



The Insider, Aug. 17

Find out what's new at the RMWB on Aug. 17, 2026.

Take part in the Kairos Blanket Exercise

Join us at Helen Pachilko Park (201 Signal Road, Thickwood) on **Tuesday, August 25, from 2:30 to 4:30 p.m.** for the KAIROS Blanket Exercise.

The Blanket Exercise is an interactive, experiential learning opportunity that guides participants through the history of Indigenous Peoples in Canada and the lasting impacts of colonization. Developed by KAIROS and adapted for the Treaty 8 region, the exercise encourages reflection, understanding and meaningful dialogue.

This experience is open to all RMWB staff who are interested in learning more about the history and impacts of colonization in Canada.

Space is limited to 40 participants, so register early to reserve your spot!

Register via [Learn](#).

Please note: The Blanket Exercise is an interactive learning experience that involves participation, reflection, and discussion.

About the Kairos Blanket Exercise

The KAIROS Blanket Exercise is a powerful teaching and learning tool designed to deepen understanding of the historical and ongoing impacts of colonization on Indigenous Peoples in Canada and around the world.

Using blankets to represent the land, the exercise guides participants through key historical events and experiences, including pre-contact, treaty-making, colonization and resistance. This immersive experience helps participants develop a deeper understanding of these events and their ongoing impacts on Indigenous Peoples.

Want to know more about your pension plan?

Join us on Aug. 20 for a general overview of LAPP. We'll chat about contributions, buy backs, and retirement.

Date: Thursday, Aug. 20

Time: 8:30 to 12 p.m.

Location: Training Room 207, Jubilee Centre

Register through [Learn](#).

Marking a milestone in municipal history

Did you know the Municipality was officially designated the **Regional Municipality of Wood Buffalo** on Aug. 14, 1996?

This followed the official amalgamation of the City of Fort McMurray with Improvement District No. 143 on April 1, 1995.

Show us your summer: Enter the Summer Photo Contest and win!

If we ignore some intense rain, the summer in the region has been pretty incredible! And it's not over yet.

Submit your best summer photos from around the region to TheInsider@rmwb.ca by Aug. 28.

Need some inspiration? Photos can be of summer events, visits to the park, or walking through your favourite trail.

We'll pick the top 10 and then give you the opportunity to vote for the three winning photos in the Aug. 31 edition of The Insider! Winners can choose between a branded Yeti tumbler, candle or mug and will be announced mid-September.

Please note, all photos submitted may be used to promote summer in the region for future campaigns.

Get up close with Public Works equipment at Show and Shine!

Explore the trucks, vehicles, and equipment crews use to keep the region moving year-round at the Public Works Show and Shine!

When: Aug. 25 and 26, 9 a.m. to 12 p.m.

* Join us from 9 to 10 a.m. on Aug. 26 for a sensory-friendly hour.

Where: North Operations Centre

Staff are welcome to attend with their families and friends with permission from their supervisor.

Contact us

For questions and concerns, contact TheInsider@rmwb.ca.

For previous editions of The Insider, visit the archive on rmwb.ca/staff.