

TRI REGION FOOD RESOURCES

Updated: 2026-10-09

FOOD HAMPERS

Parkland Food Bank

105 Madison Crescent, Spruce Grove

- Monthly Food Hampers, by appointment,
- Tuesdays 9AM-12PM and 1-4PM
- Wednesday 9AM-12PM and 6-8PM
- Friday 9AM-12PM and 1-4PM
- Saturday 9AM-12PM

780-962-4565 ext. 1

WEE Community Food Bank

5019 50 Ave Entwistle AB (Old Fire Hall)

Monthly Hampers, by appointment on Wednesdays, Call before Tuesday for appointment.

780-727-4043

Wecan Food Basket

4904-52 Ave., Stony Plain, AB (Columbus Academy)

Fresh Nutritious Affordable Food Basket

Order by first Friday, pickup at back lane on third Friday of month 11AM-2PM

www.wecanfood.com

BASIC NEEDS HELP

Community Helps Team

180 Century Road, Spruce Grove

780-962-5611 / 780-306-1955

helps@sprucegrove.church

NeighbourLink Parkland

Serving Spruce Grove, Stony Plain, Parkland County

780-960-9669

www.neighbourlinkparkland.ca

office@neighbourlinkparkland.ca



COMMUNITY MEALS

Auggie's Cafe

St. Augustine's Parkland Anglican Church

131 Church Rd, Spruce Grove

Dine-in or take-out options

Tuesdays 11AM-12:30PM

*Additionally, offers selection of bread products for pickup

Food for the Soul

Kingdom Advance Church

49 Boulder Blvd., Stony Plain Dine-in

First and third Saturday 10AM-1PM

*Additionally, offers food rescue products for pickup; access to Garments of Praise for clothing and foot wear.

Grace's Table

Spruce Grove Alliance Church

250 Century Road, Spruce Grove

www.sgac.net/eventregistration

780-962-4700

Hot meal to go for pick up

Second Friday of month 5PM-6:30PM

*Additionally, offers Food Rescue products and Hampers

Community Table

Spruce Grove Community Church

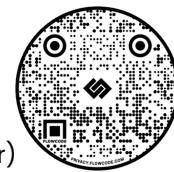
180 Century Road, Spruce Grove

780-962-5611

Hot meal to go for pick Up

Last Friday of the month (No meal in December)

*Additionally, offers Food Rescue products for pickup between 5-6:30PM on last Friday of month.



ADDITIONAL FOOD HELP

*All Meals above provide additional food resources including community pantries or food rescues as noted above.

apfa Food Rescue

Family Connection Centre

5600 50 Street, Stony Plain

Wednesdays 11AM-3:30 PM

(Check facebook for updates)