up-to-date information, please follow our Facebook page, Pikwakanagan Health Services, where we will post any last-minute cancellations, date changes, or time changes. If you have registered for a specific program or event, you will also be contacted directly with any important updates.



WEEKLY LOW IMPACT CHAIR EXERCISES & GAMES

Location: Tennisco Manor
Date: Every Wednesday (Except
Holidays)
Time: 1:30pm - 2:30pm



BREAST CANCER AWARENESS MONTH - OCTOBER

DO YOU KNOW HOW TO
CHECK?



REMINDER: SUBMIT **ORIGINAL** AMBULANCE BILLS FOR NIHB PROCESSING

This is a friendly reminder to submit your **original** ambulance bill to me as soon as possible so that I can forward your bill to NIHB for review and processing.

Please note that it can take some time for NIHB to process ambulance bills. By submitting your bill promptly will help avoid delays or collections agencies and speed up the payment process.

If you received an ambulance bill or have old bills, please hand in the **original** copy at your earliest convenience.



Thank you for your cooperation

Melissa Pessendawatch, CHR, Community Health Team

October Schedule

STRONG & STEADY EXERCISE PROGRAM



Location: Makwa Center

Tuesday OCT 6TH 10am-11am

Tuesday OCT 13TH 10am-11am

Tuesday OCT 20th 10am-11am

Monday OCT 26th 10am-11am



HEART WISE
EXERCISE
CERTIFIED CLASS

All are welcome, people using walkers, baby strollers, or other mobility aids. Come get some movement in, this one hour session is suitable for everyone.

MOVE AND HAVE FUN

What does the hour look like?

Group warm up (5 mins)
Walk or try Nordic Walking (20 mins)
Group cool down (5 mins)
Group exercise (standing or seated)
- Strength (10 mins)
- Balance (5 mins)
- Stretch / Mobility (5 mins)
Wrap up and discussion (5 mins)
WATER & SNACKS PROVIDED

A safe, adaptable exercise class based on Western University's Seniors Exercise Program guidelines. Exercises can be modified to suit all fitness levels and abilities. Led by Taylor, a Certified Seniors Fitness Instructor and Heart Wise Exercise Certified through the Ottawa Heart Institute. Questions? Call 613-625-2259 ext. 232. Drop-in welcome! Participants receive an exercise swag bag with their own equipment and a registration form.



Breast Screening for First Nations People

What is breast cancer?

Breast cancer is a cancer that is found in the breast. It starts when abnormal cells grow in an uncontrolled way in the breast. First Nations women are at a lower risk of getting breast cancer and of dying from breast cancer compared to other people in Ontario¹.

What is cancer screening?

Cancer screening is testing done on people who have a chance of getting cancer but have no symptoms and generally feel fine.

REMEMBER

Contact your health care provider if you notice any changes in your breasts, such as a lump or redness that does not go away, or changes to your nipple.

Also, the effects of pregnancy or breastfeeding can hide the symptoms of breast cancer or cause them to be overlooked, so it is important to be aware of them.

Changes to the breast are not always caused by cancer, but they should be checked right away.



The Ontario Breast Screening Program (OBSP) is a province-wide organized screening program that aims to reduce breast cancer deaths through regular screening for women, Two-Spirit people, trans people and nonbinary people ages 40 to 74. The OBSP screens two different groups of people: those at average risk and those at high risk.

Who should get screened for breast cancer?

Average risk ages 40 to 74:

- Most people who qualify for the OBSP can get a mammogram every 2 years.
- People ages 40 to 49 are encouraged to make an informed decision about whether screening is right for them. Generally, people in this age group have a lower chance of getting breast cancer than people ages 50 to 74. People can talk to their health care provider or call Health811 for help deciding whether to get screened.

High risk ages 30 to 69:

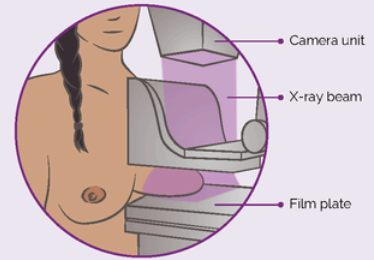
- People may qualify for the High Risk OBSP if they are age 30 to 69 and have certain gene changes, a higher chance of getting breast cancer based on their family or personal health history or had radiation therapy to the chest. People in this group are screened once a year with mammogram and magnetic resonance imaging (MRI).



What happens during a mammogram?

The most common breast cancer screening test is a mammogram. Mammograms are safe and use a low dose x-ray to take images of the breasts.

A health care provider will place one breast at a time on the mammogram machine. A plastic plate will move down slowly to press and hold the breast tissue in place, while images of the breast tissue are taken. There will be some pressure for a few seconds, which does not harm the tissue. Mammogram appointments usually take about 15 minutes.



Potential benefits of breast cancer screening

Getting screened for breast cancer regularly with a mammogram (a type of X-ray) can find cancer early, when treatment has a better chance of working and can be less intensive or invasive (easier to handle). Screening regularly also lowers the chance of dying from breast cancer.

Potential harms of breast cancer screening

You may get an abnormal result when you do not have cancer, which can lead to unneeded testing, like a biopsy (taking a small sample of tissue). A mammogram may miss a cancer, which could lead to delayed treatment. A mammogram may also find a cancer that would not otherwise cause health problems, which may lead to unneeded surgery or treatment.

What happens after my mammogram appointment?

If you have a normal result, you will receive a letter in the mail. This letter will also let you know when you should get screened again. If you have an abnormal result, the OBSP site will tell your health care provider and may also help make an appointment for you to get more testing. If you do not have a health care provider, you will be connected to one who can help with your next steps. Nine out of ten people who have an abnormal result will not have breast cancer².

How to make a mammogram appointment

Contact an OBSP location to get a mammogram. To find a location, call **1-800-668-9304** or visit ontariohealth.ca/breastscreeninglocations

Mammograms are safe, free and you can get one without an order from a health care provider. For status First Nations people, medical transportation may be provided through the Non-Insured Health Benefits Program.

For more information on breast cancer screening, please visit ontariohealth.ca/breast



¹ Timmouth, J., Leyland, S., Senese, L., Kewyosh, A., & Sheppard, A. J. (2023, November 13). Catching cancers early – How well do Ontario's organized screening programs perform for First Nations people? Aim 1: Incidence, mortality and survival of screening program cancers. Canadian Cancer Research Conference, Canada.
² Ho, T. Q. H., Bissell, M. C., Kellikowski, K., Hubbard, R. A., Sprague, B. L., Lee, C. L., & Miglioretti, D. L. (2022). Cumulative probability of false-positive results after 10 years of screening with digital breast tomosynthesis vs digital mammography. JAMA network open, 5(3), e222440-e222440.

Production of this resource has been made possible through collaboration and financial support from the Canadian Partnership Against Cancer Corporation and Health Canada. The views expressed herein do not necessarily represent the views of Health Canada or the Canadian Partnership Against Cancer.

Need this information in an accessible format?
1-877-280-8538, TTY 1-800-859-0511, info@ontariohealth.ca
Document disponible en français en contactant info@ontariohealth.ca



Canadian Food Inspection Agency's (CFIA)

Product Safety Recalls (check to see if you have recalled products, do not consume/use them)

Summerhill Market brand raspberries, frozen raspberries, frozen berry mix, frozen smoothie mix, protein power pod raspberry

Hazard: Microbial contamination – Norovirus contamination.

Distribution: Ontario

What to do: Do not consume, use, sell, serve, or distribute recalled products



PRENATAL & POSTNATAL SUPPORT PROGRAM

Bumps to Babies

Connect • Learn • Cook • Grow Together

A welcoming drop-in space for expectant caregivers and caregivers with littles from birth to 12 months.

WHEN
Thursdays • 11:00 AM–1:00 PM
October 22–December 10, 2026

WHERE
Kilby Farms
12127 Highway 60, Golden Lake, ON

Drop in and join us — no weekly commitment required



Join us for:

- Tasty, nutritious meals
- Cooking and exploring new recipes
- Pregnancy, newborn care and parenting topics
- Nutrition, wellness and self-care
- Cultural knowledge and teachings from a community Knowledge Keeper
- Guest speakers, helpful resources and community connections
- Time to share a meal and meet other caregivers

Eight weeks of activities and support, Community Health Nurse, Jessica Schwan joining selected sessions.

Everyone is welcome to come as they are. Babies are welcome.

Register at Preventionprograms@nigignibi.com



AOPFN EMPLOYMENT OPPORTUNITY

Home Maintenance Worker

Department: Tennisco Manor

Supervisor: Home Care Supervisor

\$22.39/hour - 1 yr Fixed Term - Possibility of Permanency

Deadline to Apply: Oct 23, 2026 at 4:00 p.m.

The Home Maintenance Worker provides practical home maintenance and safety support to clients to help them maintain a safe, clean, and independent living environment. Responsibilities include performing heavy housekeeping and general home maintenance tasks, seasonal outdoor maintenance, identifying potential health and safety risks, and monitoring client well-being during emergencies such as hydro outages or severe weather. The Home Maintenance Worker also assesses maintenance needs that fall outside the scope of the program and assists clients in accessing appropriate contracted services when requested. Working collaboratively as part of a multidisciplinary team, the Home Maintenance Worker supports the overall health, safety, and quality of life of clients.

DUTIES AND RESPONSIBILITIES:

1. In Home Maintenance:

- Moving furniture, washing walls and ceilings, assist with storage, washing windows, cleans cupboards, cleans ovens, minor painting, water and tend to plants, empty trash cans and other waste containers, assist with recycling and contact tradespersons for major repairs etc.
- Informs clients of home maintenance supplies and equipment required to complete tasks.
- Determines tasks that require services for maintenance that is out of scope of work and assist clients to secure contracting resources if client requests.
- Maintains friendly visiting when tasks are being completed.
- Does checks on clients during power outages, storms, or other community events.

2. Outdoor Maintenance:

- Annual yard maintenance, cutting grass, snow removal from walkways and doorways, raking, shoveling, outdoor painting, window cleaning, light brushing, and all other work to maintain yard and exterior of home.
- Will carry firewood into the client's residence.
- Water and tend to plants, empty trash cans and other waste containers, assist with recycling.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

- High school diploma or equivalent.
- Minimum one (1) year of experience in general maintenance, janitorial services, landscaping, construction, or a related field.
- Ability to perform physically demanding work, including lifting, carrying, bending, kneeling, climbing, and working in various weather conditions.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

Subject Line: Home Maintenance Worker

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
 - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
 - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
 - (Conditions Apply)

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



AOPFN Limited Partnership

Job Title	Board of Directors
Department	AOPFN General Partner Inc.
Reports to	AOPFN Chief & Council
Salary Range	Based on Board Activities (Open call for the expression of interest)

Job Summary: The Algonquins of Pikwàkanagàn First Nation Limited Partnership (AOPFN LP) is seeking experienced, qualified, and motivated individuals to serve on the Board of Directors of the AOPFN General Partner Inc. (AOPFN GP) and/or the Board of Directors of other AOPFN LP Entities. The AOPFN LP is AOPFN's sole economic development entity. The AOPFN LP is responsible for; identifying and developing revenue-generating business opportunities, delivering economic development, programs and services for AOPFN Members, managing AOPFN's retail and industrial units, managing AOPFN's fee simple properties, managing other AOPFN LP Entities, including AOPFN's construction, solar, wind, battery energy storage, and not-for-profit projects.

The AOPFN GP is a for-profit corporation registered in Ontario with a Board of Directors that is responsible for governing the activities of AOPFN LP. Each of the AOPFN LP Entities is also governed by a Board of Directors. Each board reports to AOPFN Chief & Council in their role as sole Shareholder and sole Limited Partner.

Responsibilities - The Members of the Board of Directors are responsible for:

- Regularly attending and participating in monthly meetings
- Attending and participating in annual Shareholder and Partnership meetings
- Providing operational control and management of the AOPFN GP, AOPFN LP, and/or AOPFN LP Entities
- Establishing and maintaining internal controls
- Maintaining unified communication with AOPFN Chief & Council in their role as Shareholder and Limited Partner
- Overseeing management activities, including:
- Reviewing and approving partnership opportunities, financial statements, policies and procedures in the areas of governance, human resources, and finance, annual work plans and budgets, and strategic and operational plans
- Delegating authority to the AOPFN LP Manager
- Recruiting an AOPFN LP Manager, when the position is vacant
- Ensuring compliance with applicable legislation and regulations, including the Ontario Business Corporations Act
- Developing and renewing the AOPFN GP, AOPFN LP, and AOPFN LP Entities' vision, mission, and values
- Complying with the AOPFN LP Board of Directors Policy Manual
- Conducting an annual performance evaluation of the members of the AOPFN GP Board of Directors

Qualifications:

To be a Director, an individual must be at least 18 years of age, be capable of managing property, not have an undischarged bankruptcy, not have a criminal record (involving: fraud or financial misappropriation, theft, corruption or breach of trust securities or market misconduct, operational or statutory offences, other criminal offences in the past ten (10) years, not have a known or perceived personal, familial, business, or professional conflict of interest that would impact their ability to act as a Director, not have a current claim against AOPFN, AOPFN GP, AOPFN LP, any of the AOPFN LP Entities, or any other AOPFN entity.

How to Apply - Interested individuals must submit an application package, including an expression of interest, resume/CV, and professional references, that demonstrates they have:

- An interest in supporting the vision, well-being, and prosperity of AOPFN, AOPFN Members, AOPFN GP, AOPFN LP, and AOPFN LP Entities
- Sufficient education or experience that relate to the activities, operations, and projects of the AOPFN LP (e.g., governance, legal, human resources, strategy, business development)
- A capacity to act ethically
- A capacity to develop and implement strategy
- An interest to work collaboratively with other members of the Board of Directors and
- AOPFN Chief & Council in their role as Shareholder and Limited Partner
- Governance experience, including in the areas of administration, management, and key decision-making
- Experience in the development, management, or operation of for-profit and/or not-for-profit
- entities



AOPFN EMPLOYMENT OPPORTUNITY

Personal Support Worker

Department: Health Services

Supervisor: Tennesco Manor Supervisor

\$22.63 hourly + wage enhancement as applicable

Casual with Possibility of Part-Time Permanency

Deadline to Apply: Posting will continue until roles are filled.

Appointed as Personal Support Worker - assisting the clients with their daily routines and specific activities including meals provision, housekeeping, laundry, and arrangement of medical services and other. Interacts with clients to promote and ensure the client's well-being and sense of belonging. The Personal Support Worker - shall perform all job-related functions in such a manner so as to maintain their complete confidentiality in recognition of the privacy entitlement of all members of the community. The Personal Support Worker - must be ready, willing and able to develop and maintain a good working relationship with all agencies, indigenous organization and business associates of the Algonquins of Pikwakanagan First Nation.

- Assists with meal planning.
- Scrubbing, sweeping & dusting of client's rooms.
- Participates in various activities throughout shift with the clients, such as friendly visiting, card playing, etc.
- Assists with personal care
- Contacts next of kin or families if required of client's condition or needs.
- Arranges client's health appointments when required.
- Completes client data sheets & other documents required for reports & performance indicators.
- Recognizes, reports & records safety, health risks & security needs for clients.
- Reports incidents & completes reports as required.

For full Job Description, please email hr@pikwakanagan.ca

REQUIREMENTS:

- Demonstrated good written communication skills.
- Possess certification as a Personal Support Worker (Considered an asset) OR;
- Willing to work towards PSW certification. OR;
- Health Care Aid with at least one year of experience in working with seniors or providing personal care.

CONDITIONS OF EMPLOYMENT:

- Acceptable Vulnerable Sector Check and CPIC must be provided as a condition of employment.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, K0J 1X0

hr@pikwakanagan.ca

Subject Line: Personal Support Worker

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- | | |
|---|--|
| • Pension Plan <ul style="list-style-type: none">• (Permanent EE only) | • 14 Provincial and Federal Statutory Holidays |
| • Paid Sick Days | • Health Spending Account
(Dental, Vision, Prescriptions, etc.) |
| • 4% Vacation | • Milestone Recognitions & Rewards |
| • Holiday Shutdown <ul style="list-style-type: none">• (Conditions Apply) | • Half days on Fridays prior to holiday Mondays <ul style="list-style-type: none">• (Conditions Apply) |

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.

Director of Circle and Tribunal Administration

Nigig Nibi-Ki-win Gamik is seeking a highly organized, diplomatic, and trusted professional to join our team as the Director of Circle and Tribunal Administration. The Director of Circle and Tribunal Administration's role will be to fully develop the protocols and mechanisms that support the smooth facilitation of Family circles, healing circles, and tribunals. This requires that they create and review policy for the decision-making process, as well as maintain active rosters of Circle facilitators and Tribunal members.

They will support the development, and facilitation, of the necessary training both for facilitators and Nigig staff and will ensure everyone involved is fully aware of the process and what's involved at each stage of decision-making. The Director is also ultimately responsible for ensuring that appropriate communication is provided to clients and their families that supports the understanding of their rights and responsibilities.



Position Details:

- Diploma or degree in social services or human services
- 2-3 years of experience in alternative dispute resolution
- 3-5 years of management experience
- Be a recognized member of Pikwakanagan/Algonquin community
- High level of diplomacy and discretion, including strict adherence to organizational confidentiality protocols.
- Has understanding of *Nigig Nibi Ki-win* and Circle and Tribunal regulations

Scan here for more information:



Benefits

- Competitive Salary
- Benefits & Pension Plan
- Paid Sick, Vacation & Special Leave
- 14 Statutory Holidays

Circle and Tribunal Coordinator

Nigig Nibi-Ki-win Gamik is seeking a highly organized, diplomatic, and trusted professional to join our team as Circle and Tribunal Coordinator. The Circle and Tribunal Coordinator's role will be to organize all aspects of Circle and Tribunal gatherings, including location/facility details, scheduling all participants and ensuring all relevant documents are provided as required and with support of the Clerk. The Coordinator will be required to liaise with both internal staff, and external service providers and agencies as may be necessary in the planning of tribunals and circles.

The Coordinator will also be responsible for preparing, providing and/or distributing documentation or correspondence leading up to, or during, circles and/or a tribunal, as well as the delivery of accurate and timely correspondence to legal as may be required.

Position Details:

- Diploma or degree in social services or human services
- 2-3 years of experience in event planning
- Be a recognized member of Pikwakanagan/Algonquin community
- High level of diplomacy and discretion, including strict adherence to organizational confidentiality protocols.
- Has an understanding of *Nigig Nibi Ki-win* and Circle and Tribunal regulations

Scan here for more information:



Benefits

- Competitive Salary
- Benefits & Pension Plan
- Paid Sick, Vacation & Special Leave
- 14 Statutory Holidays

Program Support Staff

Nigig Nibi-Ki-win Gamik is seeking a Program Support Staff to provide program assistance and support for day-to-day program-related matters at Nigig Nibi Ki-win Gamik Society. Must be ready, willing and able to develop and maintain a good working relationship with all Nigig staff, local and associated organizations and associations, as well as business associates of Nigig Nibi Ki-Win Gamik Society ("Nigig"), including community and community partners.

The Program Support Staff provides a complete range of professional support to the Programming team and assists in the facilitation of culturally and/or socially relevant programming to promote wholistic wellness for Algonquin children, youth and families.

The Program Support Staff will provide professional program support with integrity, professionalism, and sound judgement, as well as ensure complete confidentiality of information and respects and safeguards privacy entitlements of all members of the community.

Position Details:

- Post Secondary education related to social services, early childhood education, recreation or Grade 12 with relevant work experience
- A minimum of a "G" class licence
- Must enjoy and have experience working with children and youth
- Ability to work flexible hours, including evenings and weekends
- Maintain effective interpersonal relationships with clients, staff, management team and community

Scan here for more information:



Benefits

- Competitive Salary
- Benefits & Pension Plan
- Paid Sick, Vacation & Special Leave
- 14 Statutory Holidays



AOPFN Limited Partnership

**“CALL TO TENDER”
469 & 473 Kokomis Inamo &
12348 Highway 60
Snow removal & sanding**

Scope of work: Removal of snow and sanding of the parking lot, including snow removal at all exterior entrances at 469 & 473 Kokomis Inamo.

Contract length: November 1, 2026 to April 30, 2027- **Tender closes:** Noon October 22, 2026

Submitted tender must include:

Completed tender form (below)

If successful, you must supply the materials and supplies needed to complete the scope of work above. You are also responsible for any equipment repairs needed. ***Parking lot will need to be accessible by 7 am daily.***

Contract Award: The AOPFN Limited Partnership is not obligated to accept the lowest or any tender.

Please email Karen Brethour, Executive Assistant at the AOPFN Limited Partnership office (ea.lp@pikwakanagan.ca) or call/text Karen 613-717-4222 to arrange a site inspection to familiarize yourself with the work that needs to be completed.

Successful bidder must provide a valid WSIB clearance certificate as well as Property Damage and Personal Liability Insurance Certificate.

Submission of tender: Submit a sealed envelope, clearly marked, “Tender – Attn: Karen” and drop off to the Limited Partnership office 469 Kokomis Inamo, Unit 3 between 9 & 12 or 1 & 3 Monday to Friday.

.....

**AOPFN LP 2026-2027 winter plowing & sanding at 469 & 473 Kokomis Inamo
and Community Beach**

I _____ have completed site inspections, read the tender requirements and am hereby submitting my tender as \$_____ per month.

Date: _____ Contact #: _____

Name: _____ Signature: _____



CALL TO TENDER REMEMBRANCE DAY CATERING SERVICES

TENDER CLOSING

FRIDAY, OCTOBER 30, 2026 @ 12PM

CATERING FOR 200 PEOPLE
PROPOSED MENU WITH TOTAL COST

YOU CAN SUBMIT YOUR BID TO
PROGRAMCOORDINATOR@THEALGONQUINWAY.CA
OR
469 UNIT #2 KOKOMIS INAMO
PIKWAKANAGAN, ON
K0J1X0

RE: REMEMBRANCE DAY CATERING SERVICES

NAME: _____

CONTACT NUMBER: _____

BID: _____



Call to Tender

Algonquin Artists

Education Department, Library

Scope of Work: To paint a mural 3ft x 6ft for Pikwakanagan's Public Library. The idea is: an Elder storytelling to children around a fire.

Equipment & Materials: Artist must provide their own paint and painting supplies. Paint medium to be oil or acrylic, colour scheme, beige's, pale yellows, browns. Canvas to be wood.

Please Note:

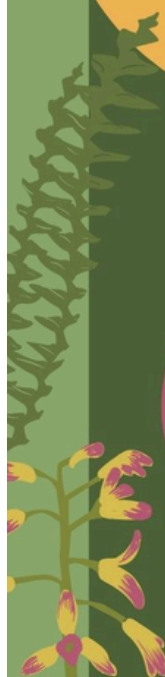
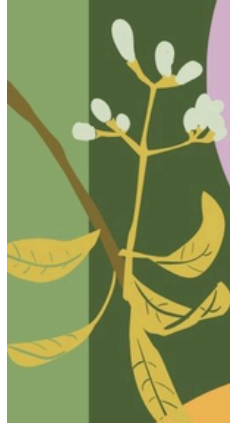
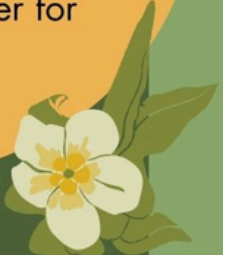
Contract Award: AOPFN's Education Department is NOT required to accept the lowest bid or any particular tender.

Tender Closing Date & Time:
October
30th, 2026
4:30pm

Tender Submission:
Submit tender to Janice,
library@pikwakanagan.ca OR in person at The Administrative Office, sealed in an envelope, labelled: Call to Tender for Library Mural

When submitting your tender please include:

- Name and Band Affiliation
- Provide examples of previous art work/portfolio
- Length of time for Mural Completion
- Cost of Mural Completed
- Contact Phone Number and Email
- Sign and date your submission





FACILITATOR TENDER MEAL PREP PROGRAM

We are seeking various facilitators to lead weekly Tuesday meal prep sessions starting in October.

The facilitator will guide community members in using their Family Facts groceries to prepare:

- Large, family-friendly freezer meals
- Easy meals that can be reheated throughout the week
- Simple snack prep for the week
- Practical recipes and meal-prep techniques

The facilitator will be responsible for planning and leading hands-on sessions while sharing knowledge around meal preparation, freezer storage, food safety, and reheating.

Interested in facilitating?

Please submit your tender, including your experience, proposed rate, and availability, to:

preventionprograms@nigignibi.com



Call for Proposals

The City of Ottawa Community Galleries Program is now accepting exhibition proposals from regional emerging and established artists, artist collectives, curators, and community arts organizations working in all media. Applications will be reviewed by a peer assessment committee who will recommend exhibitions to be presented. Selected exhibitions will be presented at either Atrium Art Gallery, or Trinity Art Gallery starting in 2027.

DEADLINE

05 NOV 2026

11:59 PM

FOR GALLERIES AT

**ATRIUM ART GALLERY
TRINITY ART GALLERY**

2027
EXHIBITIONS

FOR MORE INFORMATION

CGC@OTTAWA.CA

COMMUNITY RESOURCES:

ADDICTION Resources

Addictions Counsellors:

Gilliam McKay
&
Courney Roach
613-625-2259

Renfrew County Community Withdrawal Management:

613-432-7620

After Hours: National Overdose Prevention Line:

1-888-688-6677

After Hours: Drug Alcohol, Gambling Hotline:

1-866-531-2600

Medical & Foodbank Resources

VTAC:

1-844-727-6404

TeleHealth:

1-866-727-0000

Poison Control:

1-800-268-9017

The Sharing Place Golden Lake (11185 Hwy 60)

613-625-2600

Pikwakanagan Drug Tip Line

OPP Community Street Crime Unit in Renfrew County have established a drug tip line for Pikwakanagan First Nation. The number is:

613-689-0805.

The tip line will be monitored by Detectives within the Community Street Crime Unit (CSCU). Messages will be checked regularly. If the caller wishes to be called back, an investigator will return the call.

This line is only intended for drug-related information.

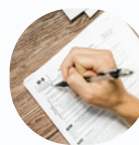
Any emergency requests for police assistance or other call for service should go through normal channels.

Renfrew County Crimestoppers is still available for drug and non-drug related tips.

- Pikwakanagan Drug Tip Line: 613-639-0805
- Renfrew County Crimestoppers: 1-800-222-8477
- Any Emergency call: 911
- OPP non-emergency line: 1-888-310-1122

Ensuring First Nations Children (0-17)

Have Access to Educational, Social
and Medical Supports



Examples of Supports Available

Mental Health Services
Speech Therapy
Dental and Vision Care
Assessments and Screenings
Medical Equipment +
Respite Care
Land Based Activities
Support with submitting new
requests Support with following
up on existing requests



CONTACT US

Pamela Scheel- Jordan's Principle
Navigator

613-401-2812
jpnnav1@pikwakanagan.ca



Regular Council Meetings

Every second and last Tuesday of the month
Beginning at 9 AM

Available to view online in the
members-only section of
www.algonquinsofpikwakanagan.com

Not Online?

Phone 613-625-2800 EXT 228
to request information on how to join.

Conways Pharmacy Remote Dispensing Location

BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

We are closed weekends and Holidays

Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you

Natalie Commanda, Pharmacy
Technician

Joseph Conway, Pharmacist



EMMENA-MADINAMAGE MIDJM
The Sharing Place
Food Bank

HOURS

OPEN the second Thursday of each month, unless indicated

10 AM TO 12 PM

JANUARY 9	FEBRUARY 13	MARCH 13 (EASTER)
APRIL 10	MAY 8	JUNE 12
JULY 11	AUGUST 14	SEPTEMBER 11
OCTOBER 9 (THANKSGIVING)	NOVEMBER 13	DECEMBER 18 (XMAS)

For information or emergency and after hour
needs phone and leave a message at:

613-625-2600

email for information or to e-transfer donations at
thesharingplacefb@gmail.com

Facebook: www.facebook.com/emmthesharingplace

ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact Rose Yankoo at

elderslodgepik@gmail.com

**Reminder - for sanitary purposes
individuals hosting meals & catering
are required to supply their own dish
cloths and towels**



Clear, Dig, Build ... Experience the Difference!

- > Licensed Septic System Installs
- > Lot Clearing & Prep
- > Trenching & Drainage
- > Sand, Gravel, Topsoil
- > Pads & Foundations
- > Driveways
- > Tree & Brush Removal

Large & Small Equipment for All Excavating Needs!

CHERYL KELLY, OWNER



ADMIN OFFICE HOURS

Monday - Friday

open **8:30am**
close **12:00pm**

open **1:00pm**
close **4:30pm**

ANIMAL CONTROL OFFICER

Available from 8:30-4:30 everyday

Laura Pelkey

613 401-9685

riverviewrescues@gmail.com

Available from 8:30-4:30 everyday



Pikwakanagan LIBRARY Opened...

Thursday: 1:00pm - 7:00pm

Friday: 9:00am - 4:00pm

(Closed 1:00pm-2:00pm Friday)



- *Laptops Available
- *Printer
- *Wifi Access
- *Indigenous Books
- *Children's Books
- *Quiet Study Space



Email: library@pikwakanagan.ca Call: 613-625-2800 ext:244

Waste Disposal:

Wednesday 12:00pm - 6:00 pm

Sundays 9:00 am - 3:00 pm

Curbside Pickup

Garbage: Wednesday

Cardboard: Thursday

Containers: Friday

For Your Information

Canadian Police Record Checks are required for anyone who is applying for:

- Membership (Applicants who are 18 years or older)
- Residency (Applicants who are 18 years or older)

Applications, Laws, and Codes are available on our website.

www.algonquinsopikwakanagan.com

Laws and By-Laws hard copies can be requested from the Lands, Estates &

Membership department.

Call 613-625-2800, Email mgr.lem@pikwakanagan.ca,
land.officer@pikwakanagan.ca,
assistant.lem@pikwakanagan.ca

Notice: Killaloe OPP Record Check applications are now online.



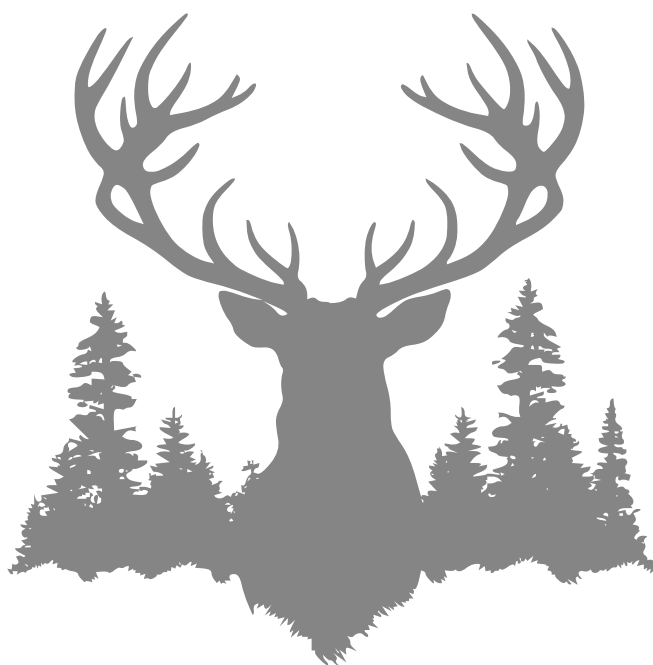
ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Gagnon, Barry	Meness	10 Apr 26	10 Oct 26
Thompson, Teddy	Commanda/Benoit	10 Apr 26	10 Oct 26
Thompson, Nora	Commanda/Benoit	10 Apr 26	10 Oct 26
Moore, Karen	Benoit	10 Apr 26	10 Oct 26
Nieman, Jennifer	Lavalley	10 Apr 26	10 Oct 26
Paige, Stephanie	Baptiste	10 Apr 26	10 Oct 26
Cort Junior, James	Meness/Ignace	15 Apr 26	15 Oct 26
Cort, Kylee	Meness/Ignace	15 Apr 26	15 Oct 26
Cort, Jace	Meness/Ignace	20 Apr 26	20 Apr 26
Jocko, Bruce	Jocko	20 Apr 26	20 Oct 26
Jocko, Haddon	Jocko	20 Apr 26	20 Oct 26
Bennett, Robert	Tennescoe	20 Apr 26	20 Oct 26
Payer, Phys	Commanda	23 Apr 26	23 Oct 26
Sarazin, Anthony	Sarrazin	23 Apr 26	23 Oct 26
Snippe, Connor	Lavallee	05 May 26	05 Nov 26
McLean, Mandy	Tenesco	05 May 26	05 Nov 26
McMunn, Christina	Commanda/Lamure	14 May 26	14 Nov 26
Olmstead, Chadwick	Lavalley	04 Jun 26	04 Dec 26
Allair, Alexandra	Tenisco	04 Jun 26	04 Dec 26
Canavan, Kirsta	Whiteduck	05 Jun 26	05 Dec 26
Canavan, Michael	Whiteduck	05 Jun 26	05 Dec 26
Shelley, Jailynn	Lavalley	05 Jun 26	05 Dec 26
Diver, Lorrie	Tennisco	06 Jun 26	06 Jan 27
Shelley, Melanie	Lavalley	06 Jun 26	06 Jan 27
Jones, Diana	Benoit/Baptiste	06 Jul 26	06 Jan 27
Jones, Georgia	Benoit/Baptiste	06 Jul 26	06 Jan 27
Jones, Leah	Benoit/Baptiste	06 Jul 26	06 Jan 27
Matt, Micayla	Tennisco	13 Jul 26	13 Jan 27
Cehade, Sherbert	Sharbot	14 Jul 26	14 Jan 27
Fawcett, Kaitlyn	Lavalley	23 Jul 26	23 Jan 27

Glassford, David	Meness	23 Jul 26	23 Jan 27
Carnahan, Kenneth	Meness	28 Jul 26	28 Jan 27
Carnahan, Cloe	Meness	28 Jul 26	28 Jan 27
Pilatzkie, Emily	Lavalley	06 Aug 26	06 Feb 27
Clee, Kimberly	Commanda/Lamure	06 Aug 26	06 Feb 27
Manderstorm, Abbigail	Baptiste	06 Aug 26	06 Feb 27
Ozawanimke, Biwaaseyaabin	Sarazin/Meness	24 Aug 26	24 Feb 27
Wawaasgoneh, Anong	Sarazin/Meness	24 Aug 26	24 Feb 27
Fitzgerald, Krystin	Benoit	24 Aug 26	24 Feb 27
Fitzgerald, Connor	Benoit	24 Aug 26	24 Feb 27
Fitzgerald, Hailey	Benoit	24 Aug 26	24 Aug 27
Birrell, Tanya	Partridge	09 Sept 26	09 Mar 27
Neal, Tanya	Benoit	09 Sept 26	09 Mar 27
Clee, Kirsten	Commanda/Lamure	09 Sept 26	09 Mar 27
Condratto, Lindsay	Meness	22 Sept 26	22 Mar 27
Green, Kevin	Lamure	22 Sept 26	22 Mar 27

To appeal the addition of one of the persons above becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at mgr.lem@pikwakanagan.ca





Pikwakanagan Members: **How to Register & Re-Register!**

1

GO TO OUR WEBSITE

Visit algonquinsofpikwakanagan.com
in your browser.

2

CLICK Register

Click the red "Register" button in the top
right corner of the homepage.

3

ENTER YOUR INFORMATION

Fill out the Member Registration Form
and submit it.

4

WAIT FOR APPROVAL

Once your request is approved, you'll
receive an email with instructions to set
your password and access the login
page.

IMPORTANT:

These emails may land in your **Junk or Spam Folder**,
so please check there if you don't see anything in your
inbox. If you run into any issues at all, just reach out to
comms.itsupport@pikwakanagan.ca - we're here to
help every step of the way!

