

Temiskaming Shores RECREATION GUIDE

Waterfront Pool and Fitness Centre

Community Parks and Trails

Sport Fields and Facilities

Community Events

Youth Activities and Clubs



www.temiskamingshores.ca

Rzone

Policy User Guide



What is the Rzone?

The Rzone Policy is a zero-tolerance approach to violence, abuse and other inappropriate behaviours at City recreational facilities and properties. It is a focus on respect for others, and responsibility to oneself, in an effort to create safe and welcoming spaces for everyone.

The policy promotes good behaviour and gives users, visitors, and staff the tools to ensure no individual creates a space that is threatening, negative or unsafe for others.

Who does the Rzone apply to?

The Rzone Policy applies to all attendees and staff to City programs, recreational facilities and recreational properties. It applies to spectators, players, fans, coaches, officials, parents, volunteers, user groups and staff. Anyone in the building, or on the property, is bound by the Rzone Policy.

What behaviours are prohibited by the Rzone policy?

The Rzone Policy prohibits any behaviour that stands in contrast to the enjoyment of City facilities as positive, safe, enjoyable and supportive environments. Inappropriate behaviours and violence for the purpose of the policy include, but are not limited to:

- | | |
|--------------------------------|--|
| ★ Verbal assault | ★ Vandalism |
| ★ Inciting Violence | ★ Alcohol use in non-licensed facilities |
| ★ Threats | ★ Illegal drug use |
| ★ Intimidation | ★ Racism and the use of racial, ethnic or other personal slurs |
| ★ Physical violence or assault | ★ Harassment |
| ★ Theft | ★ Contravention of City by-laws or policies |
| ★ Weapons possession | |
| ★ Property damage | |



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The contents of this guide represents the services and organizations that make our community a great place to live. Please submit any additions or corrections to be included in the next version of this guide to:

City of Temiskaming Shores, Recreation Department

jthompson@temiskamingshores.ca | alexandra.leville@temiskamingshores.ca | mbahm@temiskamingshores.ca

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www.temiskamingshores.ca



The Corporation of the City of Temiskaming Shores



TemShoresCity



TemShoresCity

Waterfront Pool and Fitness Centre

The Waterfront Pool & Fitness Centre is air conditioned with spectacular views of beautiful Lake Temiskaming. The main level offers a wide variety of strength training and toning equipment to suit your needs. The equipment is very user friendly and great for both novice and advanced users. There is a great selection of cardio equipment including treadmills, ellipticals, bikes, rowers, and a stair master. The Fitness Centre also has a large selection of free weights.

CALL 705-647-5709

www.temiskamingshores.ca



IRON ROOM

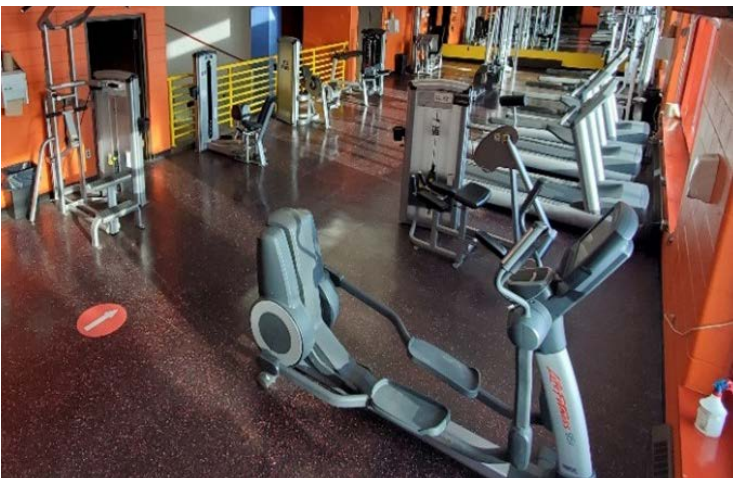
In addition to the main fitness area, we offer the Iron Room which includes a hack squat, Cybex bench press, incline press and shoulder press. There is a variety of Troy rubber hex dumbbells that range from 5lbs to 120 lbs. There is also a squat rack, bench press and preacher curl.

CROSSFIT ROOM

The CrossFit Room provides an alternative area for stretching, exercise balls for core strengthening, ab rollers and much more.

SQUASH COURT

Squash is an excellent activity to participate in for cardiovascular endurance. Come on out for a competitive, but fun game. Racquets are available to rent from the front desk. Members are entitled to book a court 48 hours in advance by telephone or at the front desk. The names of both players must be given at the time of booking and will be verified upon checking in. We request that court cancellations are done at least two hours prior to court time. The Waterfront Pool & Fitness Centre Squash Court is located on the lower level of the facility.



HOURS OF OPERATION FOR SQUASH AND WEIGHT ROOM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am 9:15 pm	6:00 am 9:15 pm	6:00 am 9:15 pm	6:00 am 9:15 pm	6:00 am 9:15 pm	8:00 am 7:00 pm	10:00 am 4:30 pm

INDOOR POOL

The aquatic facility consists of four changerooms, two saunas located in the men's and women's changerooms, an on-deck hot tub and a 30m/100ft slide. The indoor pool is 25m in length with 3 swimming lanes, a shallow end and a deep end. An accessible ramp is located in the shallow end. Lifeguards are on duty at all times during scheduled swims and lifejackets are available to borrow, free of charge.

Pool Hours: Please refer to pool schedule at the City of Temiskaming Shores website under Pool and Fitness Centre's hours of operation.

BIRTHDAY PARTIES

Celebrate your birthday at the Waterfront Pool & Fitness Centre! Available bookings on Saturdays from 4:15 pm to 6:15 pm. Includes one hour pool rental with one hour viewing room rental. Food and cake not provided. Please contact us for more information, including details on pool admittance policy, availability and pricing.

POOL RENTALS

The pool is available for private rentals on Saturdays from 4:15 pm to 5:15 pm. Please contact us for more information, including details on pool admittance policy, availability and pricing.



HAPPY HEART PREVENTATIVE CARDIAC PROGRAM

This Preventative Program is for anyone wanting to learn about living a heart-healthy, active lifestyle in an informal, supportive, comfortable environment. It is important to look after your heart NOW in order to prevent problems down the road. **Prevention is the key!**

Benefits of the Program

- Increased awareness of all the components of living a healthy lifestyle.
- Increased ability to identify risk factors for heart problems.
- Increased knowledge of how all aspects of healthy living, including eating properly, keeping control of your stress, exercising, managing cholesterol, sugar levels, blood pressure, and weight all lead to improved health.

CALL 705-647-5709

EMAIL activeoptionsbylorrie@gmail.com



DID YOU KNOW?

WE OFFER

AQUAFIT CLASSES

Join us for Aquafit every Monday, Wednesday and Friday from 9:00 am to 9:45 am.

2024 - 2025 pricing

Per class	8 classes	16 classes	24 classes
\$7.01	\$42.31	\$78.98	\$109.99

A non-resident fee of 30% will apply to residents living outside of Temiskaming Shores

CALL 705-647-5709



City of • Ville de
**Temiskaming
Shores**
Jouissez-vous de tout le meilleur de l'Ontario • Découvrez en tout son sens l'Ontario

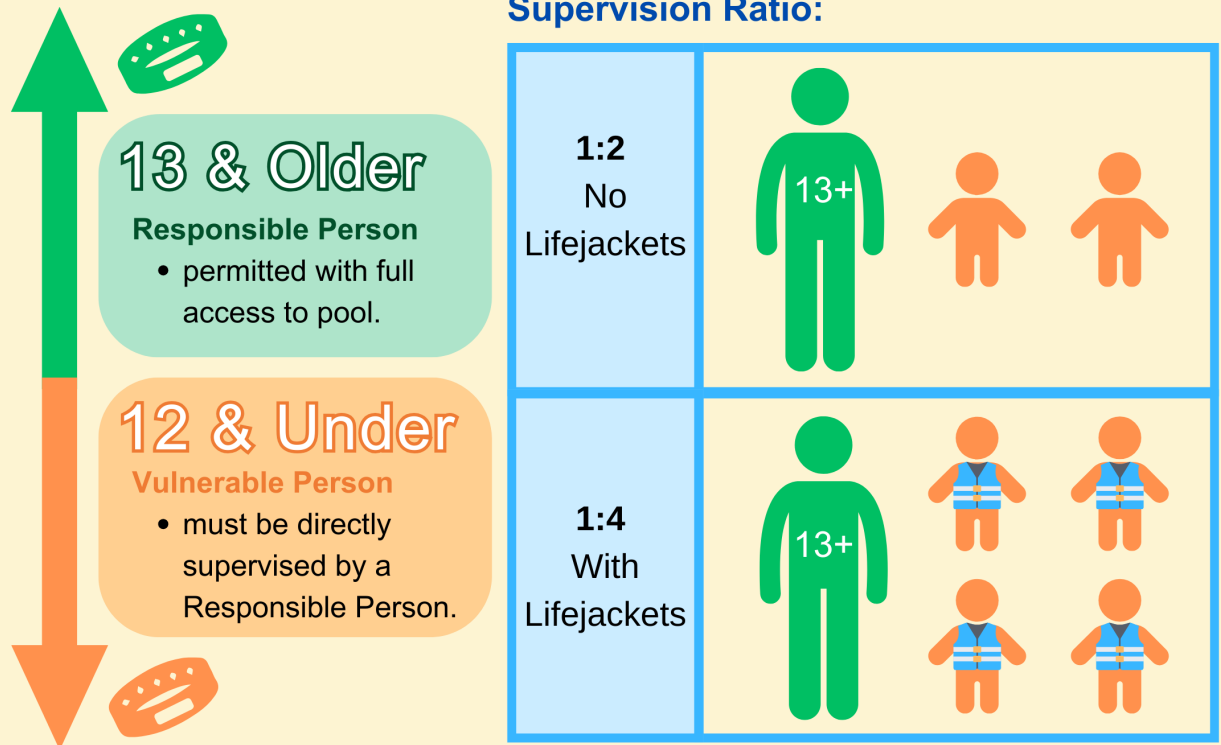
SHALLOW WATER - NO DIVING
EAU PEU PROFONDE - NE PLONGEZ PAS

FITNESS AND FUN
FOR EVERYONE!



Swim Admission Policy

Supervision Ratio:



CHILDREN 12 & UNDER

No Swim Test or Unsuccessful Swim Test

1. Will receive an orange wristband upon entry.
2. Must be directly supervised in the water at all times by a responsible person (13 years of age or older).
3. Are required to remain in the designated shallow area (beach slide included).

SUCCESSFUL SWIM TEST

Children 12 & Under may choose to take the Swim Test:

- Consisting of a 20m swim (recognizable stroke) completed comfortably, on their front, face in the water without the swimmer placing their feet on the bottom.

If successful, swimmers will receive a green wristband gaining access to both the pool slide and designated deep area.

The Lifeguard has final discretion as to the pass or fail of the swim test. They obtain the ability to conduct a swim test and reduce deep area privileges at their discretion.

POOL SAFETY

Know your limitations. Be aware of deep areas.

PFD's are available for use free of charge.

No running on pool deck.

Feet first please. No diving in the pool. The shallow end is .9 m and the deep end is 1.98 m.

No wrestling or rough play.

Report faulty equipment to staff.

No prolonged breath holding or breath holding games.

The floating mats are for the shallow end only.

Aquatic Wheelchair is available.

If we experience an unexpected increase of patrons during a swim time, the use of the slide may not be guaranteed.

Remove shoes before entering change rooms or pool area.

Finish eating and drinking before entering change room.

Plastic water bottles are permitted on deck.

No open or glass containers are allowed in the change room or pool area.

Protect your belongings by securing them in a locker.

Do not bring valuables to the facility.

Lifeguards must be obeyed promptly and at all times

POOL RULES AND GUIDELINES

Alert Staff of any medical problems (heart condition, epilepsy, etc.).

Do not swim if suffering from a cold, flu, bacterial or viral infection, communicable disease or severe skin condition. Do not enter the pool if you currently suffer from diarrhea or have had diarrhea within the last two weeks.

Report Discharges (vomit, blood, feces) immediately to staff for cleaning. Water contamination may result in a long and costly pool cleaning and shut-down.

No spitting or spouting of water or blowing of nose in the water.

Limit your stay in the sauna or whirlpool to no longer than 10 minutes at a time. Please consult a doctor if you have epilepsy, diabetes, high blood pressure, heart conditions or are pregnant prior to using sauna or whirlpool.

Clean swimming apparel is required in the pool.

Take a cleansing shower before every swim to avoid carrying dirt, bodily secretions, bacteria or residue from hygiene products into the pool.

Use washroom facilities before swimming, especially children.

Children who are not toilet trained must wear waterproof diapers.

Ensure children and/or adult diapers are properly secured and changed regularly to prevent over saturation and leakage.

Person(s) under the influence of intoxicants will not be allowed into the facility. Consumption of alcohol and/or drugs on the premises is not permitted.

The use of cellular phones, personal digital assistants, and digital cameras in the change rooms, washrooms, whirlpool and pool are prohibited.



Pool Policies

SWIM ADMISSION POLICY

The Swim Admission Policy must be followed during all public programs. Swimmers failing to meet or follow the Swim Admission Policy will not be permitted into the facility.

CELLPHONE POLICY

The use of cellphones and digital cameras on the pool deck or change rooms is prohibited. Special considerations are made during the private swim rentals, or on the last day of swimming lessons with the instructor's consent. This is to protect all swimmers and vulnerable persons while in their bathing attire.

SPA POLICY

Children under the age of 12 must be accompanied by a guardian aged 16 or older while in the spa. *O.Reg 565/90*

WATERSLIDE POLICY

In order to ride the slide, swimmers must be 42 inches tall (107 cm) and pass the facility swim test.

HEALTH CONDITIONS

Please alert the on-duty lifeguard of any medical conditions, so that they can be of best support to you in an emergency situation.

SHOWER & HAIR POLICY

All swimmers must shower prior to entry to the pool deck. All hair shoulder-length or longer should be tied back. Long hair or jewelry may become trapped and lead to injury or water related emergencies.

DIAPERS

All persons wearing diapers must wear a water-diaper in the pool. Regular diapers will explode and contaminate our filters, resulting in a facility shut-down.

APPROPRIATE CHOICES OF SWIMWEAR

- Bathing suit
- Swim trunks or board shorts.
- T-shirts and shorts
- Burkini
- Swim hijab, leggings and tunic
- Rash guard
- Wetsuit
- Freshly laundered clothes brought in a changing bag (lightweight)

INAPPROPRIATE CHOICES OF SWIMWEAR

- Cut-off jeans
- Regular Diapers
- Clothes that were worn into the facility
- See-through shirts exposing genitalia or breasts
- Underwear only

Public Pool Programs

Rec Swim

- Swimmers of all ages permitted
- Enjoy the use of the Pool, Spa and Slide
- Max Capacity: 129 swimmers

Parent & Tot Swim

- For Children age 6 or younger accompanied by a parent or guardian
- Enjoy the shallow portion of the pool in a small-child friendly environment

Lane Swim

- Only lap swimming permitted (Therapy Swim times listed to include head-up swimming and use of the pool for therapeutic movement)
- Max Capacity: 12 swimmers

Adult Swim

- Swimmers age 18 or older permitted
- Enjoy the use of the full Pool, 2 lanes & Spa

Aquafit

- Swimmers age 13 or older permitted
- 45 minute instructor-led water-aerobic class

Program Registration

If you have never registered for a City of Temiskaming Shores program or rented one of our facilities please follow the instructions below.

Visit the City's website at www.temiskamingshores.ca, and on the main page you will select Program/Facility Portal. A new screen will open with the Program Catalog. If you are looking to purchase a membership, choose Memberships, Programs for our aquatics programs or Facilities to book a facility.

For parents enrolling children into programs please be sure to create a family account with yourself as the billing client and your children as family members.

To create an individual account, complete the Billing Contact Form by providing all required information and then click the Next button. Note: You can still add family members to your account later by logging on to your account and clicking on the Family Members Tab.

To create a family member account, complete the Billing Contact form by providing all required information. Click the Next button to continue to the Add Family Member screen. Complete all the required fields for the family member and then click the Save & Add Another button to save the family member and proceed to enter another family member to your account. Click the Finish button once you have added all of your family members to your account. Note: You can add additional family members to your account later by logging onto your account and clicking the Family Members tab.

Once you have completed the above steps, you will be sent an Account Activation Email. To activate your account, click on the link provided in the email.

FOR EXISTING CUSTOMERS

If you have registered for a program or rented one of our facilities in the past but do not have an online account, please do NOT create a new account. Please contact us at 705-647-5709 or email alexandra.levaille@temiskamingshores.ca to activate your existing account. Once we enable your online access, you will receive an Account Activation Email. Follow the instructions to access your online information.

CALL 705-647-5709

EMAIL alexandra.levaille@temiskamingshores.ca

HOW DO I WITHDRAW FROM A PROGRAM?

To withdraw from a program, please contact us for assistance. Refer to our Refund Policy for additional information on our website.

www.temiskamingshores.ca



**SPLASH
INTO FUN**
BY REGISTERING YOUR
FAMILY ONLINE TODAY!

The Waterfront Pool and Fitness Centre

Aquatic Lessons, Programs and Courses

You can spot Water Smart® kids right away. They're the ones who know how to swim and behave safely around water. The Lifesaving Society's Swim for Life® program makes sure your kids are Water Smart® before they get in too deep. You're never too young to start, and never too old to learn. Swim for Life® offers different strokes for different folks – of all ages and abilities.



Swim for Life Level Descriptions



Age 4 months - 3 years

PARENT AND TOT

Parent and Tot Levels ages 4 months (able to hold head up) to 3 years old with a parent or caregiver. A rewarding experience for adults with infants or toddlers. These levels introduce the joys of water activity while stressing parental responsibility in, on and around the water. Class length – 30 minutes.

Prerequisite - ages 4 months (able to hold head up) to 3 years old with a parent or caregiver

Age 3 - 5 years



PRESCHOOL

Preschool 1 - Prerequisites: For kids 3-5 years old just starting out on their own, with little or no experience but comfortable in a class without mom or dad.

Preschool 2 - Participants can comfortably move and float with assistance and put their faces in the water with eyes open and exhale in a relaxed manner.

Preschool 3 - Participants can float on front and back in PFD without assistance; swim 3 m on front and back any way with an aid; and exhale under water 5 times without pause.

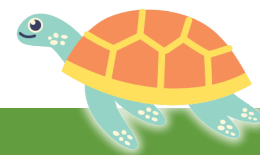
Preschool 4 - Participants can float and move in deep water with assistance; breathe rhythmically 10 times; flutter kick while gliding on front and back 10 m, recover objects from the bottom.

Preschool 5 - Participants are able to support themselves at surface, swim 5-10 m on front and back, and are introduced to the whip kick. If a 5-year-old has completed Preschool 5, they advance into Swimmer 2.

Prerequisites: For kids 3-5 years old



Age 5 - 12 years



SWIMMER 1-6 PROGRAM

The Lifesaving Society's 6-level Swimmer program makes sure your children learn how to swim before they get in too deep. Swimmer progressions accommodate children 5 years and older including absolute beginners as well as swimmers who want to build on the basics. We stress lots of in-water practice to develop solid swimming strokes and skills. We incorporate Lifesaving Society Water Smart® education in all Swimmer levels.

SWIMMER 1

These beginners will become comfortable jumping into water with and without a personal flotation device. They'll learn to open their eyes, exhale and hold their breath underwater. They'll work on floats, glides and kicking through the water on their front and back.

SWIMMER 2

These advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a personal flotation device. They'll be able to support themselves at the surface without an aid, learn whip kick, swim 10–15 m on their front and back, and be introduced to flutter kick interval training (4 x 9–12m).

SWIMMER 3

These junior swimmers will dive and do in-water front somersaults. Their new bag of tricks includes handstands and completion of the Canadian Swim to Survive® Standard. They'll work on 10–15m of front crawl, back crawl and whip kick. Flutter kick interval training increases to 4 x 25 m.

SWIMMER 4

These intermediate swimmers will swim 5 m underwater and lengths of front, back crawl, whip kick, and breaststroke arms with breathing. They'll cap it all off with front crawl sprints over 25 m and 4 x 25 m front or back crawl interval training.

SWIMMER 5

These swimmers will master shallow dives, cannonball entries, eggbeater kicks, and in-water backward somersaults. Surface dives will take them down to underwater swims. They'll refine their front and back crawl over 50 m swims of each, and breaststroke over 15–25 m. Then they'll pick up the pace in 25 m sprints and two interval training bouts: 4 x 50 m front or back crawl; and 4 x 10–15 m breaststroke.

SWIMMER 6

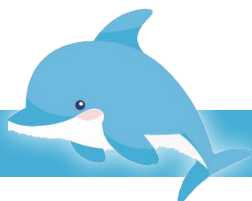
These advanced swimmers will rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps and lifesaving kicks like eggbeater and scissor kick. They'll develop strength and power in head-up breaststroke sprints over 25 m. They'll easily swim lengths of front crawl, back crawl and breaststroke, and they'll complain about the 300 m workout.

THE LIFESAVING SOCIETY'S 3-LEVEL CANADIAN SWIM PATROL PROGRAM

The Lifesaving Society's 3-level Canadian Swim Patrol program provides enriched training for those who want to develop swim strokes and skills while having fun in the challenging world of lifesaving. Swim Patrol develops swimming strength and efficiency with emphasis on Water Smart® behaviour. Skill drills enhance capability in the water, good physical conditioning and lifesaving judgment.

Age 8 - 15 years

SWIMMER 7-9 PROGRAM



SWIMMER 7 - ROOKIE

Swimmers continue stroke development with 50m swims of front crawl, back crawl and breaststroke, lifesaving sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS & treatment for bleeding.

SWIMMER 8 - RANGER

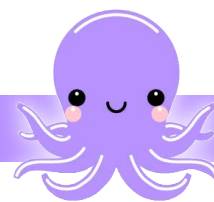
Swimmers continue stroke development with 50m swims of front crawl, back crawl and breaststroke, lifesaving sport skills include a 25 m obstacle swim and 15 m object carry. First aid focuses on assessment of conscious victims, contacting EMS & treatment for bleeding.

SWIMMER 9 - STAR

Swimmers are challenged with 600m workouts, 300m timed swims and a 25m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone, joint injuries & respiratory emergencies including asthma & allergic reactions. Lifesaving skills include defense methods, victim removals & rolling over & supporting a victim face up in shallow water.

Age 16 years and up

TEEN / ADULT PROGRAM



TEEN / ADULT 1

Just starting out swimming lessons. Able to jump into water with/without a PFD, open eyes and exhale under water, get objects off the bottom, and float and move through the water on front and back.

TEEN / ADULT 2

Able to jump into deeper water, fall sideways into water wearing a PFD, support self at the surface without an aid, do whip kick and swim 10-15m on front & back. Able to do cannon balls, dives and rolls into deep water, can tread water, swim under water, swim front and back crawl and can do an endurance swim of 25-50m.

TEEN / ADULT 3

Able to do dives and stride entries, eggbeater kick, feet first surface dives, front and back crawl, whip kick, breaststroke arms, and endurance swim of 50-100m.



Aquatic Leadership Courses

CITY OF TEMISKAMING SHORES WATERFRONT POOL & FITNESS CENTRE AQUATIC LEADERSHIP COURSES

WHAT TO BRING TO A COURSE?

- You will need to bring the original certification of the prerequisites required for each course. Be sure to consult individual course descriptions for prerequisites required.
- Course materials and schedules are outlined in the course descriptions.
- Course required manuals may be purchased at the front desk.
- Bathing suit(s) and towel(s) will be needed for the water portions of courses.
- Other items you may be required to bring include: comfortable clothing, a whistle, notebook/paper, pens, lunch/dinner, snacks and money.

WHY A JOB IN AQUATICS?

1. Make a difference and potentially save a life by teaching people how to swim.
2. The best people skills are acquired when you interact daily with adults, children, seniors and special populations.
3. Keep your cool in any emergency because you will receive the best training and will practice with your co-workers to ensure you are ready for anything.
4. This job will prepare you for many careers: nursing, paramedic, doctor, teacher, recreation leadership, youth worker, etc.
5. A good reference can help you get to where you want to go and good job performance here is always something we like to brag about.

DID YOU KNOW?

WE OFFER

EQUIPMENT RENTALS

Snowshoes and Trekking Poles are available for rental at the Waterfront Pool and Fitness Centre and Temiskaming Shores Library. Also, during the summer months ask us about signing out our Horseshoes or Pickleball equipment, and Basketballs.

Waterfront Pool and Fitness Centre

CALL **705-647-5709**

Temiskaming Shores Library

CALL **705-647-4215**



HOW TO BECOME A LIFEGUARD AND SWIM INSTRUCTOR

1

BRONZE MEDALLION WITH EMERGENCY FIRST AID & CPR-B

Bronze Medallion teaches an understanding of the lifesaving principles embodied in the four components of water-rescue education, judgement, knowledge, skill and fitness. Rescuers learn tows and carries, defence methods and releases in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a 500 m timed swim.

Prerequisite: Minimum 13 years of age

100% Attendance

2

BRONZE CROSS WITH STANDARD FIRST AID, CPR-C & AED

Bronze Cross is designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is a prerequisite for all advanced training programs including National Lifeguard and Instructor certification. Includes a timed 600 m swim. Bronze Cross is recognized as an assistant lifeguard certificate.

Prerequisite: Bronze Medallion and Emergency First Aid certifications (need not be current)

Only recognized certifying agencies accepted by the Lifesaving Society are: Lifesaving Society, Canadian Red Cross, St. John Ambulance or Canadian Ski Patrol

(as outlined in the Ontario Public Pool Regulation 565/90)

100% Attendance

3

NATIONAL LIFEGUARD CERTIFICATION



National Lifeguard certification is the industry standard for professional lifeguards in Canada. National Lifeguards are water rescue professionals trained in emergency care. They prevent accidents. They are trained to spot potential trouble and intervene before it becomes life-threatening. They identify hazards and determine safe practices. They educate the public about the hazards and risks associated with aquatic activities and how to be Water Smart®. **Lifeguarding** is an exciting and rewarding job that carries great responsibility. Guards take courses and train hard for events they hope will never happen and which they work hard to prevent. National Lifeguards are always training to keep their skills, knowledge and fitness sharp. They are required to keep other important certifications such as CPR and first aid up-to-date. National Lifeguard is Canada's only nationally recognized lifeguard certification program. National Lifeguard is a legal certificate for lifeguarding throughout the country. It is the only lifeguard certificate recognized by the province of Ontario for lifeguarding public swimming pools.

Prerequisites: Minimum 15 years of age, Bronze Cross, and Lifesaving Society Standard First Aid (need not be current) or Standard First Aid from one of the approved agencies.

100% attendance is required

**ALL REGISTRATION IS ON THE CITY OF
TEMISKAMING SHORES WEBSITE.
www.temiskamingshores.ca**

AGE REQUIREMENTS

Candidates must turn the identified age prior to the last scheduled day of the course.



SWIM INSTRUCTOR COURSE

The Lifesaving Society Swim Instructor course prepares the instructor to teach and evaluate basic swim strokes and related skills. Candidates acquire proven teaching methods, a variety of stroke development drills and correction techniques. Current Swim Instructors teach and certify candidates in all levels of the Swim for Life program.

Prerequisites: 15 years of age by the end of the course; Bronze Cross certification (need not be current).

100% attendance is required

Manuals Required: Swim Instructor Pack (includes Instructor Manual, Swim for Life Award Guide, Teaching Swim for Life and Leadership Binder). The required manuals may be purchased at the Pool & Fitness Centre front desk.

www.temiskamingshores.ca

LIFESAVING INSTRUCTOR COURSE

The Lifesaving Society Instructor course prepares instructors to teach the Lifesaving Society's:

- Canadian Swim Patrol Program
- Bronze Star, Bronze Medallion, Bronze Cross
- Lifesaving Fitness, Distinction
- Basic and Emergency First Aid, and CPR-A,
- CPR-B and CPR-C

Prerequisites: 15 years of age by the end of the course; Bronze Cross certification (need not be current).

100% attendance is required

Manuals Required: Lifesaving Instructor Pack (includes Instructor Manual, Swim Patrol Award Guide, Bronze Medals Award Guide, First Aid Award Guide, Leadership Binder). The required manuals may be purchased at the Pool & Fitness Centre front desk.

www.temiskamingshores.ca



COURSE ATTENDANCE

Please note that 100% attendance is required to complete any aquatic leadership course (late-ness is equivalent to absence).

CHECKING YOUR QUALIFICATIONS

Don't get turned away at the first class. Make sure you have the proper course prerequisites.

www.lifesavingsociety.com

- Click on Find a Member (right hand side of homepage)
- Enter in your Lifesaving Society membership number located on the bottom of any of your certification cards from the Lifesaving Society.



DID YOU KNOW?

WE HAVE

COMMUNITY GARDENS

The Waterfront Pool & Fitness Centre provides 11 community garden boxes that are available free of charge for use by citizens of Temiskaming Shores. Thank you to the businesses in the area for their generous sponsorship of the Community Gardens.

If you are interested in reserving a garden box for the summer please contact the Pool & Fitness Centre reception.

CALL **705-647-5709**





Haileybury & New Liskeard Marinas

HAILEYBURY MARINA

The Haileybury Marina is a full-service marina on the west side of Lake Temiskaming on the Haileybury waterfront. This Marina has 66 slips in total with 38 slips with water and hydro hook-ups. There is also a free boat launch. To reserve slips contact (705) 672-3363.

TO RESERVE SLIPS 705-672-3363
HARBOUR MASTER (CHANNEL 68 & 16) 705-672-5889
MARINA ATTENDANT 705-648-3806

NEW LISKEARD MARINA

The New Liskeard Waterfront Marina is located on Lake Temiskaming near the mouth of the Wabi River next to downtown New Liskeard. The marina has 82 slips with water and electricity hookups. There is also a free boat launch.

TO RESERVE SLIPS CONTACT
TEMISKAMING POWER SPORTS 705-622-2818

EMAIL info@tpowersports@gmail.com

The Marina is open from Victoria Day to Thanksgiving.

HOURS OF OPERATION MAY TO JUNE

Monday	11 am - 6:30 pm
Tuesday	11 am - 6:30 pm
Wednesday	11 am - 6:30 pm
Thursday	11 am - 6:30 pm
Friday	11 am - 6:30 pm
Saturday	11 am - 6:30 pm
Sunday	11 am - 6:30 pm

HOURS OF OPERATION SEPTEMBER TO OCTOBER

Community Parks and Trails

The City of Temiskaming Shores has a wide variety of parks of all shapes, sizes and locations.

Most residents within the urban cores live within a ten-minute walk from a park with amenities. Larger play structures and amenities are located on the New Liskeard and Haileybury waterfronts where great views of Lake Temiskaming combine amazing recreation amenities for all ages. Many of our playgrounds have been recently updated with CSA approved equipment and soft rubber surfacing. Get out today and see just what Temiskaming Shores has to offer!



TEMISKAMING SHORES ROTARY SPLASH PAD

Cool off every summer at the Temiskaming Shores Rotary Splash Pad. The city's splash pad includes engaging water features such as shower heads and spray jets with various activated, in-ground and above ground features that spray water in difference patterns and directions, cooling visitors off on hot summers days. The splash pad provides hours of children's play in a free and inclusive way for families to enjoy active outdoor summer fun.

Each year, the splash pad is open approximately June 1st to the end of the labour day weekend, weather permitting. Please note that the splash pad is a unsupervised water play area. Parents need to supervise their children at all times while visiting the splash pad.



MURRAY DANIELS DOG PARK

Welcome to Murray Daniels Dog Park! A 50,000 sq/ft fenced canine oasis!

Park rules;

- Dog owners and park users assume ALL risk related to park use.
- Open from sunrise to sunset every day.
- Dog owners must always be present and within view of their dogs.
- Dogs must be under voice control while off-leash.
- Aggressive dogs are not allowed in the park.
- Dog owners must always have a leash in hand.
- Female dogs in heat and puppies under 6 months of age are not permitted in the park.
- Any holes dug must be filled in by the dog owner.
- All feces must be picked up by the dog owner and removed or disposed in waste receptables.
- No glass or ceramic allowed within the park.
- All dogs must be licensed with their local municipality.

Located on Lake View Avenue, North Cobalt



BUCKE PARK

Bucke Park is a short and long-term campground located at the southern boundary of the City of Temiskaming Shores – only a ten-minute drive from Haileybury! It offers forty-six sites that service seasonal and transient campers, both RVs and tents. A northern gem with these great services:

- Potable Water
- 30 Amp Electrical Service,
- Washrooms
- FREE Hot Showers
- Sand Beach
- Kids Playground
- Great Shore Fishing
- Boat Launch and Docking Slips
- Winter RV Storage
- Entry to the Devil's Rock Trail System

The campground is open from the long weekend in May to October Thanksgiving Weekend.

CALL 705-622-2272

EMAIL sylvain@eastlink.ca





PETE'S DAM

PETE'S DAM

In the spring of 1906, Kalil (Big Pete) Farah embarked upon a project to build a steam powered plant that would supply the Town of New Liskeard. Big Pete bought the power site at Chester Falls from Tom Chester and a dam was built above these falls on the south branch of the Wabi River. In 1910, Farah sold Pete's Dam and its assets to the Northern Ontario Light and Power Company. New Liskeard then received its power from the line that linked them to Cobalt, its neighbour to the south. The power plant went out of service in the 1920's and was sold to the Hydro Electric Power Commission of Ontario. In 1981, Dymond Township bought the property and it is now known as Pete's Dam Park. The little electric plant no longer exists but the beauty of the waterfall and rapids draws many locals and visitors for picnicking and hiking. The park boasts an easy 2.4 km hike along the river with many amazing views. A picnic shelter and parking lot are available at the trailhead off Pete's Dam Road. Pete's Dam Park is located within the City of Temiskaming Shores approximately an 8 minute drive from downtown New Liskeard.



STATO TRAIL

SOUTH TEMISKAMING ACTIVE TRAVEL ORGANIZATION (STATO TRAIL)

In 2004, The South Temiskaming Active Travel Organization (STATO) was formed as a result of community members' interest in promotion and development of an active transportation route through the City of Temiskaming Shores, highlighting the waterfront.



In 2008, they began the construction of 20 kilometers of paved bike path, complete with bollards, rumble strips, lines and stamping. They continue to work towards the vision of linking the trail to schools, fitness facilities, and different parts of town to make it more accessible.

To date, almost 21.4 km has been completed and the surfaced trail is accessible to all residents and visitors, is wheelchair accessible and provides recreational opportunities to people of all walks of life. Residents

of and visitors to Temiskaming Shores can enjoy the benefits of walking, strolling, cycling, jogging, roller blading and other non-motorized activities throughout the City on a safe route.

Through the Active Travel Committee, STATO continues to increase awareness and promote physical activity for a healthy community, as well as economic growth and recreation development.



BikeTemiskamingShores

ROCK WALK PARK

Rockwalk Park INC members would like the community to know that their "Geological Museum", located on the grounds of Northern College, Haileybury Campus, is open to all as a free recreational and educational site for the local public and tourists as well. Initiated as a Millennium project, the Museum now hosts almost 200 massive geological displays. (There are additional displays within the Foyer of the Northern College building itself.)

In 2022, the geological education experience was enhanced with new signage that includes QR Coding. With QR apps available on most smart phones, the visitor can now have a French/English "personal guide" on their tour. Seek Rockwalk Park on Facebook for additional videos and educational features.

The wide interlocking brick pathway allows for wheelchair access past every exhibit. Also included is an Arboretum with signage that identifies the trees that are typical of our region. The full circuit is just under 1 km in length through the 2 ha. outdoor facility. Internet connection at <http://www.rockwalkpark.ca>

As a charitable organization, Rockwalk Park INC is now in the development stage of the Temiskaming Rift Valley Aspiring Geopark (TRVAG).

For more information view our initial website at Temiskaming Rift Valley Aspiring Geopark – Celebrating Our Geological Heritage – Enriching Our Communities and make contact with us there. TRVAG is actively seeking your support!

Rock Walk Park

640 Latchford Street, Haileybury, ON





NASTAWGAN TRAILS

NASTAWGAN TRAILS

A non-profit organization that promotes hiking and hiking trails in the Temiskaming region. They provide information on area trails through their social media and website. You and the family can find detailed maps linked on their website!

EMAIL hikers@nastawgantrails.org

WEB [http:// www.nastawgantrails.org/](http://www.nastawgantrails.org/)



Nastawgan Trails Inc.

DEVIL'S ROCK (MANI-DOO AJA-BIKONG) TRAIL

The Devil's Rock Trail system is an easy 2 km hike from Highway 567 or a very scenic 3 km climb from Bucke Park. Trails lead to the breathtaking view of Lake Temiskaming!

After hiking the safe and scenic route, enjoy the 180-degree vista of Lake Temiskaming from atop the towering cliff. Devil's Rock is a fault cliff dated to 2.2 billion years. It has a face of 600 feet rising 300 feet above the water level. Interesting features are the scars of mining tunnels chiseled during the silver rush era. Please use caution while on the trail and at the vista. Devil's Rock Trail is an 11 minute drive from downtown Haileybury.





SCENIC PARKS AND TRAILS!



TEMISKAMING SHORES

Sport Fields and Facilities

DYMOND BALL FIELDS

Dymond Sports Park, on Laurette Street, is located in the Dymond Subdivision. The two fields at the Dymond Ball Park are home to the Temiskaming Shores Minor Ball program which has teams from t-ball to 17 years. A concession stand and washrooms are open seasonally.

NEW LISKEARD BALL FIELDS

Algonquin Regiment Memorial Beach Park is located at 490 White Drive in New Liskeard. These ball fields are available for youth, men, women and mixed leagues. Two fields are equipped with lighting to allow for night-time games and there are washroom facilities available seasonally.

HAILEYBURY BALL FIELDS

Rotary Farr Park is located at 430 Morissette Drive in Haileybury. Rotary Farr Park is home to two fields that host adult and youth ball. These fields are both equipped with lighting for evening games and washroom facilities are available seasonally.

LEAGUE CONTACT INFO

TEMISKAMING SHORES MIXED SLOW PITCH

Theo Cull

CALL 705-622-2578

EMAIL theocull@gmail.com

MEN'S SLOW PITCH

Abe Doupe

CALL 705-676-5300

EMAIL abedoupe@hotmail.com

LADIES' SLOW PITCH

Melissa Lacarte

CALL 705-648-5182

RURAL YOUTH MIXED LEAGUE

Alex Regele

CALL 705-648-5132

EMAIL alexregele@hotmail.com



DID YOU KNOW?

THE CITY MAINTAINS 7 BALL DIAMONDS

The City of Temiskaming Shores maintains seven ball diamonds of various sizes including five lit diamonds. Ball diamonds are used by men's, women's, mixed, and youth leagues from May to September. Rentals can be completed by contacting the City of Temiskaming Shores.

CALL 705-672-3363

EMAIL info@temiskamingshores.ca



NEW LISKEARD BASKETBALL COURT

BASKETBALL COURTS

There are four basketball courts within the City of Temiskaming Shores. They are located in Dymond, New Liskeard and Haileybury.

- Dymond - 3 on 3 court within Dymond Firefighters Park on Laurette Street
- New Liskeard
 - Full court at the Pool and Fitness Centre on 77 Wellington Street
 - Full court at the Lions Court
- Haileybury - 3 on 3 court in Rotary Farr Park on 430 Morissette Drive



VOLLEYBALL COURTS

Three beach volleyball courts are maintained within Algonquin Regiment Memorial Beach Park in New Liskeard. Nets are placed to allow for free use throughout the summer months.



BEACHES

The City of Temiskaming Shores has two municipal beaches on beautiful Lake Temiskaming. The Haileybury Beach located in downtown Haileybury is a completely enclosed, sand beach, with treated water, large waterslide, changerooms and is staffed by lifeguards throughout the season. The beach is typically open from mid-June to the end of August and this one-of-a-kind place is a great spot to cool off during the hot summer months.

Located in New Liskeard is a 0.5 km stretch of sandy beach along Lake Temiskaming's north-west shore. This unsupervised beach is perfect to stop by for a quick dip before enjoying the many amenities located nearby.

RIDING RING

The City of Temiskaming boasts a 225' x 115' sand riding ring right next to downtown New Liskeard. Home of the New Liskeard Fall Fair, this facility is available to the public for use throughout the summer months. A no-cost permit from the City of Temiskaming Shores is required to use the riding ring. Ring usage must be booked through the City.

Ring users must provide the City of Temiskaming Shores with a copy of their current year's liability insurance. A signed waiver of liability is also required and can be obtained by contacting the email below. Waivers are also available at www.newliskeardfallfair.ca

CALL 705-672-3363

EMAIL info@temiskamingshores.ca

TENNIS AND PICKLEBALL COURTS

There are two tennis centers located within the City of Temiskaming Shores. Each tennis center has nets for regular tennis play as well as pickleball. Lights are available at the New Liskeard Tennis Courts until 10pm each evening on demand.

NEW LISKEARD LION'S COURTS

Two tennis courts and four pickleball courts are available for use throughout the summer months.

Located at 78 Wellington St South, across from the Pool and Fitness Centre.

HAILEYBURY TENNIS COURTS

Two tennis courts available for use throughout the summer months.

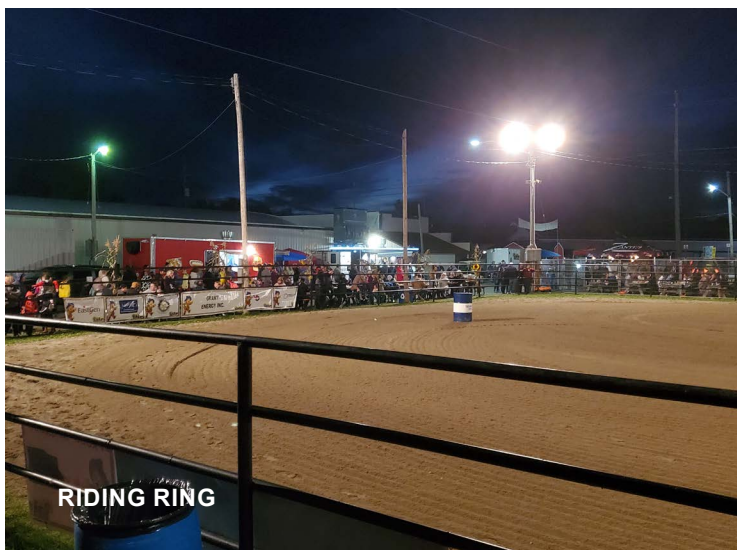
Located at 430 Morissette Dr, Haileybury within Rotary Farr Park.



NEW LISKEARD BEACH



HAILEYBURY BEACH



RIDING RING



NEW LISKEARD LION'S COURTS

SOCCER FIELDS

There are six soccer fields maintained by the City of Temiskaming Shores. Fields are available for rental by contacting the City.

CALL 705-672-3363

EMAIL info@temiskamingshores.ca

NEW LISKEARD SOCCER FIELDS

There are two soccer fields available for youth and adult soccer; one large and one mini field.

Algonquin Regiment Memorial Beach Park

HAILEYBURY SOCCER FIELDS

There are four mini soccer fields at Rotary Farr Park in Haileybury that are suitable for youth soccer. These fields are home to the Tri Town Soccer Club and host various Summer Soccer Camps.

Rotary Farr Park, 430 Morissette Drive, Haileybury

CARTER ANTILA MEMORIAL SKATEPARK

In July of 2011, a young man by the name of Carter Antila lost his life in a tragic accident. He had an infectious smile (with a glint of mischief for good measure) and cultivated good friends wherever he went. From a young age Carter had been an avid skater. He was a true ambassador of the sport - demonstrating that skateboarding is as much about creative athleticism and fun as it is about individuality, confidence and respect. At the age of twelve he made a presentation to the New Liskeard Recreation Committee requesting that the municipality consider building a permanent park. Unfortunately, at that time, his request could not be fulfilled. He did not let this deter him from pursuing the sports and lifestyle he loved - enjoying his time to the fullest, working hard at what he loved, and never taking life too seriously. Following his accident, Carter's family created a Memorial Fund in his honor



HAILEYBURY SOCCER FIELDS

with the express purpose of building a permanent Skate/BMX Park in the City of Temiskaming Shores. The City, along with the Antila family and a group of independent volunteers, worked with a wide network of community members to fundraise for the park and guide the construction to completion. This state-of-the-art park located at the New Liskeard Algonquin Regiment Beach Park officially opened June 21, 2014.

New Liskeard Algonquin Regiment Beach Park





NEW LISKEARD GOLF CLUB

Established in 1967, the New Liskeard Golf Club is one of the premier public golf courses in Northern Ontario. Located in the heart of the Claybelt in beautiful Temiskaming Shores, it is the only 18-hole golf facility for a span of 370 kilometers (between North Bay and Timmins). With its challenging golf, breathtaking views and affordable rates, New Liskeard Golf Club is a must for all visitors and non-visitors to the area.

The par 72 layout guarantees an enjoyable round regardless of your caliber. The multiple tee options allow you to play the course shorter or longer to minimize or maximize the challenge according to your preference. With some of the largest greens that you will ever see, it offers an unforgettable uniqueness. It is equipped with a licenced clubhouse, a viewing deck, a well-stocked Pro Shop and a practice facility second to none. The entire staff is dedicated to exceeding your expectations. They have earned a reputation of being an all-around, first class golf club. If you are looking for club-fitting, custom assembly, and/or a wide variety of golf equipment, visit the golf club manager and staff in the Pro Shop and they will be more than willing to assist you.

Call 705-647-6651 to book a tee time today.

804027 Golf Course Road, New Liskeard

CALL PROSHOP

EMAIL CLUB MANAGER

EMAIL FOR INFORMATION

EMAIL GIFT CERTIFICATES

WEB

705-647-6651

nlgc.pro@gmail.com

nlgc.info@gmail.com

nlgc.gift@gmail.com

nlgc.ca



New Liskeard Golf Club



HAILEYBURY GOLF CLUB

Haileybury Golf Club is perhaps the most scenic of any golf course in Northern Ontario. Overlooking the beautiful Lake Temiskaming in the town of Haileybury, many who come to play this short but challenging golf course walk away in awe of the vistas available on every hole.

The golf season arrives in mid-May and lasts through mid-October. A junior program introduces children as young as 6 to the game with weekly clinics in July and August.

Weekly competitions include Tuesday Ladie's Night and Thursday Men's Night, both with shotgun starts. The summer calendar contains a number of golf events beginning in early June and lasting through the end of September.

The course has four different tee decks on each hole to accommodate every kind of golfer. Fairways are closely cropped, the rough forgiving, and the greens are amongst the smallest and toughest you will find. Accuracy, course management and concentration in your game will certainly find success.

Annual memberships are available, as well as discounted 5 round playing passes.

If you are looking for a small intimate venue for a gathering of up to 125, our fully licensed clubhouse and caterer can provide the perfect experience for your group.

Licensed under the AGCO

800 Latchford Street, Haileybury

CALL PROSHOP 705-672-3455

EMAIL

EMAIL

WEB

info@haileyburygolfclub.com

taylor@haileyburygolfclub.com

Taylor Dupuis, General Manager of Golf Operations

www.haileyburygolfclub.com



HaileyburyGolfClub



HaileyburyGC



DON SHEPHERDSON MEMORIAL ARENA

The arena is open August to May and offers public skating, figure skating and skating lessons, adult and youth hockey, pickup hockey and hockey clinics. Temiskaming Shores Minor Hockey Association and the Temiskaming Shores Skating Club both have offices within the facility. Also within the building is a full-service concession and pro shop.

75 Wellington St. South, New Liskeard

CALL 705-647-5728



SHELLEY HERBERT-SHEA MEMORIAL ARENA

The arena is open September to April and offers public skating, figure skating and skating lessons, adult and youth hockey, pickup hockey and hockey clinics. The Temiskaming Shores Figure Skating Club has an office within the facility.

400 Ferguson Ave, Haileybury

CALL 705-672-5615



HOME GAMES



EVERY FRIDAY NIGHT
8:00 pm
Don Shepherdson Memorial Arena



EVERY SATURDAY NIGHT
6:30 pm
Don Shepherdson Memorial Arena

OUTDOOR RINKS

The City of Temiskaming Shores maintains two outdoor rinks within the City. Dymond Outdoor Rink is located at the end of Laurette Street in the Dymond subdivision. Shaver Park Outdoor Rink is located on Queen Street in the North Cobalt subdivision. Once ice is installed, lights are on nightly until 10 pm for free community use.



DID YOU KNOW?

THE ARENAS OFFER ICE RENTAL

CALL 705-672-3363

WEB www.temiskamingshores.ca

BIRTHDAY PARTY RENTALS are available at the Shelley Herbert-Shea Memorial Arena. This includes 1 hour of ice time and 3 hours of hall time for \$247.81.

All prices are for 1 hour, include HST and may vary year to year.

*Non Prime Ice is available from September 1st to April 30th, Monday to Friday from 6:00 am to 4:00 pm excluding holidays and school breaks

Non-Profit Youth	Prime Time Ice	Non Prime Ice*	New Liskeard Cubs	Schools
\$107.16	\$150.03	\$87.87	\$120.02	\$75.01

ARENA GROUP CONTACTS

NEW LISKEARD CUBS

Claude Denomme

EMAIL ckdenomme500@gmail.com

NEW LISKEARD LIONS U18

Al Roy

EMAIL lionsU18nl@gmail.com

TEMISKAMING SHORES MINOR HOCKEY

EMAIL tsmha@outlook.com

TEMISKAMING SHORES SKATING CLUB

EMAIL tsskatingclub@gmail.com

GRANT PROPANE OLDTIMERS

Dan McDonald

EMAIL dan.mcdonald@millergroup.ca

KIDD OLDTIMERS

Mike Kidd

EMAIL kiddcrestfarms@gmail.com

MEN'S HOCKEY LEAGUE

Pat Elliott

EMAIL sprectra_elliott@hotmail.com

MEN'S HOCKEY

Chuck Needham

EMAIL jonahhex@fibreop.ca

WOMEN'S HOCKEY LEAGUE

Melissa Forget

EMAIL melgel_24@hotmail.com

OLDTIMERS

Ernie Harman

EMAIL pamernyharman@gmail.com

NORTHERN ONTARIO HOCKEY ASSOCIATION

EMAIL kmaitland@noha-hockey.ca

WEB www.noha-hockey.com



HORNE GRANITE CURLING CLUB

The Horne Granite Centre is open for curling from mid-October to March 31st. It offers curling leagues for all ages, from youth all the way up to seniors! The leagues available are youth, afternoons, open, mixed, men's, ladies' nights and others as scheduled (doubles and socials). Curling instruction is also offered from time to time for whoever is interested. It is also available for curling rentals for community businesses, municipalities and organizations, families and schools.

In addition, throughout the year, the curling lounge (capacity 90) is available for rentals, and during the off-season, the arena surface (capacity 600) is available for rentals for weddings, trade shows, conventions, etc.

To join the Horne Granite Curling Club

EMAIL membership@hornegr granite.com

For ice, lounge and arena rentals

EMAIL rentals@hornegr granite.com

HAILEYBURY CURLING CLUB

The Haileybury Curling Club has provided curlers access to the rockin' game since 1909. HCC represented Northern Ontario at the first Brier in 1927 in Toronto, at Mixed Nationals in the '60s and '70s, and at the Brier and national Seniors in the 2000s. The Club offers a variety of programs from Little Rocks, to Afternoon Open Curling, with a weekly Men's and Mixed Draw. The annual Blarney Bonspiel in March is a can't miss opportunity to enjoy mixed curling and all things Irish.

The Club operates from late October through the end of March each season. The club also operates a large-scale rental facility in the off-season, with a licenced venue capacity of up 400.

WEB www.haileyburycurlingclub.ca

f HaileyburyCurlingClub



TRI-TOWN SKI & SNOWBOARD VILLAGE

As a staple in the community for over 60 years, the Tri-Town Ski and Snowboard Village is a not-for-profit community run organization that offers fun outdoor winter activities for the whole family. There are two ski lifts (T-bar and handle tow) to help skiers and snowboarders of all abilities explore more than 15 runs on our 320' vertical hill. With three levels of trail difficulty, you don't need to be an expert to enjoy the outdoors!



They offer snow tubing and have a new magic carpet conveyor to bring tubers to the top of this newly expanded area. There is an extensive network of snowshoe trails to explore the beautiful winter scenery.

Rental equipment is available including skis, snowboards, helmets and snowshoes. Certified ski and snowboard instructors offer both group and private lessons. The brand-new chalet offers hot lunch and snacks at the canteen and a beautiful view of the slopes. A free bus heads to and from the hill every weekend with pickups in New Liskeard, Haileybury and Cobalt.

The Tri-Town Ski and Snowboard Village is open from 10-4 Saturdays and Sundays as well as PD Days, Family Day and March Break. They look forward to welcoming you and your family during the winter!

974368 HWY 567 North Cobalt

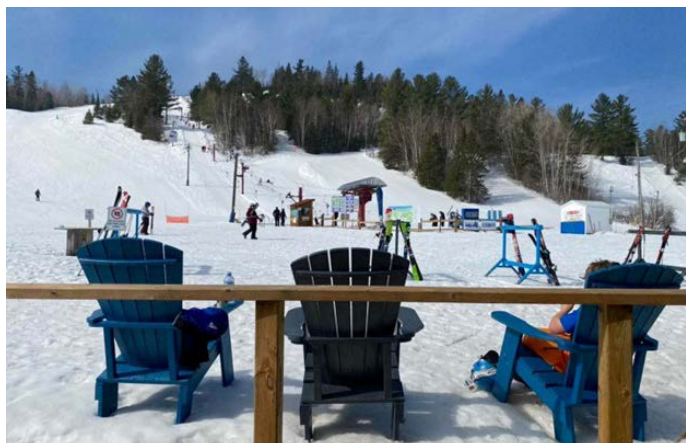
CALL 705-672-3888 (weekends only during the winter)

EMAIL info@tritownskivillage.ca

WEB www.tritownskivillage.ca



tritownskivillage



TEMISKAMING NORDIC SKI CLUB

Temiskaming Nordic is the place to ski and has earned a reputation for delivering one of the finest cross-country skiing experiences within Ontario. There are many reasons to ski at Temiskaming



Nordic: awesome trails through beautiful forested landscape, early and late season skiing, great people, a welcoming chalet, youth programs, racing and social events. They offer 20 km of well-marked, groomed and track-set skate and classic ski trails, including some snowshoe trails. The three beautiful trails offer varying levels of difficulty and length, making them enjoyable for beginner, intermediate and advanced level skiers. The combination of rolling esker terrain, unique trail system design and first-rate grooming makes the Temiskaming Nordic skiing experience one to remember and one to be repeated!

Centrally located in Ontario and easily accessible in often less than a few hours of driving from major centers.

526170 Forest Access Rd, Coleman Twp.

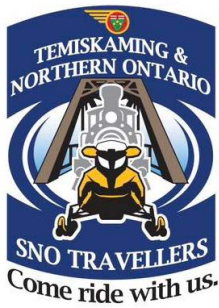
CALL 705-679-5106 Chalet

EMAIL temiskamingnordicskiclub@gmail.com

WEB www.temiskamingnordic.ca

Visit their website www.temiskamingnordic.ca for trail conditions.





TEMISKAMING AND NORTHERN ONTARIO SNO TRAVELLERS

The Tri-Town Sno Travellers snowmobile club based in Temiskaming Shores grooms and maintains a network of almost 600 km of trails that reach from the Temagami area to Elk Lake and Englehart. These trails connect to neighbouring clubs to create the Ontario Federation of Snowmobile Clubs province wide trail system. There is a little bit of everything on their trails from old growth White Pine forest, to mountain terrain, farm fields, forestry roads, lakes and rivers. The club does organized rides on Tuesdays throughout the winter season.

OFSC Trail Permits are required to ride the trails.

EMAIL wramsay@ramsaylaw.ca

WEB ttst.ca



Tri-Town Sno Travellers and Club Echo



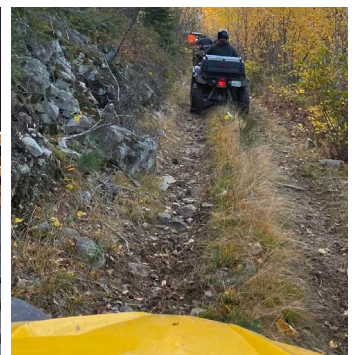
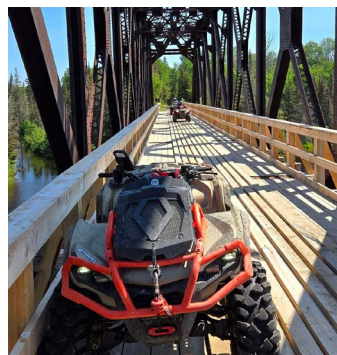
SOUTH TEMISKAMING ATV CLUB

We are a club formed by atv enthusiasts with the common goal of creating and maintaining a trail system that appeals to riders of all skill levels. Proud to be part of the OFATV family!

EMAIL stacatv@gmail.com



STAC (South Temiskaming Atv Club)



Community Events



NORTH ON TAP CRAFT BEER FESTIVAL

Held on the 2nd weekend in July off the shores of Lake Temiskaming in Haileybury (Temiskaming Shores), the North on Tap Craft Beer Festival showcases craft breweries from across Ontario as well as food vendors, great live music and the 'Hop to It' 5km Beer/Root beer Run. Something for everyone! To date, \$425,500 has been donated to local not-for-profit organizations.

WEB www.northontap.ca

   northontapbeer



NEW LISKEARD FALL FAIR

The third weekend of September is something our community looks forward to all year long. Starting Thursday and ending Saturday there is a variety of events, agriculture and vendors to keep you and the whole family having fun.

WEB www.newliskeardfallfair.ca

 NewLiskeardFallFairNLAS





DID YOU KNOW?

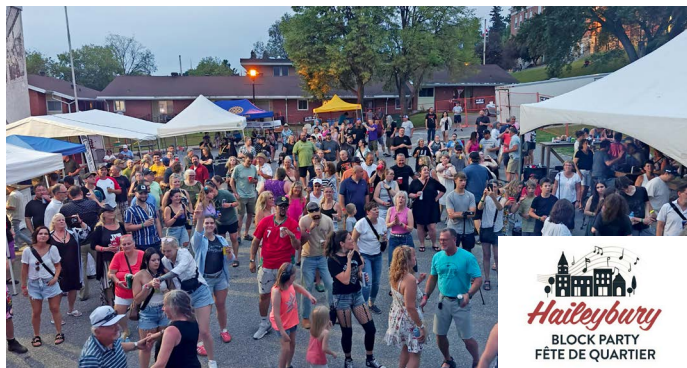
**THE CITY OFFERS 5
RENTAL SPACES**

CALL 705-672-3363

WEB www.temiskamingshores.ca

The City of Temiskaming Shores operates five event spaces of varying sizes around the city. Contact City Hall at 705-672-3363 today to discuss which venue is the best fit for your event.

- Dymond Community Hall
- New Liskeard Community Hall
- Riverside Place
- Haileybury Community Hall (Arena Hall)
- Harbourfront Pavilion



HAILEYBURY BLOCK PARTY

The Haileybury Block Party is a lively community arts and music festival held annually in Haileybury. First inaugurated in 2021, it was created to shine a spotlight on local musical and artistic talent while serving as a fundraiser for area organizations. Since its launch, the event has grown into a vibrant, family-friendly gathering featuring live performances from homegrown bands and solo artists. The Block Party celebrates community spirit, creativity, and giving back—all set to a soundtrack of local music.

WEB www.temiskamingartgallery.ca

f Haileybury Block Party

HOP TO IT 5K BEER RUN



The Haunted Hustle Committee has joined forces with the North On Tap Craft Beer Festival for another fun 5K walk or run! The Hop to It 5K Beer Run begins at the Haileybury Pavilion along beautiful Lake Temiskaming. Registration includes a Hop to It 5K Beer Run water bottle, admission into the Festival including a Beer Stein & 2 x 4oz beer samples. The 5K out and back course will begin and end outside of the Festival Gates. So, get a group of friends together to come out and support this great event on Lake Temiskaming. After your run or walk, there will be plenty of Ontario craft beers, delicious treats from food vendors, and live music to enjoy!!



NEW LISKEARD BIA ANNUAL BLOCK PARTY

The BIA Annual Block Party is held on the last weekend of July in downtown New Liskeard. Closing down Whitewood Ave and Armstrong St. to host a free concert for ages 19+, various vendor booths from the downtown business, inflatables and kid activities. Join us Friday and Saturday from 10:00 am to 5:00 pm.

EMAIL bianewliskeard@gmail.com

f Downtown New Liskeard BIA
x **o** newliskeardbia





GET ACTIVE IN TEMISKAMING

A series of 5 run/walk events in the Temiskaming Area! Getting active while fundraising for local groups who also promote healthy active living.

Run or walk in a 1km/2km/5km/10km (all ages) 100m (under 5).

Participation medals to all 5km/10km participants who came out to at least 3 events. Age category and overall medals awarded to top 3 finishing times (averaged) in either the 5km or 10km. Completion certificates awarded to all participants in 1km, 2km, 5km, 10km and ribbons for the toddlers.

EMAIL getactiveintemiskaming@gmail.com

WEB getactiveintemiskaming.ca

 Get Active in Temiskaming

EVENT #1: (APRIL)

Chocolate themed: chocolate treats along the route and an Easter Egg hunt for kids at the finish line. Event location is the Haileybury waterfront.

EVENT #2: (MAY)

Celebrating moms/pink themed: wear pink and all moms participating get a small gift. Event location is the Dymond Sports Park.

EVENT #3: (JUNE)

Celebrating dads/BBQ: complimentary BBQ for all participants. Event location is the Cobalt Train Station.

EVENT #4: (SEPTEMBER)

Colour run/walk: run or walk through stations of coloured powder throughout the route. Event held at the Temiskaming Nordic Ski Club.

EVENT #5: (OCTOBER)

Halloween themed: Come dressed up in fun costumes and run or walk 1k, 2k, 5k, 10k or 15k around the streets in New Liskeard. Halloween treats and costume prizes for individuals and groups to be had at the finish line! . Event held at the New Liskeard Pool and Fitness Center.



EVENT #6: (NOVEMBER)

Holiday Themed with Santa and Elves! Event held at ESCSM.





VILLAGE NOEL



VILLAGE NOEL

Village Noel is an exciting event in Temiskaming Shores the fourth weekend of November. Come celebrate the festive season with our downtown merchants in a Christmas Village setting with kiosks featuring artisans, crafts people and food vendors from North-Eastern Ontario and North-Western Quebec. Celebrate an Old-Fashioned Christmas - New France style. In addition to great shopping, there will be street performers, musicians and fun for the whole family.



WEB <https://en.villagenoel.com/>

f villagenoeltemiskaming

SANTA CLAUS PARADE

The Santa Claus parade kicks off the Christmas season the 4th week of November. The Parade brings people together, regardless of their background to celebrate hope, family and love. It is part of the fabric of our community. Every year it brings hundreds of people to the streets of Temiskaming Shores to celebrate this joyous season and to admire the talent of those who creatively submit their floats.



SANTA CLAUS PARADE

HAILEYBURY NIGHT OF LIGHTS

Come to the Haileybury cenotaph the third week of November and join us at the annual night of lights. Free hot chocolate, choir, sleigh rides. Stores open late with many specials. A magical night spent with family and friends.

f Haileybury Night of Lights

Eight to Eighty Community

The City of Temiskaming Shores strives to be an Eight to Eighty Community. By providing exemplary opportunities for people who are eight and eighty years old we can be an outstanding community for those of all ages.

ALL AGE FRIENDLY COMMUNITY

Thanks to generous funding through the Government of Ontario, the City of Temiskaming Shores created an Age Friendly Community Plan which was adopted by Mayor and Council in September of 2016.

The development of the plan included consultation with service providers of the older adult population and the general older adult population. Close to 2,000 individuals provided input into the plan. Short, medium, and long-term goals that represent communication and information, outdoor spaces and public buildings, housing, social participation, transportation, community support and health services, respect and social inclusion, volunteering, civic participation and employment were identified.

VISION:

"To promote an inclusive, accessible, safe and respectful community; that enables independence, health and wellness and full participation at all stages of ageing while celebrating diversity".

PROGRAMS

Aquafitness, Adult Swim, Indoor Walking, Women's Exercise Class, Line Dancing, Women's Mobility Class, Gentle and Chair Yoga, Curling, Bowling, etc. Outdoor games during the summer months and music in the park.

CONTACT:

If you would like more information or would like to discuss the movement to make Temiskaming Shores more all age friendly please do not hesitate to contact Lynn Julien, Age Friendly Coordinator, at any time.

CALL 705-647-5709

EMAIL ljulien@temiskamingshores.ca



“

The ones that are brave enough to think they can change the world, are the ones that do!

”





Youth Activities and Clubs

RHINOS GIRLS HOCKEY CAMP

Rhinos Camp is a summer hockey program based in Temiskaming Shores. The four-day camp is open to girls between the ages of 7 and 14. In addition to hockey, the girls participate in a wide range of activities along the New Liskeard waterfront, including gymnastics, beach volleyball, exercise classes, yoga, mini-golf, tennis and more. The camp will be celebrating its 10th anniversary. Every year, the camp has hosted more girls than the year before, with more than 120 girls expected to participate the 3rd week of August.

EMAIL david.brown@dsb1.ca Dave Brown
WEB www.rhinoscamp.com



Rhinos Camp

ZUBYCK SKILLZ

Zubyck SkillZ offers a multi-sport program to youth in our community and surrounding area including on ice hockey skill development, off ice training, track and field, basketball and soccer.

CALL [705-648-5546](tel:705-648-5546) John Zubyck
EMAIL zubyckskillz@gmail.com



Zubyck SkillZ



[zubyckskillz](https://www.instagram.com/zubyckskillz)

TIMISKAMING GYMNASTICS

Timiskaming Tumblers Gymnastics Club offers recreational and competitive gymnastics, parkour/tumbling, parent and tot and camps. Birthday parties can be booked online.

*Don Shepherdson Memorial Arena,
75 Wellington St. New Liskeard, ON*

CALL 705-648-0884 Michelle
EMAIL timgymparty@gmail.com
WEB www.timgymnastics.com

TRI-TOWN BOWLING LANES

Located downtown on Main Street Haileybury, the Tri-Town Bowling Lanes are a 5 pin bowling alley, plus a restaurant. They have women's, men's, senior's, mixed, youth bowling and Special Olympics leagues throughout the winter! Bowling is a sport that is accessible to all, and one in which anyone can excel. People all over the world enjoy the game of bowling, either as a sport, recreation, or means of socializing within the community.

Bowling is a perfect outing for;

- Kids birthday parties
- Corporate parties
- Fundraisers
- First dates and beyond
- Family outings
- Friends night out
- Adult party for any demographic

No matter what you are looking to do, The Tri-Town Bowling Lanes is the only call you need to make to find fun for all in your neighborhood. Come on down and enjoy a night out with friends or family.

331 Main Steet, Haileybury, ON P0J 1K0

CALL 705-672-3117
EMAIL victor@tri-townbowling.ca



CBJJ MARTIAL ARTS

CBJJ Martial Arts prides itself in developing world class athletes and outstanding human beings. Martial arts are a positive influence for people of all ages. This is a sport for everyone young and old. They foster a healthy and positive environment for everyone to thrive in. Their specialty is Brazilian Jiu Jitsu. They also implement a variety of other martial arts into their curriculum such as boxing, taekwondo, capoeira and movement. They are sanctioned by the highest entities nationally as well as internationally. The first class is always FREE!

280 Armstrong Street N, Temiskaming Shores, ON P0J 1P0

CALL 416-999-6642
EMAIL cbjjmartialarts@gmail.com

 CBJJ Martial Arts



PAULA DAVEY DANCE SCHOOL

We are dedicated to inspiring a new generation to love dance.

Our passion is helping children to be the best they can be. We will provide the highest standard of instruction and care. In addition to classical technique, students will receive the gift of self-confidence; learn the grace and style, which is a result from performing to one's personal best, self-esteem and dignity which will enhance their quality of life. Our warmth, discipline and pure love of the dance continue to inspire young people. The studio is a positive atmosphere for kids to have fun and be encouraged to grow technically as well as personally.

*181 Drive-In Theater Road, Dymond Community Hall,
Temiskaming Shores, Ontario*

CALL 705-647-3687

EMAIL pauladaveydance@gmail.com



Paula Davey Dance School



[pauladaveydance](https://www.instagram.com/pauladaveydance)

TEMISKAMING NORTHERN LOONS

Founded in 1991, the Temiskaming Northern Loons Swim Club (TNLSC) is dedicated to nurturing young talent and fostering a love for the sport of swimming. We are a not-for-profit swim team that is supported by certified coaches and a volunteer executive board operating out of the Pool & Fitness Centre located in Temiskaming Shores. Our club is registered with Swim Ontario, the provincial governing body for competitive swimming.

The TNLSC coaches bring a wealth of knowledge to the pool and are committed to helping young athletes from 6 to 18 years of age reach their full potential. We take pride in being an inclusive team that offers a variety of programs designed to cater to all skill levels from beginner to elite competitor. With a focus on proper technique, endurance, and race strategy, our coaches tailor sessions to ensure that every swimmer is challenged and encouraged to achieve their personal best in a supportive and fun environment.

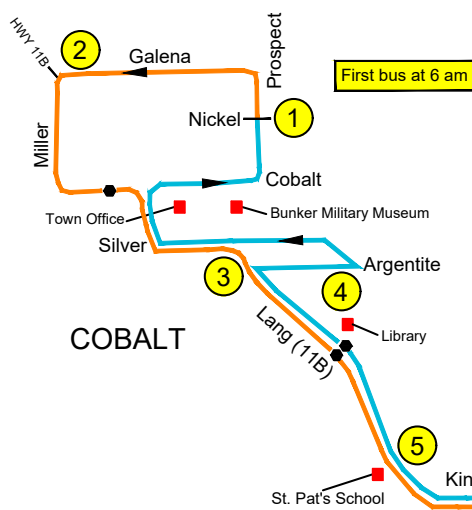
The swim season runs from early September to May with our swimmers practicing up to five times per week depending on the program enrolled in and the goals the swimmer has set to achieve. Throughout the season, our competitive swimmers have a chance to showcase their hard work and skills by competing against other talented swimmers at competitions.

EMAIL tnlswimclub@gmail.com

WEB www.tnlswim.com

 Temiskaming Northern Loons Swim Club





NORTHBOUND from Cobalt De Cobalt vers le nord			SOUTHBOUND from Wal-Mart De Wal-Mart vers le sud		
LOCATION	STOP		LOCATION	STOP	
Prospect Ave / Nickel St	1		Prospect Ave / Nickel St	1	
Galena St / Hwy 11B	2		Silver St / Lang St	3	
Silver St / Lang St	3		Argente St - Golden Age Club	4	
Lang St - St Pat's School	4		Lang St - St Pat's School	5	
Lakeview Ave / Carter Blvd	6		Lakeview Ave / Carter Blvd	6	
Hilby Medical Centre	7		Hilby Medical Centre	7	
Georgina Ave / Little St	8		Georgina Ave / Little St	8	
Rorke Ave / Main St	9		Rorke Ave / Main St	9	
Probyn St - Northern College	10		Probyn St - Northern College	10	
Ferguson Ave / Browning St	11		Ferguson Ave / Browning St	11	
Market St - Seniors	12		Market St - Seniors	12	
Timiskaming Square Mall	13		Whitewood Ave / Wellington St	14	
Dymond Subdivision	14		Timiskaming Square Mall	15	
Wal-Mart	15		Wal-Mart	16	

NOTES:

Valid Bus Pass, Ticket or exact change required.

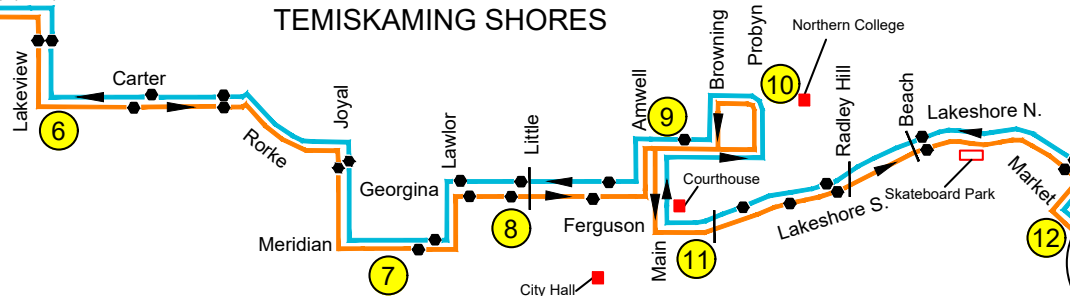
Passe valide, billet ou montant exact est exigé.

The service is offered from 6 am - 11 pm (Monday to Friday)
The service is offered from 6 am - 10 pm (Saturday & Sunday)
except statutory holidays.

Le service est offert de 6h à 23h (Lundi à Vendredi)

Le service est offert de 6h à 22h (Samedi et Dimanche)
l'exception des jours fériés.

Additional stops are marked with
Les arrêts additionnels sont indiqués avec un



Temiskaming Transit Peak Demand Schedule

WEEKEND SERVICE FINISHES AT COBALT AT 10 pm. Last bus leaves Wal-Mart at 9:20

BOLD = PM

During Weekday Service there will be a Morning Bus running from 7am until it finishes at the Hospital at 10 am. This bus will head back to the Transit Facility.

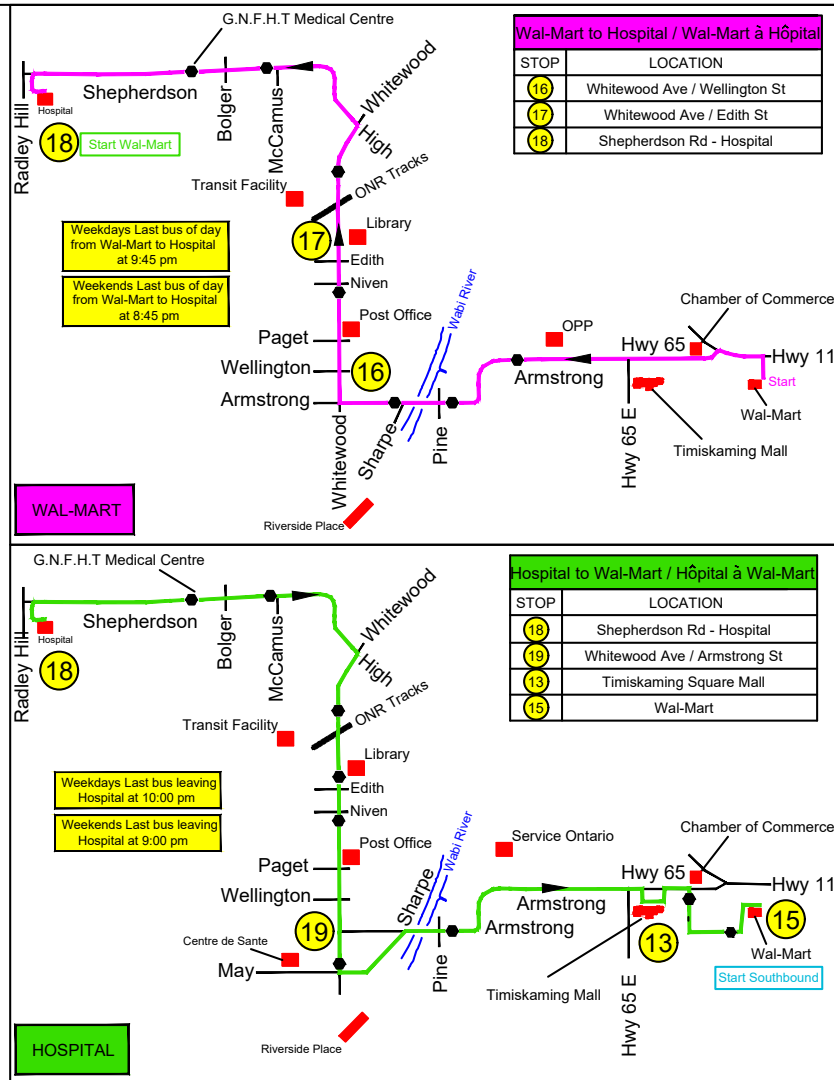
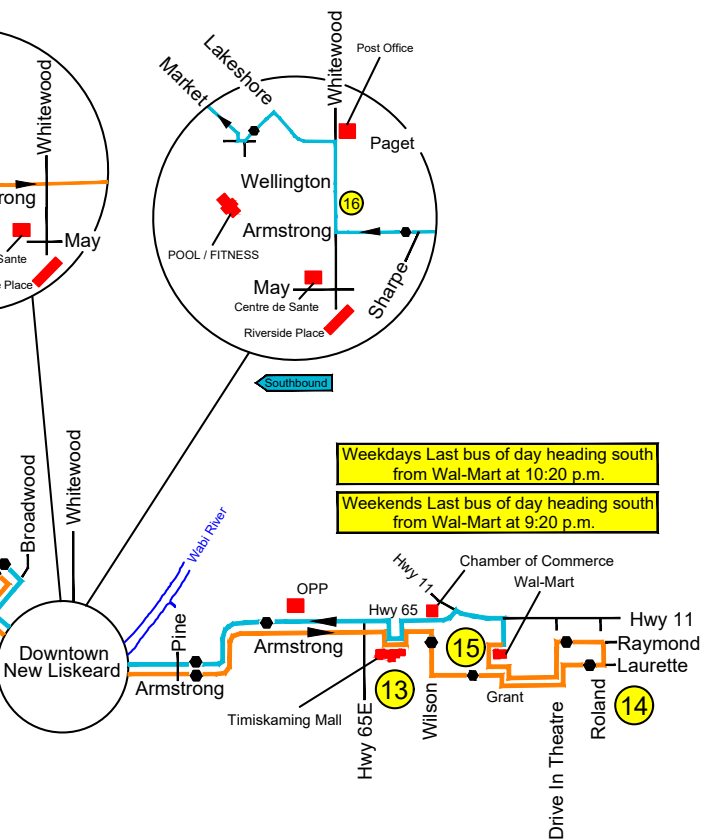
During Weekday Service there will be an Afternoon Bus running from 1 pm until it finishes in Cobalt at 8 pm. This bus will head back to the Transit Facility.

Weekend service will be a 2-hour service.

		COBALT					NC	HAILEYBURY									
		Downtown Cobalt (Break / Idle) Prospect / Nickel Galena Silver / Lang St. Pat's School Lakeview / Carter Hlby Medical Center Georgina / Little Rorke / Main Northern College Ferguson / Browning Market Street Timiskaming Plaza (Food Basics) Dymond Subdivision Wal-Mart Wellington															
		0	1	2	3	5	6	7	8	9	10	11	12	13	14	15	16
Weekday Service	Monday - Friday	6:00	6:01	6:02	6:04	6:06	6:08	6:10	6:13	6:17	6:18	6:20	6:27	6:35	6:43	6:45	6:52
		7:00	7:01	7:02	7:04	7:06	7:08	7:10	7:13	7:17	7:18	7:20	7:27	7:35	7:43	7:45	7:52
		8:00	8:01	8:02	8:04	8:06	8:08	8:10	8:13	8:17	8:18	8:20	8:27	8:35	8:43	8:45	8:52
		9:00	9:01	9:02	9:04	9:06	9:08	9:10	9:13	9:17	9:18	9:20	9:27	9:35	9:43	9:45	9:52
		10:00	10:01	10:02	10:04	10:06	10:08	10:10	10:13	10:17	10:18	10:20	10:27	10:35	10:43	10:45	10:52
		12:00	12:01	12:02	12:04	12:06	12:08	12:10	12:13	12:17	12:18	12:20	12:27	12:35	12:43	12:45	12:52
		2:00	2:01	2:02	2:04	2:06	2:08	2:10	2:13	2:17	2:18	2:20	2:27	2:35	2:43	2:45	2:52
		3:00	3:01	3:02	3:04	3:06	3:08	3:10	3:13	3:17	3:18	3:20	3:27	3:35	3:43	3:45	3:52
		4:00	4:01	4:02	4:04	4:06	4:08	4:10	4:13	4:17	4:18	4:20	4:27	4:35	4:43	4:45	4:52
		5:00	5:01	5:02	5:04	5:06	5:08	5:10	5:13	5:17	5:18	5:20	5:27	5:35	5:43	5:45	5:52
Weekend Service	Saturday - Sunday	6:00	6:01	6:02	6:04	6:06	6:08	6:10	6:13	6:17	6:18	6:20	6:27	6:35	6:43	6:45	6:52
		7:00	7:01	7:02	7:04	7:06	7:08	7:10	7:13	7:17	7:18	7:20	7:27	7:35	7:43	7:45	7:52
		8:00	8:01	8:02	8:04	8:06	8:08	8:10	8:13	8:17	8:18	8:20	8:27	8:35	8:43	8:45	8:52
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		4:00	4:01	4:02	4:04	4:06	4:08	4:10	4:13	4:17	4:18	4:20	4:27	4:35	4:43	4:45	4:52
		5:00	5:01	5:02	5:04	5:06	5:08	5:10	5:13	5:17	5:18	5:20	5:27	5:35	5:43	5:45	5:52

WEEKDAY SERVICE FINISHES AT COBALT AT 11 pm. Last bus leaves Wal-Mart at 10:20

WEEKDAY SERVICE FINISHES AT COBALT AT 11 pm. Last bus leaves Wal-Mart at 10:20



/ Whitewood Temiskaming Shores Library Transit Facility Temiskaming Hospital Whitewood / Armstrong Timiskaming Plaza (Food Basics) Wal-Mart Wellington / Whitewood Market Street Ferguson / Browning Northern College Georgina / Little Hlby Medical Center Lakeview / Carter St. Pat's School Golden Age Club Silver / Lang															
NEW LISKEARD								HAILEYBURY				NC		COBALT	
17	18	19	13	15	16	12	11	10	8	7	6	5	4	3	
6:55		7:00	7:11	7:15	7:20	7:26	7:30	7:40	7:43	7:44	7:45	7:50	7:54	7:55	7:56
7:55		8:00	8:11	8:15	8:20	8:26	8:30	8:40	8:43	8:44	8:45	8:50	8:54	8:55	8:56
8:55		9:00	9:11	9:15	9:20	9:26	9:30	9:40	9:43	9:44	9:45	9:50	9:54	9:55	9:56
9:55	10:00	10:00													
10:55		11:00	11:11	11:15	11:20	11:26	11:30	11:40	11:43	11:44	11:45	11:50	11:54	11:55	11:56
12:55	12:56	1:00	1:11	1:15	1:20	1:26	1:30	1:40	1:43	1:44	1:45	1:50	1:54	1:55	1:56
2:55		3:00	3:11	3:15	3:20	3:26	3:30	3:40	3:43	3:44	3:45	3:50	3:54	3:55	3:56
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7:55		8:00	8:11	8:15	8:20	8:26	8:30	8:40	8:43	8:44	8:45	8:50	8:54	8:55	8:56
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8:55		9:00	9:11	9:15	9:20	9:26	9:30	9:40	9:43	9:44	9:45	9:50	9:54	9:55	9:56
10:55		11:00	11:11	11:15	11:20	11:26	11:30	11:40	11:43	11:44	11:45	11:50	11:54	11:55	11:56
12:55	12:56	1:00	1:11	1:15	1:20	1:26	1:30	1:40	1:43	1:44	1:45	1:50	1:54	1:55	1:56
2:55		3:00	3:11	3:15	3:20	3:26	3:30	3:40	3:43	3:44	3:45	3:50	3:54	3:55	3:56
4:55		5:00	5:11	5:15	5:20	5:26	5:30	5:40	5:43	5:44	5:45	5:50	5:54	5:55	5:56
6:55		7:00	7:11	7:15	7:20	7:26	7:30	7:40	7:43	7:44	7:45	7:50	7:54	7:55	7:56
8:55		9:00	9:11	9:15	9:20	9:26	9:30	9:40	9:43	9:44	9:45	9:50	9:54	9:55	9:56



Transit

Are you looking to purchase a monthly pass or tickets for the transit system? You can now do it online! Please allow at least 2 weeks for standard mail delivery.

The Temiskaming Transit runs Sunday to Saturday (7 days/week) leaving Cobalt at 6:00 a.m. everyday. During weekdays the last bus finishes in Cobalt at 11:00 p.m. and on weekends it finishes in Cobalt at 10:00 p.m..

Please note the bus runs every hour from Monday to Friday during 6:00 a.m. to 10:00 a.m. and 3:00 p.m. to 8:00 p.m.. The service runs every 2 hours during all other operating hours and runs every 2 hours on Saturday and Sunday. This schedule is subject to change. Please continue to watch on the City's website and socials for any updates.

There is no service on Statutory Holidays: Christmas Day, New Year's Day, Family Day, Good Friday, unless otherwise posted. All other holidays will run on a 2-hour transit service.

READING THE MAP

Northbound routes are highlighted in orange. Southbound routes are highlighted in blue. Approximate bus stops are highlighted with yellow circles and stop numbers which correspond to the listed stop locations. To view route map go to www.temiskamingtransit.ca.

WEB www.temiskamingtransit.ca

WHERE CAN I PURCHASE TICKETS/MONTHLY PASS?

Ticket booklets can be purchased at the following locations:

- City Hall
- Temiskaming Shores Library
- Pinkys Variety
- Pool & Fitness Centre
- Findlay's Drug Store
- Smallman IDA Pharmacy
- White Mountain Publications (50 Silver St. Cobalt, ON)

Monthly Passes can be purchased at the following locations provided you have a valid transit photo ID (Temiskaming Transit Photo ID's can only be purchased at City Hall or the Pool & Fitness Centre):

- City Hall
- Pinkys Variety
- Pool & Fitness Centre
- Temiskaming Shores Library
- Online

Recreation Directory

ARENA ACTIVITIES CONTACTS

NEW LISKEARD CUBS

Claude Denomme

EMAIL ckdenomme500@gmail.com

NEW LISKEARD LIONS U18

Al Roy

EMAIL lionsU18nl@gmail.com

TEMISKAMING SHORES MINOR HOCKEY

EMAIL tsmha@outlook.com

TEMISKAMING SHORES SKATING CLUB

EMAIL tsskatingclub@gmail.com

GRANT PROPANE OLDTIMERS

Dan McDonald

EMAIL dan.mcdonald@groupmiller.ca

ARMSTRONG MOTORS OLDTIMERS

Mike Kidd

EMAIL kiddcrestfarms@gmail.com

MEN'S HOCKEY LEAGUE

Pat Elliott

CALL 705-650-1817

EMAIL spectra_elliott@hotmail.com

CHUCK NEEDHAM MEN'S HOCKEY

Chuck Needham

EMAIL jonahhex@fibreop.ca

WOMEN'S HOCKEY LEAGUE

Melissa Forget

EMAIL melgel_24@hotmail.com

OLDTIMERS

Ernie Harman

EMAIL pamerny.harman@gmail.com

NORTHERN ONTARIO HOCKEY ASSOCIATION

EMAIL kmaitland@noha-hockey.ca

WEB www.noha-hockey.com

BASEBALL LEAGUES CONTACTS

TEMISKAMING SHORES MIXED SLOW PITCH

Theo Cull

CALL 705-622-2578

EMAIL theocull@gmail.com

MEN'S SLOW PITCH

Abe Doupe

CALL 705-676-5300

EMAIL abedoupe@hotmail.com

LADIES' SLOW PITCH

Melissa Lacarte

CALL 705-648-5182

RURAL YOUTH MIXED LEAGUE

Alex Regele

CALL 705-648-5132

EMAIL alexregele@hotmail.com

OTHER SPORTS & RECREATION

GET ACTIVE TEMISKAMING

Chandra Juurlink

EMAIL getactiveintemiskaming@gmail.com

WEB www.getactiveintemiskaming.ca

 Get Active in Temiskaming

HORNE GRANITE CURLING CLUB

11 May St S, New Liskeard

CALL 705-647-4422

 Horne Granite Curling Club

HAILEYBURY CURLING CLUB

434 Leslie MacFarlane, Haileybury

CALL 705-672-3515

EMAIL info@haileyburycurlingclub.ca

WEB www.haileyburycurlingclub.ca

 Haileybury Curling Club

TEMISKAMING AND NORTHERN ONTARIO SNO TRAVELLERS

EMAIL wramsaylaw.ca

WEB ttst.ca

 Tri-Town Sno Travellers and Club Echo

TEMISKAMING NORDIC SKI CLUB

918191 Access Road, Coleman Twp.

CALL 705-679-5106

EMAIL temiskamingnordicskiclub@gmail.com

WEB www.temiskamingnordic.ca

 Temiskaming Nordic Ski Club

TRI-TOWN SKI & SNOWBOARD VILLAGE

974368 Hwy 567, North Cobalt

CALL 705-672-3888

EMAIL info@tritownskivillage.ca

WEB www.tritownskivillage.ca

 Tri-Town Ski & Snowboard Village

NEW LISKEARD GOLF CLUB

804027 Golf Course Road, New Liskeard

CALL 705-647-6651

EMAIL nlgc.info@gmail.com

WEB www.nlgc.ca

 New Liskeard Golf Club

HAILEYBURY GOLF CLUB

800 Latchford St, Haileybury

CALL 705-672-3455

EMAIL info@haileyburygolfclub.com

WEB www.haileyburygolfclub.com

 Haileybury Golf Club

TEMISKAMING SHORES PICKLEBALL CLUB

Joel Sharp

EMAIL joel.sharp.1968@gmail.com

 Temiskaming Shores Pickleball

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EMAIL snackshack705@gmail.com

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EMAIL victor@tri-townbowling.ca

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CALL 416-999-6642

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Mike Beaupre

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Temiskaming Shores, Ontario

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EMAIL timgymparty@gmail.com

WEB www.timgymnastics.com

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TEMISKAMING SHORES SOCCER CLUB

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 Temiskaming Shores Soccer Club

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Davanna Allen

CALL 705-662-1824

EMAIL davannajane@gmail.com

f Tri-Town Ladies Basketball League

NEW LISKEARD MENS BASKETBALL

Alex Regele

CALL 705-648-5132

EMAIL alexregele@hotmail.com

BEACH VOLLEYBALL

Nikki Cambridge

CALL 705-676-5925

EMAIL tsbeachvolleyball@gmail.com

TEMISKAMING NORTHERN LOONS SWIM CLUB

EMAIL tnlswimclub@gmail.com

f TNLSC

RHINO'S GIRLS HOCKEY CAMP

Dave Brown

EMAIL david.brown@dsb1.ca

WEB www.rhinoscamp.com

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John Zubyc

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EMAIL zubycskillz@gmail.com

FAIRS & EVENTS CONTACTS

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EMAIL nlfalfair@gmail.com

WEB www.newliskeardfallfair.ca

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EMAIL info@centreartem.org

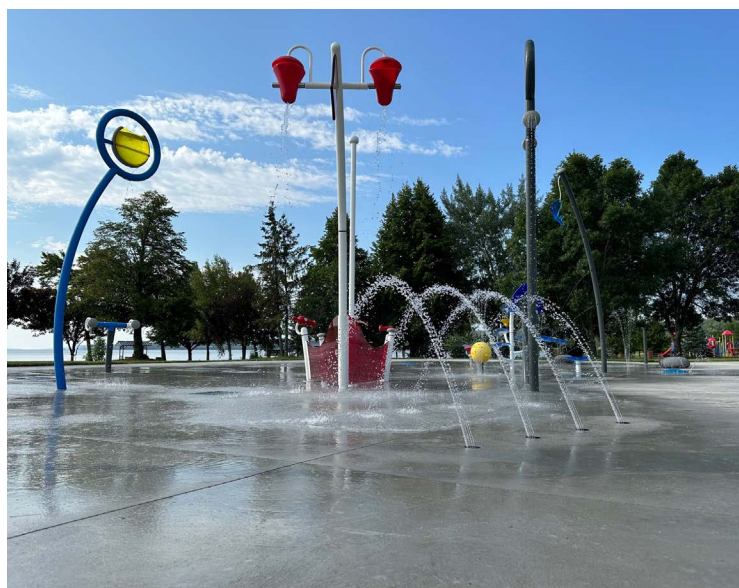
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