

TRIREGION FOOD RESOURCES

Updated: 2026-11-02

FOOD HAMPERS

Parkland Food Bank
105 Madison Crescent, Spruce Grove
- Monthly Food Hampers, by appointment,
- Tuesdays 9AM–12PM and 1-4PM
- Wednesday 9AM–12PM and 6-8PM
- Friday 9AM–12PM and 1-4PM
- Saturday 9AM–12PM

780-962-4565 ext. 1

WEE Community Food Bank
5019 50 Ave Entwistle AB (Old Fire Hall)
Monthly Hampers, by appointment on Wednesdays, Call before Tuesday for appointment.
780-727-4043

Wecan Food Basket
4904-52 Ave., Stony Plain, AB (Columbus Academy)
Fresh Nutritious Affordable Food Basket
Order by first Friday, pickup at back lane on third Friday of month 11AM-2PM
www.wecanfood.com

BASIC NEEDS HELP

Community Helps Team
180 Century Road, Spruce Grove
780-962-5611 / 780-306-1955
helps@sprucegrove.church

NeighbourLink Parkland
Serving Spruce Grove, Stony Plain, Parkland County
780-960-9669
www.neighbourlinkparkland.ca
office@neighbourlinkparkland.ca

COMMUNITY MEALS

Auggie's Cafe
St. Augustine's Parkland Anglican Church
131 Church Rd, Spruce Grove
Dine-in or take-out options
Tuesdays 11AM–12:30PM
*Additionally, offers selection of bread products for pickup

Food for the Soul
Kingdom Advance Church
49 Boulder Blvd., Stony Plain Dine-in
First and third Saturday 10AM–1PM
*Additionally, offers food rescue products for pickup; access to Garments of Praise for clothing and foot wear.

Grace's Table
Spruce Grove Alliance Church
250 Century Road, Spruce Grove
www.sgac.net/eventregistration
780-962-4700
Hot meal to go for pick up
Second Friday of month 5PM–6:30PM
*Additionally, offers Food Rescue products and Hampers

Community Table
Spruce Grove Community Church
180 Century Road, Spruce Grove
780-962-5611
Hot meal to go for pick Up
Last Friday of the month (No meal in December)
*Additionally, offers Food Rescue products for pickup between 5–6:30PM on last Friday of month.

ADDITIONAL FOOD HELP

*All Meals above provide additional food resources including community pantries or food rescues as noted above.

apfa Food Rescue
Family Connection Centre
5600 50 Street, Stony Plain
Wednesdays 11AM—3:30 PM
(Check facebook for updates)